

SUFFOLK WINTER CROSS COUNTRY LEAGUE 2013/14

STOWMARKET SENIORS

O/L	POSITION		POINTS		TIME	RUNNER NAME	CLUB	INDIVIDUAL		
	M	F	M	F				CAT	POS	
1	1		200		32.42	Dominic Oliver	WV	M	17	1
2	2		199		33.46	Carl Prewer	LO	M	40	1
3	3		198		34.22	Ben Wharnsby	IH	M	17	2
4	4		197		34.44	Jim Last	FS	M	20	1
5	5		196		34.58	Michael Fuller	IH	M	20	2
6	6		195		35.07	Roger Aldiss	ST	M	45	1
7	7		194		35.17	Chris Cooke	PA	M	50	1
8	8		193		35.21	Martin Hewetson	WV	M	20	3
9	9		192		35.22	Nick Palmer	ST	M	20	4
10	10		191		35.23	Ben Caisey	IT	M	20	5
11	11		190		35.30	Darren Sheppard	FS	M	40	2
12	12		189		35.33	Graham Pattle	IH	M	20	6
13	13		188		35.53	Keith Marra	WT	M	20	7
14	14		187		35.56	Martyn Taylor	NS	M	20	8
15	15		186		36.05	Luke Whitwell	FE	M	20	9
16	16		185		36.07	James Maycock	BD	M	20	10
17	17		184		36.09	Jason Taylor	FE	M	40	3
18	18		183		36.12	Greg Davis	NS	M	50	2
19	19		182		36.23	Tom White	PA	M	20	11
20	20		181		36.28	Julian Long	PA	M	40	4
21	21		180		36.47	David Soloman	FE	M	45	2
22		1		100	36.53	Odette Robson	PA	F	40	1
23	22		179		37.18	Robert Cheverton	WV	M	55	1
24	23		178		37.40	Martin Wilson	ST	M	20	12
25	24		177		37.52	Alex Cairns	NS	M	40	5
26		2		99	37.59	Rose Nicholson	WV	F	20	1
27	25		176		38.02	Scott Williams	ST	M	20	13
28	26		175		38.05	Paul Lyon	LO	M	20	14
29		3		98	38.06	Tammy Jordan	ST	F	35	1
30	27		174		38.09	Richie Parkins	ST	M	40	6
31	28		173		38.12	Dan Kinsman	FS	M	20	15
32	29		172		38.15	Shaun Lark	LO	M	20	16
33	30		171		38.17	Mark Watts	PA	M	50	3
34	31		170		38.22	Peter Bird	PA	M	40	7
35	32		169		38.30	Martin Lawrence	HA	M	45	3
36	33		168		38.37	Paul Sullivan	WV	M	45	4
37		4		97	38.41	Nicky Brinkman	PA	F	35	2
38	34		167		38.52	Dave Copland	IT	M	50	4
39	35		166		38.55	Neil Gillingham	IH	M	20	17
40	36		165		38.57	Steve Edwards	NS	M	45	5
41	37		164		38.59	Steve Hughes	ST	M	50	5
42	38		163		39.02	Mark Ford	FE	M	45	6
43	39		162		39.06	Steve Garvie	FS	M	40	8
44	40		161		39.09	Pete Williams	IT	M	45	7
45	41		160		39.14	Dalton Coe	IH	M	20	18
46		5		96	39.26	Maureen McCarthy	WS	F	50	1
47	42		159		39.37	Sam Burdett	ST	M	17	3
48	43		158		39.38	Paul Nickells	FS	M	50	6
49	44		157		39.38	Wayne Gardiner	ST	M	20	19
50		6		95	39.45	Laura Thomas	IH	F	20	2
51	45		156		39.47	Paul Brown	FS	M	45	8
52	46		155		39.49	Chris Haylock	LO	M	40	9
53	47		154		39.52	Chris Sugars	IH	M	40	10
54	48		153		40.02	Ieuan Alldis	PA	M	17	4
55		7		94	40.12	Ursula Ransom	NS	F	35	3
56	49		152		40.15	Mark White	HA	M	40	11
57	50		151		40.16	Julian Grubb	HA	M	45	9
58	51		150		40.17	Roger Ackerley	FS	M	55	2
59	52		149		40.25	Martin Archer	IT	M	45	10
60	53		148		40.26	Leigh Butcher	LO	M	20	20

61	54	147	40.30	Steve Curran	FS	M	50	7	
62	55	146	40.39	Chris Seymour	ST	M	40	12	
63	56	145	40.42	Barnabas Purbrook	NS	M	20	21	
64	57	144	40.44	Steven Brooke	FE	M	45	11	
65	58	143	40.49	Graham Coulter	DI	M	20	22	
66	59	142	40.51	Lee Markham	FS	M	20	23	
67	60	141	40.58	Adrian Goode	IH	M	45	12	
68		8	93	41.05	Lynn Emmett	BD	F	45	1
69		9	92	41.11	Emma Watts	PA	F	17	1
70	61	140		41.13	Jonathan Mawson	FS	M	20	24
71	62	139		41.15	Oliver Minns	IH	M	20	25
72	63	138		41.15	Vince Webb	PA	M	40	13
73	64	137		41.20	Mark Ramsey	IH	M	40	14
74	65	136		41.24	Nicholas Kirkham	HA	M	40	15
75	66	135		41.26	Ian Gooderham	PA	M	45	13
76	67	134		41.32	Ollie Cooper	IT	M	20	26
77	68	133		41.33	John Squirrell	ST	M	60	1
78	69	132		41.39	Ian Ward	ST	M	40	16
79	70	131		41.40	Russell Breyer	IT	M	50	8
80	71	130		41.42	Tim Byford	IH	M	20	27
81	72	129		41.47	Simon Couldry	HA	M	20	28
82	73	128		41.55	Robin Harper	FE	M	20	29
83	74	127		41.58	Philip Grose	PA	M	45	14
84		10	91	42.05	Beth Tooley	WS	F	17	2
85	75	126		42.11	Kris Locke	NS	M	20	30
86	76	125		42.11	Tom Collier	LO	M	20	31
87	77	124		42.14	Phil Clarke	WT	M	40	17
88	78	123		42.23	Richard Grimdsell	PA	M	45	15
89	79	122		42.27	Tony Cante	TH	M	50	9
90		11	90	42.32	Sarah Hanlon	FS	F	35	4
91	80	121		42.33	Malcolm Pidd	FS	M	50	10
92	81	120		42.38	Rob Mackenzie	FS	M	50	11
93	82	119		42.43	Chris Chorley	BD	M	50	12
94	83	118		42.48	Chris Pimlott	WV	M	20	32
95		12	89	42.50	Laura Hicks	ST	F	20	3
96	84	117		43.00	Shaun Jones	ST	M	20	33
97		13	88	43.01	Mary Narey	ST	F	45	2
98	85	116		43.08	Tim Earl	WV	M	20	34
99	86	115		43.13	Jake Church	FS	M	17	5
100	87	114		43.16	Guy Hayward	FS	M	40	18
101	88	113		43.19	Bill Kingaby	WV	M	60	2
102	89	112		43.20	Kenneth Tovell	FS	M	40	19
103	90	111		43.21	Jamie Randall	HA	M	45	16
104	91	110		43.22	Kevin Bird	ST	M	45	17
105	92	109		43.24	Karl Wright	TH	M	20	35
106		14	87	43.26	Christine Anthony	WS	F	45	3
107		15	86	43.34	Alice Goodwin	IH	F	17	3
108	93	108		43.36	Richard Dolman	TH	M	50	13
109	94	107		43.43	Ian Bradford	PA	M	20	36
110		16	85	43.49	Niki Chapman	NS	F	20	4
111	95	106		44.02	Steve Hicks	IH	M	50	14
112	96	105		44.08	Michael Ball	NS	M	50	15
113	97	104		44.14	Peter Mills	ST	M	60	3
114		17	84	44.19	Chloe Jennings	PA	F	20	5
115	98	103		44.32	Jeremy Smith	IH	M	40	20
116		18	83	44.39	Sharon Perry	WT	F	40	2
117	99	102		44.56	Tim Watson	ST	M	45	18
118		19	82	44.58	Alison Couldry	HA	F	40	3
119		20	81	44.59	Karen Archbold	LO	F	45	4
120		21	80	45.04	Kate Duncan	WS	F	20	6
121		22	79	45.05	Emily Gooderham	PA	F	17	4
122	100	101		45.07	Paul McAllister	IT	M	45	19
123	101	100		45.08	Adam Clarke	PA	M	20	37
124	102	99		45.09	David Fordham	FS	M	60	4
125	103	98		45.20	David Dinnage	DI	M	20	38
126		23	78	45.28	Celia Duncan	WS	F	55	1

127	24	77	45.32	Kelly Mayhew	ST	F	20	7
128	25	76	45.34	Clare Barstow	FS	F	35	5
129	104	97	45.35	Stephen Reyes	HA	M	45	20
130	105	96	45.38	Paul Schwer	FE	M	50	16
131	106	95	45.43	Chris Cole	FS	M	20	39
132	26	75	45.43	Gail Mackie	FE	F	20	8
133	107	94	45.45	Marcus Gynn	NS	M	20	40
134	27	74	45.53	Effie Gray	NS	F	20	9
135	108	93	45.53	Charles Shoolbred	NS	M	60	5
136	109	92	46.02	Cliff Lear	TH	M	45	21
137	110	91	46.12	Richard Sawyer	PA	M	55	3
138	111	90	46.14	Mark Sargeantson	FS	M	60	6
139	112	89	46.14	Steve Gray	ST	M	50	17
140	113	88	46.21	Nigel Chapman	HA	M	55	4
141	114	87	46.28	Stuart Abbott	FS	M	20	41
142	28	73	46.29	Diane Hughes	ST	F	50	2
143	29	72	46.32	Gemma Porch	ST	F	20	10
144	115	86	46.33	Andy Collett	ST	M	20	42
145	116	85	46.40	Lee Goddard	ST	M	40	21
146	117	84	46.43	Brian Wright	TH	M	60	7
147	30	71	46.47	Sian Barker	HA	F	40	4
148	118	83	46.53	Simon Sparkes	BD	M	40	22
149	119	82	46.58	Mark Elflett	LO	M	20	43
150	31	70	47.00	Elies Mann	WV	F	40	5
151	120	81	47.00	Dave Edwards	HA	M	55	5
152	32	69	47.03	Samantha Wing	TH	F	20	11
153	33	68	47.18	Michelle Constable	IT	F	45	5
154	121	80	47.27	Stephen Shaw	FE	M	40	23
155	122	79	47.30	Ron Ames	ST	M	65	1
156	123	78	47.41	Simon Green	IT	M	55	6
157	124	77	47.51	Ian Mace	FS	M	55	7
158	34	67	47.52	Louise Goddard	ST	F	35	6
159	125	76	47.53	Robert Mawson	FS	M	55	8
160	35	66	47.56	Helen Moore	ST	F	20	12
161	126	75	47.58	David Coley	FE	M	60	8
162	127	74	47.58	Matthew Eveleigh	ST	M	20	44
163	128	73	47.59	Paul Sawyer	WT	M	50	18
164	129	72	48.00	Peter Woods	ST	M	20	45
165	130	71	48.00	David Leaver	WT	M	60	9
166	131	70	48.15	Chris Howland	FE	M	50	19
167	36	65	48.23	Julia Baldwin	ST	F	40	6
168	132	69	48.24	Simon Tinkler	FS	M	20	46
169	133	68	48.28	Steve Robinson	ST	M	55	9
170	134	67	48.39	Chris Cook	PA	M	60	10
171	37	64	48.48	Jo Parden	FS	F	45	6
172	38	63	48.55	Siobhan Duckerhill	HA	F	20	13
173	135	66	48.58	Peter Andrews	WV	M	40	24
174	136	65	49.01	Richard Fellingham	ST	M	65	2
175	39	62	49.11	Alex Smith	ST	F	35	7
176	137	64	49.11	Bob Paul	BD	M	60	11
177	40	61	49.18	Jenny Bird	ST	F	45	7
178	138	63	49.25	John Nevis	HA	M	60	12
179	139	62	49.42	Bruce Rayner	BD	M	50	20
180	41	60	49.57	Sandra Webb	PA	F	40	7
181	140	61	49.57	Tony Burdett	ST	M	50	21
182	42	59	50.19	Lisa Riley	LO	F	45	8
183	141	60	50.26	David Taylor	FS	M	60	13
184	142	59	50.26	Tim Ellis	HA	M	45	22
185	143	58	50.33	Tom Hoblyn	PA	M	55	10
186	43	58	50.38	Emma Yarrow	ST	F	40	8
187	44	57	50.49	Sarah Coulter	DI	F	45	9
188	45	56	50.51	Rebecca Clare	FS	F	45	10
189	144	57	50.52	Chris Gladwell	ST	M	55	11
190	46	55	50.53	Caren Elvin	WV	F	40	9
191	47	54	50.54	Christina Howland	FE	F	45	11
192	145	56	51.01	Graham Dixon	HA	M	20	47

193	48	53	51.15	Jenny Devaney	ST	F	35	8
194	49	52	51.20	Eloise Bird	PA	F	45	12
195	50	51	51.25	Belinda Schofield	NS	F	55	2
196	146	55	51.36	Simon Kitching	WT	M	45	23
197	147	54	51.56	Ashley Berry	FS	M	17	6
198	51	50	51.57	Marion Parker	FE	F	50	3
199	148	53	51.58	Frank Moggan	ST	M	60	14
200	52	49	52.00	Florence Ianport	ST	F	17	5
201	149	52	52.07	Stuart Shephard	HA	M	40	25
202	150	51	52.15	Clive Purbrook	NS	M	55	12
203	151	50	52.18	Nikos Miaoulis	FE	M	50	22
204	53	48	52.21	Mandy Godbold	IH	F	45	13
205	54	47	52.32	Sandra Mayhew	ST	F	45	14
206	152	49	52.52	Keith Borrett	ST	M	60	15
207	153	48	53.04	Mike Sales	NS	M	45	24
208	55	46	53.05	Susan Wright	BD	F	45	15
209	154	47	53.08	Richard Smith	FE	M	50	23
210	155	46	53.13	David Llewellyn	ST	M	55	13
211	156	45	53.17	Stephen Miller	HA	M	50	24
212	56	45	53.20	Joanne Harper	FE	F	20	14
213	57	44	53.29	Carol Maycock	BD	F	55	3
214	157	44	53.36	Tony Fuller	IH	M	55	14
215	58	43	53.52	Annabel Bennett	FE	F	45	16
216	59	42	54.45	Jayne Burman	FE	F	20	15
217	60	41	55.00	Kathryn Gerry	FS	F	40	10
218	61	40	55.10	Mel Roberts	FS	F	55	4
219	158	43	55.12	Terry Braverman	HA	M	65	3
220	159	42	55.16	Michael Revell	IH	M	17	7
221	160	41	55.30	Dave Greenham	HA	M	60	16
222	62	39	55.34	Jenny Jarrett	FE	F	45	17
223	63	38	55.38	Sarah Sparkes	BD	F	40	11
224	64	37	56.11	Marjie Davis	NS	F	45	18
225	161	40	56.35	Stuart Smith	WV	M	55	15
226	162	39	56.35	Martin Fuller	FE	M	45	25
227	163	38	56.49	Steven Mowles	FE	M	40	26
228	65	36	57.15	Anne Oliver	FE	F	55	5
229	66	35	57.18	Maira Pinkney	IT	F	60	1
230	67	34	57.41	Viv Taylor	FS	F	60	2
231	68	33	58.21	Louisa Zioui	HA	F	20	16
232	69	32	58.30	Judy Potter	BD	F	65	1
233	164	37	58.49	Nick Huggins	ST	M	60	17
234	70	31	59.00	Michelle Barnes	NS	F	20	17
235	165	36	59.13	John Clough	FS	M	50	25
236	71	30	59.29	Rachel Crisp	FE	F	35	9
237	72	29	59.43	Ann Kirton	TH	F	45	19
238	73	28	60.23	Sue Hargadon	IT	F	55	6
239	74	27	61.03	Dawn Dixon	HA	F	35	10
240	75	26	61.04	Karen Waters	BD	F	40	12
241	76	25	61.22	Lynn Whittingstall	FS	F	35	11
242	77	24	61.22	Kim Frost	FS	F	35	12
243	78	23	61.23	Ali Chambers	FS	F	35	13
244	166	35	61.30	Bill Cox	FS	M	70	1
245	79	22	63.46	Susannah Rosenberg	IT	F	50	4
246	80	21	64.00	Sarah Sales	NS	F	40	13
247	81	20	64.25	Angela Grey	LO	F	20	18
248	167	34	64.26	Simon Bunting	LO	M	45	26
249	82	19	64.43	Jo Dickinson	FE	F	40	14
250	83	18	65.05	Isabel Vincente	NS	F	45	20
251	84	17	65.06	Karla Read	FE	F	35	14
252	85	16	66.43	Jean Cox	FS	F	70	1
253	168	33	67.31	Andrew Brown	WV	M	17	8
254	86	15	67.34	Zoe Chapman	HA	F	35	15
255	87	14	69.03	Tina Church	FS	F	40	15