

Tarpley 10

22 February 2015

Pos.	Gun Time	Chip Time	No.	Forename	Surname	Club Name	Cat.
1	56:50.4	56:48.8	353	Tom	Hale	Saint Edmund Pacers	MS
2	56:50.6	56:48.4	62	Grant	Harradence		MS
3	57:30.0	57:28.0	391	Jim	Last	Framlingham Flyers	MS
4	57:50.5	57:48.9	302	Adam	Howlett	Framlingham Flyers	MV40
5	58:12.3	58:08.9	207	Samuel	Ratcliffe		MS
6	58:22.5	58:19.5	160	Paul	Boddey	Eton Manor	MS
7	58:44.3	58:43.0	226	David	Bettinson		MV40
8	59:07.9	59:05.4	354	Nathan	Blunden	Swindon Harriers	MS
9	59:38.1	59:38.1	389	Steven	Parry	Ipswich JAFFA	MV45
10	59:50.0	59:48.4	355	Tom	Kingsnorth	Saint Edmund Pacers	MS
11	59:59.1	59:56.5	18	Patrick	Bickerton		MS
12	1:00:30.3	1:00:24.0	223	Nicholas	Liptrot		MS
13	1:00:47.6	1:00:45.6	378	Mark	Furnace	Ipswich JAFFA	MV40
14	1:00:51.0	1:00:51.0	187	Warren	Birch	Ipswich JAFFA	MV45
15	1:00:52.3	59:55.9	258	Andy	Peet	Wigston Phoenix RC	MV45
16	1:00:57.3	1:00:55.3	201	Daniel	Rock	Ryston Runners AC	MS
17	1:01:26.1	1:01:24.7	131	Thomas	White	Saint Edmund Pacers	MS
18	1:01:31.0	1:01:28.4	348	Chris	Gay	Newmarket Joggers	MS
19	1:01:48.7	1:01:47.9	275	Darren	Sheppard	Framlingham Flyers	MV40
20	1:01:57.2	1:01:55.4	86	Edward	Crothall	Cambridge and Coleridge AC	MS
21	1:01:58.7	1:01:58.7	120	Paul	Anderson	Springfield Striders	MS
22	1:02:19.3	1:02:16.1	399	John	Decesare	Amphill & Filtwick Flyers	MV45
23	1:02:49.2	1:02:46.8	129	Ian	Cardy	Springfield Striders	MV50
24	1:02:59.3	1:02:54.4	342	Samuel	Burdett	Stowmarket Striders	MU21
25	1:03:46.9	1:03:46.9	198	Mark	Armitage		MV45
26	1:03:47.7	1:03:47.7	314	Laura	Thomas	Ipswich JAFFA	FS
27	1:03:48.8	1:03:44.1	150	Nigel	Rogers		MV45
28	1:04:01.1	1:03:57.4	246	Thomas	Haslam	The Saxons	MV40
29	1:04:47.0	1:04:40.8	163	Paul	Game	Haverhill Running Club	MV40
30	1:04:51.5	1:04:49.0	251	Andrew	Cooper		MS

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31	1:05:21.7	1:05:17.1	270	Jason	Allard	Stowmarket Striders	MV40
32	1:05:37.1	1:05:33.9	330	Jevan	Robertson	Nene Valley Harriers	MU21
33	1:05:47.4	1:05:40.2	315	Ella	Brown	Alnwick Harriers	FV40
34	1:05:57.0	1:05:52.8	185	Philip	Green	Stowmarket Striders	MS
35	1:05:58.8	1:05:55.1	217	Tamara	Jordan	Stowmarket Striders	FV35
36	1:06:07.8		104	Neil	Leeds		MS
37	1:06:16.2	1:06:00.7	25	Sam	Barr	Cambridge and Coleridge AC	MV40
38	1:06:22.8	1:06:15.7	209	Victoria	Kenny	Hadleigh Hares AC	FS
39	1:06:41.5	1:06:37.9	68	Johannes	Botha		MV40
40	1:06:45.3	1:06:42.0	329	Jason	Walker	Stowmarket Striders	MV40
41	1:07:02.8	1:07:02.8	133	Will	Dunster		MS
42	1:07:04.0	1:07:00.6	191	John	Francis	Harwich Runners	MV50
43	1:07:18.5	1:07:13.9	287	Bruce	Grimley	Huntingdonshire Athletics Club	MV60
44	1:07:26.9	1:07:10.2	17	Michael	Hall		MV45
45	1:07:30.6	1:07:26.8	262	Robin	Brookes	Harwich Runners	MV45
46	1:07:35.9	1:07:29.9	100	Peter	Beatty	Bishops Stortford Running Club	MV55
47	1:07:43.2	1:07:40.7	368	James	Wilson	The Saxons	MU21
48	1:08:03.2	1:08:00.4	401	Peter	Smith		MS
49	1:08:13.5	1:08:07.8	41	David	Haylett		MS
50	1:08:31.7	1:08:22.3	171	Daniel	Waite		MS
51	1:08:38.7	1:08:32.5	4	Matthew	Crane	Saint Edmund Pacers	MS
52	1:09:01.2		178	Neil	Walpole	Norwich Road Runners	MV40
53	1:09:01.3	1:08:49.5	192	Mark	Ayre		MS
54	1:09:04.6	1:09:00.7	361	Terry	Epps	Wymondham Athletic Club	MV60
55	1:09:24.7		221	Phil	Langham		MS
56	1:09:26.4	1:09:23.3	261	Paul	Masterson		MV45
57	1:09:27.6	1:09:23.4	7	Greg	Homer		MS
58	1:09:29.5	1:09:21.0	88	Simon	Smith	Colchester Harriers AC	MV50
59	1:09:35.7	1:09:30.4	161	Isobel	Renn	Ipswich JAFFA	FU21
60	1:09:53.5	1:09:44.5	110	Shaun	Jones	Stowmarket Striders	MS

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61	1:10:11.1		230	Russel	Breyer	Ipswich JAFFA	MV50
62	1:10:26.1	1:10:20.8	255	Hannah	McInroy Naylor	Thurston Community College	FS
63	1:10:44.8	1:10:37.7	349	Gillian	Leech		FV40
64	1:10:56.4	1:10:55.6	396	Sophie	Darling	Lincoln Wellington AC	FS
65	1:11:02.7	1:10:59.0	312	Roger	Ackerley	Woodbridge Shufflers	MV55
66	1:11:25.7	1:11:20.0	147	Chris	Hall	Bungay Black Dog RC	MS
67	1:11:32.1	1:11:22.0	26	Mark	Leeks	Ipswich JAFFA	MS
68	1:11:48.5	1:11:43.8	196	Alan	Jackson	Ipswich JAFFA	MV55
69	1:11:52.6	1:11:43.9	213	Nicholas	Gurney	Norwich Road Runners	MS
70	1:11:54.3	1:11:41.6	299	Will	Aldred	Framlingham Flyers	MV45
71	1:11:56.9		174	Michael	Rushton	Saint Edmund Pacers	MV40
72	1:11:57.7	1:11:50.0	29	Sian-Marie	Lucas	Haverhill Running Club	FS
73	1:12:00.5	1:11:54.7	294	Vince	Webb	Saint Edmund Pacers	MV45
74	1:12:04.8	1:11:54.2	344	Bill	Kingaby	Waveney Valley AC	MV60
75	1:12:14.4	1:12:06.4	210	Oliver	Riches	Ipswich JAFFA	MS
76	1:12:19.6	1:12:11.0	1	Emily	Gooderham	Saint Edmund Pacers	FU21
77	1:12:21.8	1:12:13.4	316	Craig	Sisson	Haverhill Running Club	MS
78	1:12:33.8		346	James	Ogilby		MS
79	1:12:47.2	1:12:42.6	319	Geraldine	Clarke	Framlingham Flyers	FV45
80	1:12:48.2	1:12:37.1	54	Matthew	Eveleigh	Stowmarket Striders	MS
81	1:13:04.1	1:12:57.4	357	Stephen	Hatten	Saint Edmund Pacers	MV45
82	1:13:08.6	1:13:02.6	27	Barry	Neal	Born2Tri	MS
83	1:13:11.2		297	Tim	Watson	Stowmarket Striders	MV45
84	1:13:25.0	1:12:59.6	241	Deborah	English	Norwich Road Runners	FV35
85	1:13:53.1	1:13:30.0	332	Adrian	Goode	Felixstowe Road Runners	MV50
86	1:14:05.7	1:13:54.3	336	Matt	Tomkins	Stowmarket Striders	MS
87	1:14:10.6	1:13:58.6	278	David	Neeve	Bungay Black Dog RC	MS
88	1:14:11.8		387	Tim	Bacon		MV50
89	1:14:18.8	1:14:09.1	322	Martin	Little	Stowmarket Striders	MV45
90	1:14:21.1	1:14:15.7	239	Laura	Hicks	Stowmarket Striders	FS

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91	1:14:28.5	1:14:11.9	124	Michael	Hill		MS
92	1:14:33.9	1:14:26.7	224	Kathryn	Hadley		FS
93	1:14:34.5	1:14:25.9	38	Haley	Suttle	Stowmarket Striders	FV50
94	1:14:39.5	1:14:23.1	126	Philip	Wood		MS
95	1:14:43.8	1:14:09.9	347	Billy	Adamson	Thurston Community College	MV40
96	1:14:48.4	1:14:43.5	352	Jordan	Beaumont	Ipswich JAFFA	MS
97	1:14:58.9	1:14:30.2	112	Brian	Carter		MS
98	1:15:08.9	1:14:56.4	303	Andy	Barber	Haverhill Running Club	MV45
99	1:15:09.0	1:14:56.1	334	Simon	Render	March AC	MV50
100	1:15:24.3	1:15:15.1	99	Martin	Brigden		MV55
101	1:15:25.1	1:15:17.5	52	Kirsty	Millard	Haverhill Running Club	FS
102	1:15:46.4	1:15:27.9	79	Paul	Francis		MV50
103	1:15:46.4	1:15:37.8	412	Jean	Adams		FV35
104	1:15:50.1	1:15:43.0	383	David	Mail	Cambridge and Coleridge AC	MV60
105	1:15:50.1	1:15:43.7	362	Matthew	Fenner		MS
106	1:15:59.4	1:15:47.4	20	Stuart	Clarke	Cambridge and Coleridge AC	MS
107	1:16:25.1	1:16:21.3	92	Lee	Kirby	Bishops Stortford Running Club	MV40
108	1:16:33.4	1:16:25.4	35	Katherine	Hymers		FS
109	1:16:35.4	1:16:21.1	220	Paul	Evans		MV40
110	1:16:36.6	1:16:21.4	288	Andy	Bonner	Ely Runners	MS
111	1:16:38.3	1:16:28.3	377	Hannah	Wood	Ipswich JAFFA	FV40
112	1:16:40.6	1:16:15.5	413	Simon	Somerville-Large	BRJ Run and Tri	MV50
113	1:16:43.8	1:16:30.9	204	Richard	Clark	The Saxons	MV45
114	1:16:57.8	1:16:51.2	219	Karl	Harris		MS
115	1:17:07.2	1:16:59.0	136	Clive	Purbrook	Newmarket Joggers	MV55
116	1:17:14.4	1:16:59.2	369	Keith	Stephen		MV50
117	1:17:17.7	1:17:08.4	245	Rachel	Miller	Norwich Road Runners	FV40
118	1:17:33.8	1:17:30.2	76	Charlotte	Smith	Thetford AC	FV35
119	1:17:37.7	1:17:28.2	98	Adam	Sheward		MS
120	1:17:44.4	1:17:18.7	222	Matt	Rose		MS

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121	1:17:44.5	1:17:37.5	248	Geoffrey	Howard		MS
122	1:17:54.7	1:17:44.4	200	Jo	Stephenson	Stowmarket Striders	FV45
123	1:18:00.4	1:17:53.3	105	Rachel	Bodsworth	Hadleigh Hares AC	FV35
124	1:18:06.2	1:17:52.7	74	Martin	Jones		MV40
125	1:18:18.2	1:18:10.4	149	Graham	Dixon	Haverhill Running Club	MS
126	1:18:27.1	1:18:13.1	307	John	Gibbons	The Saxons	MV45
127	1:18:59.1		123	Steve	McNamara	Stowmarket Striders	MV40
128	1:19:12.8	1:19:03.2	231	Simon	Nightingale	Ely Runners	MV40
129	1:19:40.1	1:19:29.9	323	Simon	Merrick	Felixstowe Road Runners	MV40
130	1:19:55.1		125	Brian	Haney		MS
131	1:19:56.6	1:19:45.6	335	Andrew	Collett	Stowmarket Striders	MS
132	1:19:59.4	1:19:52.7	215	Charles	Shoolbred	Newmarket Joggers	MV65+
133	1:20:12.4	1:19:43.1	142	Al	Beard		MV40
134	1:20:22.2	1:20:11.4	127	Megan	Smart	Thurston Community College	FS
135	1:20:57.0	1:20:33.3	8	Simon	Whitnall		MV55
136	1:21:02.0	1:20:51.7	281	Richard	Leeder	Stowmarket Striders	MS
137	1:21:03.9	1:20:44.9	87	Tom	Cadmore		MV40
138	1:21:07.5	1:21:04.0	34	Josephine	Sheffield	Braintree & District Athletics Club	FV50
139	1:21:15.3	1:21:00.1	24	John	Glover	Ely Runners	MV50
140	1:21:35.3	1:21:14.1	236	Des	Bishop	Great Bentley Running Club	MV50
141	1:21:43.1	1:21:23.7	289	Jonathon	Marsh		MV40
142	1:21:43.7	1:21:15.1	356	Christopher	Gay	Great Yarmouth & District AC	MV50
143	1:21:51.0	1:21:43.9	291	Jenny	Sheahan		FV50
144	1:21:56.3	1:21:30.9	184	Graeme	Biggins		MS
145	1:21:59.7	1:21:50.5	55	Andrew	Martin	Haverhill Running Club	MS
146	1:22:05.4	1:21:46.1	388	Stephen	Howard		MV40
147	1:22:06.1	1:21:41.1	103	Suzanne	Heath	Ipswich JAFFA	FV40
148	1:22:06.4	1:21:34.7	90	David	Littleson	Springfield Striders	MV40
149	1:22:06.4	1:21:59.3	292	David	Sheahan		MV50
150	1:22:15.6	1:22:00.3	260	Steve	Starr	Ely Runners	MV45

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151	1:22:32.3	1:22:19.1	273	Philip	Grose	Saint Edmund Pacers	MV45
152	1:22:33.2	1:22:30.1	115	Peter	Frost		MV45
153	1:22:33.2	1:22:25.2	134	Sarah	Vick	The Saxons	FV45
154	1:22:34.4	1:22:21.5	206	John	George		MV55
155	1:22:35.6	1:22:26.6	214	Kate	Adams	Newmarket Joggers	FS
156	1:22:48.1	1:22:30.9	28	John	Nevin	Haverhill Running Club	MV60
157	1:22:51.1	1:22:41.8	374	Alice	Kirk	Bungay Black Dog RC	FS
158	1:22:52.6	1:22:39.1	311	Richard	Dempsey	Woodbridge Shufflers	MV45
159	1:22:52.6	1:22:23.7	33	Phil	Hymers		MV60
160	1:22:56.0	1:22:48.4	107	Katrina	Rigby	Hadleigh Hares AC	FV35
161	1:22:58.5	1:22:34.2	263	Matt	Preston		MS
162	1:23:03.9		42	Corinna	Hussey	Hadleigh Hares AC	FV40
163	1:23:17.9	1:22:44.4	405	Simon	Haffenden		MV50
164	1:23:23.8	1:23:06.4	359	Maire	O'Brien	Saint Edmund Pacers	FV50
165	1:23:28.5	1:22:58.9	152	Chris	Axford		MV45
166	1:23:31.0	1:23:09.8	89	Catherine	Abbott	Stowmarket Striders	FV40
167	1:23:36.9	1:23:31.7	176	Philip	Norman	Riverside Runners	MV60
168	1:23:44.4	1:23:23.4	235	Theresa	Bishop	Great Bentley Running Club	FV50
169	1:24:05.6	1:23:44.5	158	Rachel	Giles	Great Bentley Running Club	FV40
170	1:24:10.9	1:23:36.8	338	Hugh	Langley		MV40
171	1:24:12.4	1:23:57.8	397	Graham	Darling		MV50
172	1:24:14.7	1:24:02.0	78	Julia	Baldwin	Stowmarket Striders	FV45
173	1:24:26.8	1:24:14.0	172	Nathan	Brennan	BRJ Run and Tri	MS
174	1:24:32.9	1:24:16.9	380	William	Burdett	Stowmarket Striders	MV50
175	1:24:38.9	1:24:16.9	386	Miles	Green		MV45
176	1:24:43.4		157	Warren	Newell		MV50
177	1:24:47.4	1:24:29.6	229	Harriet	Smith	Tewkesbury Allrunners	FS
178	1:24:49.8	1:24:28.5	73	Alex	Bowen	Wymondham Athletic Club	MS
179	1:24:53.5	1:24:46.9	173	Scott	Hutchinson		MV40
180	1:24:59.4	1:24:24.5	331	Stephen	Haylock		MS

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181	1:25:06.9	1:24:55.8	60	Roger	Hobson	Woodbridge Shufflers	MV65+
182	1:25:14.9	1:25:00.1	410	Iona	Graham-Hagg	Cambridge and Coleridge AC	FV50
183	1:25:25.4	1:24:49.8	233	Alyn	Rourke		MS
184	1:25:29.5		22	Silke	Sheppard		FV50
185	1:25:31.0	1:25:24.8	253	Claire	Blanchford	Thurston Community College	FS
186	1:25:31.5	1:25:09.4	393	Frank	Gardiner	Great Bentley Running Club	MV60
187	1:25:42.3		155	Clayton	Fosker		MS
188	1:25:43.9	1:25:19.2	61	Stephen	Bright		MV50
189	1:25:48.2	1:25:27.6	390	Andrew	Stroud		MV45
190	1:25:48.2	1:25:28.7	151	Steve	Bowen	Hadleigh Hares AC	MV55
191	1:25:50.7	1:25:45.1	360	Carolynn	Anderson	Newmarket Joggers	FV40
192	1:25:51.3	1:25:37.3	39	Sue	Garrod	Stowmarket Striders	FV50
193	1:25:55.3	1:25:23.8	350	Maria Jesus	Bautista Fructuoso	Great Bentley Running Club	FV35
194	1:26:06.9	1:26:03.2	244	Pinal	Patel		FS
195	1:26:07.9	1:25:50.6	211	Peter	Brunning	Haverhill Running Club	MV60
196	1:26:19.8	1:26:02.5	321	Cristian	Murray		MS
197	1:26:21.7	1:26:04.9	6	Simon	Wallis	Haverhill Running Club	MS
198	1:26:24.7	1:26:18.9	343	Andrew	Smith	Saint Edmund Pacers	MV45
199	1:26:25.2	1:26:14.3	282	John	Penny		MV55
200	1:26:26.6	1:26:25.2	363	John	Tarpley		MS
201	1:26:35.9	1:26:26.0	254	Graham	Sampson	Bungay Black Dog RC	MV65+
202	1:26:37.7	1:26:23.2	328	Amanda	Dunn	Hadleigh Hares AC	FV35
203	1:26:40.8	1:26:27.3	23	Meera	Mahadevan		FV40
204	1:26:43.2	1:26:21.3	130	Trish	Jarvis		FV45
205	1:26:43.6	1:26:20.7	128	Jayne	Burman	Felixstowe Road Runners	FS
206	1:26:46.3	1:26:24.4	394	James	Mackay	Stowmarket Striders	MV45
207	1:26:54.8	1:26:42.2	317	Darran	Sands	Framlingham Flyers	MS
208	1:26:56.5	1:26:45.5	296	Richard	Smith	Felixstowe Road Runners	MV55
209	1:26:56.7	1:26:28.7	80	Philip	Chapple		MV45
210	1:26:56.8	1:26:27.9	304	Gregory	Mills		MV55

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211	1:27:10.9	1:26:44.3	77	Jane	Noble		FV45
212	1:27:14.1	1:26:43.7	116	James	Beard		MS
213	1:27:21.5	1:26:55.5	402	Chris	Greening		MV40
214	1:27:23.1	1:27:11.6	167	Emma	Yarrow	Stowmarket Striders	FV40
215	1:27:30.6	1:27:15.1	400	Charlie	Harwood		FS
216	1:27:35.7	1:27:19.8	295	Wendy	Hughes	Stowmarket Striders	FV55
217	1:27:42.7	1:27:24.1	257	Emma	Gant		FV35
218	1:28:11.9	1:28:04.5	111	Claire	Groves	Great Bentley Running Club	FS
219	1:28:22.5		175	Thomas	Pilling		MS
220	1:28:30.6	1:28:10.1	242	Sara	Taylor-Balls	Hadleigh Hares AC	FV50
221	1:28:36.0	1:28:05.1	310	Mike	Rosbrook	Hadleigh Hares AC	MV65+
222	1:28:43.3	1:28:20.5	370	Fred	Boggis	Felixstowe Road Runners	MV55
223	1:28:45.1	1:28:20.2	269	Hayley	Harper	Ipswich JAFFA	FV35
224	1:28:46.2		177	Liz	Jones	Norwich Road Runners	FV35
225	1:28:52.6	1:28:30.6	67	John	Mills		MV40
226	1:29:12.8	1:28:56.9	85	Helen	Cain	Stowmarket Striders	FV40
227	1:29:16.8	1:29:02.7	351	Mark	Rudland		MV50
228	1:29:16.9	1:29:03.1	293	Paul	Silburn		MV40
229	1:29:20.5	1:28:59.4	166	Lena	Wright	Haverhill Running Club	FS
230	1:29:20.7	1:28:59.6	53	Wayne	Moore	Haverhill Running Club	MV40
231	1:29:36.3	1:29:11.6	339	Pippa	Cresdee	Ipswich JAFFA	FS
232	1:29:48.9	1:29:14.5	252	Lucy	Swan	Tiptree Road Runners	FS
233	1:29:50.0		118	Alan	Newlands		MV45
234	1:29:50.3	1:29:17.2	237	Jackie	Wareham		FV50
235	1:30:00.2	1:29:33.4	101	Bekah	Cranch	Bishops Stortford Running Club	FS
236	1:30:02.0	1:30:00.6	364	Jamie Percy-Albert	Manning		MV50
237	1:30:02.7	1:29:48.3	398	Julia	Darling		FV50
238	1:30:03.5	1:29:44.2	183	Sarah	Pennock	Sudbury Joggers AC	FV35
239	1:30:10.3	1:29:42.9	15	Camilla	Ingvorsen		FS
240	1:30:10.3	1:29:58.1	408	Mon	Lee	Ipswich JAFFA	MV55

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Pos.	Gun Time	Chip Time	No.	Forename	Surname	Club Name	Cat.
241	1:30:36.6	1:30:21.8	325	Chris	Flack		MS
242	1:30:40.7	1:30:16.8	153	Sarah	Owen		FV45
243	1:30:46.6	1:30:12.2	21	Zoe	Gould	Tiptree Road Runners	FV45
244	1:30:49.3	1:30:16.7	247	Steve	Todd		MV45
245	1:31:00.1	1:30:26.0	58	Lyndsay	Salmon	Tiptree Road Runners	FV35
246	1:31:07.9	1:30:48.6	409	John	Turner	Ely Runners	MV65+
247	1:31:23.5	1:31:02.5	145	Sally	Miller		FV35
248	1:31:23.9	1:31:05.1	337	Stephanie	Whyte	Bungay Black Dog RC	FV35
249	1:31:29.3	1:31:14.0	203	Andrew	Unsworth	Cambridge and Coleridge AC	MV50
250	1:31:45.6	1:31:24.1	156	Alison	Clarke	Great Bentley Running Club	FV60
251	1:31:47.2	1:31:34.7	366	Adrian	Cole		MV50
252	1:32:13.3	1:31:50.3	309	Cherilyn	Lane	Haverhill Running Club	FV35
253	1:32:23.3		767	Donna	Talbot	Saint Edmund Pacers	FV35
254	1:32:40.5	1:32:21.8	280	Katie	Gosling	Cambourne Women Runners	FS
255	1:32:45.6	1:32:23.4	141	Charlie	Hopkinson	Saint Edmund Pacers	FS
256	1:32:47.4	1:32:30.3	279	Janet	Symonds	Haverhill Running Club	FV35
257	1:32:55.8	1:32:37.0	300	Stephen	Rulton	Sudbury Joggers AC	MV50
258	1:33:01.7	1:32:50.4	371	David	Brewster		MV40
259	1:33:14.9	1:32:52.5	140	James	Briggs	Haverhill Running Club	MS
260	1:33:25.2	1:32:55.7	114	Teresa	Franklin	Haverhill Running Club	FV50
261	1:33:25.7	1:33:10.3	9	Gaute	Andreassen		MV40
262	1:33:41.9	1:33:08.2	274	Laura	Leach	Ely Runners	FS
263	1:33:43.9	1:33:09.8	146	Emily	Knight	Ely Runners	FV35
264	1:33:51.0		117	Jean	Newlands	Haverhill Running Club	FV45
265	1:33:56.4	1:33:25.1	119	Bianca	Burman	Sudbury Joggers AC	FS
266	1:34:44.5	1:34:12.7	194	Issy	Greenleaves		FS
267	1:35:23.0	1:34:56.3	93	Craig	Dodgen	Bishops Stortford Running Club	MV50
268	1:35:23.9	1:35:01.6	71	Paul	Evans	Vegetarian Cycling and AC	MV50
269	1:35:37.7	1:35:25.2	365	Angela	Whiting	Stowmarket Striders	FV50
270	1:35:44.4	1:35:27.3	277	Hayley	Brodrick	Haverhill Running Club	FS

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Pos.	Gun Time	Chip Time	No.	Forename	Surname	Club Name	Cat.
271	1:35:46.4	1:35:21.0	212	Jane	Stafford	Norwich Road Runners	FV45
272	1:35:50.1	1:35:22.3	102	Corinna	Cranch	Bishops Stortford Running Club	FV45
273	1:35:50.4	1:35:24.8	186	Louise	Wadley		FV35
274	1:35:58.0	1:35:43.6	290	Keelan	Smith	The Saxons	MS
275	1:36:20.8	1:36:00.8	218	Csilla	Kosztolanyi	Cambridge and Coleridge AC	FS
276	1:36:24.0	1:35:50.5	63	Lindsay	Matthews	Haverhill Running Club	FV50
277	1:36:25.1	1:36:09.3	56	Nicola	Vaughan	Haverhill Running Club	FV40
278	1:36:33.1		94	Philip	Jarvis	Haverhill Running Club	MV60
279	1:36:39.5	1:36:12.5	225	Kirsty	Weavers	Saint Edmund Pacers	FV50
280	1:36:42.2	1:36:18.7	170	Helen	Spooner	Haverhill Running Club	FV45
281	1:36:48.0	1:36:20.7	407	Lydia	Burdett	Bishops Stortford Running Club	FS
282	1:36:49.8	1:36:22.5	3	Dave	Withers		MS
283	1:36:54.0	1:36:24.1	113	Daniel	Southgate		MS
284	1:37:03.6		284	John	Cullum	Saint Edmund Pacers	MV65+
285	1:37:12.1	1:36:49.4	179	Jordan	Barfield	Haverhill Running Club	FS
286	1:37:12.2	1:36:49.5	148	Dawn	Dixon	Haverhill Running Club	FV35
287	1:37:27.1	1:36:59.0	19	Mark	Campbell		MS
288	1:37:37.2	1:37:10.8	271	Samantha	Reddy	Norwich Road Runners	FV45
289	1:38:25.6	1:38:21.5	168	Hilary	Depper	Skegness & District	FV55
290	1:38:29.5	1:37:56.8	306	Tracey	Rose	Stowmarket Striders	FV45
291	1:38:29.5	1:37:57.0	305	Jane	Skoulding	Thurston Community College	FV40
292	1:38:51.4	1:38:29.7	341	Ruth	Belsom		FV50
293	1:38:52.1		132	Clare	Gillibrand	Sudbury Joggers AC	FV40
294	1:38:53.9	1:38:22.6	14	Graham	Goode		MS
295	1:39:02.3	1:38:42.2	243	Deborah	Stewart	Hadleigh Hares AC	FV55
296	1:39:08.5	1:38:38.2	70	Debbie	Harman	Sudbury Joggers AC	FV40
297	1:39:18.7	1:38:46.7	154	Chris	Chandler		MS
298	1:39:30.2	1:39:10.0	65	Karen	Richardson	Cambridge and Coleridge AC	FV45
299	1:39:48.1	1:39:17.2	47	Lindsay	Hobden	Sudbury Joggers AC	FV45
300	1:39:48.5	1:39:34.2	181	Tim	Beven		MV50

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Pos.	Gun Time	Chip Time	No.	Forename	Surname	Club Name	Cat.
301	1:39:50.0	1:39:36.6	182	Jo	Beven		FV40
302	1:39:59.1	1:39:31.8	267	Brian	Moore	Norwich Road Runners	MV60
303	1:40:20.9		66	Lisa	Dalton	Sudbury Joggers AC	FV45
304	1:41:02.5	1:40:31.4	256	Nigel	Chapman		MV55
305	1:41:11.9	1:40:39.0	37	Will	Schwer	Felixstowe Road Runners	MS
306	1:41:13.0	1:40:58.8	139	Vicki	Duncan		FV35
307	1:41:30.5	1:41:10.4	382	Una	Garson		FV45
308	1:41:32.6		264	Isabel	Vicente	Newmarket Joggers	FV45
309	1:42:21.4	1:41:57.2	164	Jo	Whelan	Felixstowe Road Runners	FV50
310	1:42:29.8		216	Corinne	Shoolbred	Newmarket Joggers	FV60
311	1:42:50.7	1:42:33.7	298	Sally	Harris		FS
312	1:42:58.6	1:42:28.8	91	Sandra	Hiscox	Haverhill Running Club	FV55
313	1:43:07.1	1:42:43.1	97	Georgie	Brigden	Thetford AC	FS
314	1:43:16.1		144	Deborah	Cubberley	Great Bentley Running Club	FV35
315	1:43:17.0	1:43:00.7	13	Eleanor	Berry		FS
316	1:43:17.0	1:43:00.3	12	Rhonda	Horne		FV35
317	1:44:15.0	1:43:42.8	169	Mark	Hoy		MS
318	1:44:16.0	1:43:50.4	276	James	Eastwood		MS
319	1:45:42.6	1:45:17.0	411	Michelle	Jolley	Bishops Stortford Running Club	FV45
320	1:45:48.6		45	Sharon	Beward	Sudbury Joggers AC	FV40
321	1:45:49.9		272	Samantha	Grose	Saint Edmund Pacers	FV45
322	1:45:50.0	1:45:21.9	205	Suzanne	George		FV55
323	1:45:50.1	1:45:22.0	238	Christine Ann	McColl		FV50
324	1:45:59.7	1:45:32.3	268	Lynda	Moore	Norwich Road Runners	FV60
325	1:46:28.2	1:45:58.6	48	Chrissie	Baxter	Hadleigh Hares AC	FV40
326	1:46:28.3	1:45:57.7	162	Rebecca	Bowen	Hadleigh Hares AC	FV55
327	1:46:31.6	1:46:00.3	46	Claire	Mortimer	Hadleigh Hares AC	FV50
328	1:47:13.5	1:46:43.0	69	Melonie	Evans	Sudbury Joggers AC	FV45
329	1:47:13.5		188	Karen	Murphy	Hadleigh Hares AC	FV40
330	1:47:25.3	1:47:04.5	266	Kathryn	Ross	Sudbury Joggers AC	FS

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Pos.	Gun Time	Chip Time	No.	Forename	Surname	Club Name	Cat.
331	1:47:35.4	1:47:03.5	250	Nicholas	Widdowson		MS
332	1:48:28.8	1:48:10.6	232	Terry	Braverman	Haverhill Running Club	MV65+
333	1:48:40.4	1:48:23.5	30	Joan	Nevin	Haverhill Running Club	FV60
334	1:49:38.8	1:49:06.0	327	Paul	Forshaw	Fetch Everyone Running Club	MV60
335	1:49:43.9	1:49:20.4	384	Susannah	Naylor	Ryston Runners AC	FV35
336	1:50:05.5	1:49:41.4	43	Alexandra	McCourt		FS
337	1:50:08.7	1:49:49.7	165	Michelle	Gardner	Haverhill Running Club	FV45
338	1:50:35.6	1:50:09.1	2	Susannah	Rosenberg	Ipswich Triathlon Club	FV50
339	1:51:52.3	1:51:36.1	379	Angela	Burdett	Stowmarket Striders	FV45
340	1:51:52.5	1:51:27.9	50	Andrew	Clarke		MV40
341	1:51:53.0	1:51:28.1	51	Elizabeth	Prior		FS
342	1:52:03.7	1:51:30.5	283	Jacqueline	Delf	Newmarket Joggers	FV50
343	1:52:06.3	1:51:36.3	373	Paul	Bird		MV50
344	1:53:38.5	1:53:14.9	199	Sue	Smith	Ryston Runners AC	FV50
345	1:54:27.0	1:54:02.3	31	Jo	Dickinson	Felixstowe Road Runners	FV45
346	1:55:05.4	1:54:36.6	381	Elaine	Haggarty	Great Yarmouth & District AC	FV55
347	1:56:37.5	1:56:14.7	240	Emily	Barclay	Bungay Black Dog RC	FV35
348	1:59:23.2		906	Pat	Brightman	Great Yarmouth & District AC	FV60
349	2:01:04.2	2:00:31.5	249	Theresa	Kopplin		FS
350	2:11:33.4	2:11:20.0	64	Gwendolyn	Morris	The Commando Runners	FV40
351	2:13:50.8	2:13:32.3	95	Sarah	Jarvis	Haverhill Running Club	FV50
352	2:13:50.8	2:13:32.7	208	Zoe	Chapman	Haverhill Running Club	FV35
353	2:17:33.7	2:17:02.4	49	Nadia	Gibbs		FS
			32	Ryan	Bartlett		MS
			82	Rachael	Bones		FS
			324	Paul	Brand	Saint Edmund Pacers	MS
			195	David	Bray	Haverhill Running Club	MV40
			234	Caroline	Brown	Ely Runners	FV40
			259	Mike	Brown	Stowmarket Striders	MV40
			57	John	Bush	Great Bentley Running Club	MV50

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Pos.	Gun Time	Chip Time	No.	Forename	Surname	Club Name	Cat.
			59	Ian	Cannons	Harwich Runners	MV40
			11	Alison	Darke	Haverhill Running Club	FV50
			36	Siobhan	Dockerill	Haverhill Running Club	FS
			301	Sally	Gillam	Harwich Runners	FV50
			358	Emma	Goldberg		FV40
			403	Johann	Greenewald		MS
			16	Donna	Hall-Fremont	Springfield Striders	FV40
			326	Jonathan	Harper		MV40
			138	David	Hart		MV40
			10	Inge	Haug		MV40
			202	John	Hazard	Haverhill Running Club	MV50
			135	Bart	Hommels	Cambridge and Coleridge AC	MV40
			75	Natasha	Hood		FS
			106	Carrie	Hook	Harwich Runners	FV40
			81	Tom	Johnson	Cambridge and Coleridge AC	MS
			227	Liz	Jones		FS
			197	Elspeth	Knott	Harwich Runners	FV60
			84	Helen	Lambert	Braintree & District Athletics Club	FV50
			108	Mark	Lloyd	Harwich Runners	MV40
			228	Kate Victoria	Long		FS
			313	Laura	Mallett	Tri-Anglia	FS
			340	Lisa	Marriott	Ramsey Road Runners	FV35
			180	James	Martin		MV40
			372	Jonny	Miles	Felixstowe Road Runners	MS
			367	Kelly	Mitchell		FV35
			121	Roxanne	Moore		FS
			159	Louise	Papworth	Harwich Runners	FV40
			44	Ayten	Payne	Mid Essex Casuals	FV40
			143	Ross	Payne	Ely Runners	MU21
			5	David	Rosenwold		MV45

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Pos.	Gun Time	Chip Time	No.	Forename	Surname	Club Name	Cat.
			137	Belinda	Schofield	Newmarket Joggers	FV55
			376	Paul	Scibilia	Tri-Anglia	MV45
			96	Sarah	Severwright	Felixstowe Road Runners	FS
			265	Robert	Shaw	Saffron Striders	MV55
			122	Nicholas	Sinnwell		MS
			189	Barry	Smith	Ryston Runners AC	MV45
			333	Nicole	Smith	Springfield Striders	FV40
			286	Ray	Smith	Triathlon England	MS
			320	Teresa	Squire		FV45
			308	Keith	Sulman		MS
			395	Sophy	Tarsey	Ryston Runners AC	FV40
			190	Victoria	Timms		FV50
			83	Katie	Tween	Cambridge and Coleridge AC	FS
			40	Penny	Waggott	Stowmarket Striders	FV45
			193	Jeff	Webster	Dagenham 88 Runners	MS
			404	Sharon	White	Sudbury Joggers AC	FV40
			285	Danny	Whitehouse		MS
			345	Rebecca	Whittingdale	Saint Edmund Pacers	FV45
			375	Stuart	Young	Bungay Black Dog RC	MV45
DNS			109	Denise	Allsopp	Bishops Stortford Running Club	FS
DNS			20068	Inez	Botha		FV40
DNS			20145	Adrian	Cherry	Great Bentley Running Club	MV40
DNS			20007	Silje	Hovstad	City of Norwich AC	FV35
DNS			20008	Robyn	Rake	Stowmarket Striders	FS
DNS	1:49:37.9		72	Toni	White	Haverhill Running Club	FV40