

Stowmarket Striders Golden Mile 2016
Race Results

Position	Race Number	Time	Finish Time	Forename	Surname	Age Category	Sex	Club or Team	
1	228		4:30:03	John	Millar	U19	Male	Ipswich Harriers	
2	276		4:51:93	Alex	Tripp	U17	Male	Ipswich Harriers	
3	159		4:55:58	Nathan	Goddard	U15	Male	Ipswich Harriers	
4	292		4:57:81	James	Wilson	Senior	Male	Saxmundham Saxons	
5	194		5:01:34	Adam	Howlett	V45	Male	Framlingham Flyers	
6	178		5:13:90	Mark	Hayward	Senior	Male	Stowmarket Striders RC	
7	236		5:19:00	Ian	Old	Senior	Male	Ipswich Jaffa RC	
8	234		5:20:49	Megan	Newton	U17	Female	West Suffolk AC	
9	220		5:23:47	Jon	Lockwood	V45	Male	Saint Edmund Pacers	
10	98		5:25:97	Tony	Bacon	Senior	Male	Haverhill RC	
11	173		5:27:26	Alexander	Harrison	U17	Male	Stowmarket Striders RC	
12	156		5:28:86	Neil	Gillingham	Senior	Male	Ipswich Harriers	
13	231		5:30:03	Emily	Moyes	U19	Female	West Suffolk AC	
14	174		5:35:37	Alan	Hart	V40	Male	Stowmarket Striders RC	
15	54		5:36:04	Marley	Browne	U17	Male	Scorpion Academy	
16	135		5:37:31	James	Cornish	V35	Male	Woodbridge Shufflers	
17	274		5:40:05	William	Terry	U17	Male	West Suffolk AC	
18	278		5:43:57	Charlie	Turner	U13	Male		0
19	94		5:44:70	Tilly	Aldis	U13	Female	Ipswich Harriers	
20	172		5:45:76	Robin	Harper	V40	Male	Felixstowe RRC	
21	164		5:45:92	Amy	Graham	U15	Female		0
22	217		5:46:32	Mark	Leeks	V35	Male	Ipswich Jaffa RC	
23	118		5:47:94	Marcus	Boon	V35	Male	Ipswich Jaffa RC	
24	42		5:53:29	Harry	Tillbrook	U17	Male	Stowmarket Striders RC	
25	24		5:59:06	Millie	Jordan-Lee	U15	Female	Stowmarket Striders RC	
26	23		5:59:37	Maddie	Jordan-Lee	U15	Female	Stowmarket Striders RC	
27	125		6:01:10	Jake	Church	Senior	Male	Saxmundham Saxons	
28	296		6:02:19	Peter	Woods	Senior	Male	Felixstowe RRC	
29	185		6:03:93	Alex	Hobbs	Senior	Male	Stowmarket Striders RC	
30	32		6:05:03	Morgan	Moore	U17	Male	Stowmarket Striders RC	
31	169		6:05:50	Stuart	Green	V55	Male	Stowmarket Striders RC	
32	126		6:06:86	Lee	Clarkson	Senior	Male	Great Bentley Running Club	
33	77		6:08:25	Mike	Ogalsby	Senior	Male	Scorpion Academy	
34	213		6:08:98	John	Kirk	V40	Male		0
35	188		6:09:56	Derek	Hood	V40	Male	Ipswich Jaffa RC	
36	224		6:10:53	David	Marsh	V35	Male		0
37	128		6:10:92	Chris	Cobbold	V35	Male		0
38	250		6:11:61	Edward	Rufford	U13	Male		0
39	183		6:13:05	Jamie	Herbert	V40	Male		0
40	165		6:14:70	Sophie	Graham	U15	Female		0
41	230		6:15:93	Nathan	Morley	Senior	Male	Stowmarket Striders RC	
42	19		6:16:23	Jake	Hayward	U13	Male	Stowmarket Striders RC	
43	235		6:16:54	Agata	Obidowicz	Senior	Female	Lesniak Team	
44	96		6:17:83	Emma	Attwood	Senior	Female	Stowmarket Striders RC	
45	102		6:18:58	Douglas	Barber	V50	Male		0
46	22		6:21:44	Peter	Jardine	U13	Male	Stowmarket Striders RC	
47	206		6:21:75	Matthew	Jones	Senior	Male	Great Bentley Running Club	
48	158		6:22:27	Amy	Goddard	U13	Female	Ipswich Harriers	
49	142		6:22:50	Caleb	Djanmah	Senior	Male		0
50	157		6:26:23	Mark	Godbold	V50	Male	Ipswich Harriers	
51	110		6:28:44	Mark	Blackburn	V45	Male	Ipswich Jaffa RC	
52	119		6:30:31	Kerry	Buckley	V45	Male	Run For Your Life	
53	258		6:37:18	Jeremy	Smith	V40	Male		0
54	134		6:39:42	James	Cooper	V35	Male	Stowmarket Striders RC	
55	271		6:43:32	Libby	Stinson	U13	Female	West Suffolk AC	
56	225		6:43:65	Lydia	Marshall	U13	Female	West Suffolk AC	
57	26		6:46:74	Alfie	Larke	U15	Male	Stowmarket Striders RC	

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Position	Race Number	Time	Finish Time	Forename	Surname	Age Category	Sex	Club or Team	
58	233		6:47:28	Melody-Anne	Neville	V45	Female	Stowmarket Striders RC	
59	248		6:48:91	Steven	Rue	V60	Male	Saint Edmund Pacers	
60	56		6:49:84	Kye	Bullock	U17	Male	Scorpion Academy	
61	28		6:52:61	Zachery	Lewis	U11	Male	Stowmarket Striders RC	
62	47		6:54:58	Isabel	Beer	U15	Female	Stowmarket Striders RC	
63	251		6:55:18	Eloise	Rufford	U11	Female		0
64	249		6:55:88	Barnaby	Rufford	V45	Male		0
65	53		6:56:29	Lennox	Browne	U15	Male	Scorpion Academy	
66	5		6:56:62	Josephine	Beer	U11	Female	Stowmarket Striders RC	
67	45		6:56:95	Isabella	Welch	U11	Female	Stowmarket Striders RC	
68	18		6:57:17	Hannah	Harrison	U17	Female	Stowmarket Striders RC	
69	139		6:57:44	Cerys	Currie	Senior	Female		0
70	17		6:57:67	Susanna	Halliday	U13	Female	Stowmarket Striders RC	
71	254		6:58:07	Lewis	Shaw	Senior	Male		0
72	171		6:58:90	Joanne	Harper	Senior	Female	Felixstowe RRC	
73	93		6:59:22	Mel	Walmsley	V45	Female	Scorpion Academy	
74	257		7:00:39	Mark	Skoulding	V45	Male	Stowmarket Striders RC	
75	107		7:01:20	Philip	Beer	V50	Male	Stowmarket Striders RC	
76	25		7:03:66	Jessica	Kerridge	U17	Female	Stowmarket Striders RC	
77	283		7:05:58	Catherine	Walsh	V45	Female	Ipswich Triathlon Club	
78	279		7:08:36	Courtney	Turner	U15	Female	Felixstowe RRC	
79	33		7:08:59	Luke	Newell	U13	Male	Stowmarket Striders RC	
80	260		7:09:28	Richard	Sore	V45	Male	Ipswich Jaffa RC	
81	8		7:10:88	George	Cain	U13	Male	Stowmarket Striders RC	
82	197		7:13:52	Iain	Hunter	V55	Male	Stowmarket Striders RC	
83	37		7:15:43	Imogen	Porch	U13	Female	Stowmarket Striders RC	
84	259		7:16:08	Jeremy	Sore	V50	Male		0
85	106		7:17:51	Chusa	Bautista	V35	Female	Great Bentley Running Club	
86	1		7:18:47	Scarlett	Angove	U15	Female	Stowmarket Striders RC	
87	140		7:19:95	David	Damant	V40	Male	Stowmarket Striders RC	
88	21		7:21:83	Megan	Jack	U15	Female	Stowmarket Striders RC	
89	129		7:24:07	Joshua	Cobbold	U11	Male		0
90	294		7:25:55	Paul	Winter	V65	Male	Stowmarket Striders RC	
91	85		7:26:14	Vaughan	Ruffel francis	U11	Male	Scorpion Academy	
92	297		7:27:18	Paul	Woodyatt	V50	Male	City of Norwich AC	
93	91		7:28:47	Mark	Trent	V45	Male	Scorpion Academy	
94	9		7:31:43	Henry	Cain	U11	Male	Stowmarket Striders RC	
95	52		7:35:61	Dylan	Browne	U15	Male	Scorpion Academy	
96	281		7:36:31	Archie	Underwood	U11	Male		0
97	84		7:38:01	Tielo	Ruffel francis	U11	Male	Scorpion Academy	
98	287		7:39:62	Clare	Wigg	Senior	Female	Stowmarket Striders RC	
99	20		7:40:83	Kate	Heeks	U15	Female	Stowmarket Striders RC	
100	38		7:41:95	Isabella	Porch	U11	Female	Stowmarket Striders RC	
101	300		7:42:28	Gemma	Porch	Senior	Female	Stowmarket Striders RC	
102	175		7:43:96	Liam	Hastings	Senior	Male		0
103	204		7:46:12	Benjamin	Johnys	Senior	Male		0
104	43		7:46:93	Lily	Tillbrook	U11	Female	Stowmarket Striders RC	
105	39		7:47:74	Bethany	Skoulding	U15	Female	Stowmarket Striders RC	
106	10		7:48:40	Henry	Chapman	U11	Male	Stowmarket Striders RC	
107	282		7:50:55	Mark	Underwood	V35	Male		0
108	247		7:56:11	Rita	Rue	V55	Female	Saint Edmund Pacers	
109	244		7:56:86	Denise	Robinson	V55	Female	Stowmarket Striders RC	
110	270		7:58:08	Alfie	Stinson	U15	Male		0
111	229		7:58:77	Sophie	Moody	Senior	Female	Stowmarket Striders RC	
112	12		8:00:20	Lewis	Cudmore	U15	Male	Stowmarket Striders RC	
113	203		8:03:40	Alexis	Johnys	Senior	Female		0
114	92		8:05:51	Alex	Utteridge	U13	Male	Scorpion Academy	

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115	246		8:07:17	Nicky	Rozier	Senior	Female		0
116	116		8:09:03	Oliver	Bomont	U11	Male		0
117	136		8:09:77	David	Cox	V50	Male	Stowmarket Striders RC	
118	41		8:12:71	Lois	Sparkes	U17	Female	Stowmarket Striders RC	
119	89		8:13:97	Thomas	Spelman	U11	Male	Scorpion Academy	
120	55		8:15:14	Bev	Bullet	V40	Female	Scorpion Academy	
121	177		8:15:71	Jo	Hayward	V45	Female		0
122	6		8:18:26	Olly	Beer	U17	Female	Stowmarket Striders RC	
123	95		8:19:78	Lynsey	Atkin	Senior	Female		0
124	195		8:22:42	Barry	Humphreys	V55	Male		0
125	267		8:23:04	Stephen	Spencer	V60	Male	Brandon Fernhoppers	
126	7		8:24:05	Megan	Brooks	U15	Female	Stowmarket Striders RC	
127	122		8:25:11	Paul	Cattermole	V55	Male		0
128	67		8:26:22	Jamie	Gibson	U15	Male	Scorpion Academy	
129	266		8:28:96	Tim	Sparkes	V40	Male		0
130	66		8:30:99	Mark	Francis	V50	Male	Scorpion Academy	
131	97		8:31:82	Chris	Aylmer	V65	Male	Newmarket Joggers	
132	30		8:33:94	Alex	McNamara	U11	Male	Stowmarket Striders RC	
133	181		8:35:89	Aimee	Heeks	U13	Female		0
134	27		8:36:64	Sonny	Larke	U11	Male	Stowmarket Striders RC	
135	15		8:41:59	Cheyenne	Edwards	U11	Female	Stowmarket Striders RC	
136	143		8:43:88	Carley	Donovan	Senior	Female	Stowmarket Striders RC	
137	80		8:44:60	Layla	Parsons	U11	Female	Scorpion Academy	
138	79		8:45:00	Jon	Parsons	Senior	Male	Scorpion Academy	
139	299		8:46:45	Nicholas	Wright	U11	Male		0
140	82		8:47:94	Ian	Ramsey	V35	Male	Scorpion Academy	
141	83		8:48:20	Will	Ribbon	Senior	Male	Scorpion Academy	
142	81		8:49:51	Ian	Ramsay	U11	Male	Scorpion Academy	
143	46		8:50:30	Ezmay	Wells	U11	Female	Stowmarket Striders RC	
144	232		8:51:97	Joe	Naughton	V50	Male	Stowmarket Striders RC	
145	272		8:53:34	Alex	Stubberfield	U11	Male		0
146	29		8:53:86	Isabelle	Lockwood	Senior	Female	Stowmarket Striders RC	
147	275		8:54:14	Fiona	Tricker	V50	Female	Stowmarket Striders RC	
148	34		8:54:64	Annie	Owen-Stiff	U11	Female	Stowmarket Striders RC	
149	13		8:55:40	Lara	Dolan	U13	Female	Stowmarket Striders RC	
150	144		8:55:68	Louise	Duckling	V45	Female		0
151	36		8:56:61	Harriet	Owen-Stiff	U11	Female	Stowmarket Striders RC	
152	170		8:57:85	Tamzin	Green	U11	Female		0
153	167		8:58:28	Philip	Green	V35	Male	Stowmarket Striders RC	
154	298		8:58:91	Jacqueline	Wright	Senior	Female		0
155	273		9:00:42	James	Stubberfield	V35	Male		0
156	180		9:01:18	Joshua	Hearsum	U11	Male		0
157	179		9:01:52	Fiona	Hearsum	Senior	Female	Stowmarket Striders RC	
158	123		9:03:29	Gill	Charlton	V55	Female	Stowmarket Striders RC	
159	4		9:04:80	Charlie	Beer	U13	Male	Stowmarket Striders RC	
160	14		9:07:35	Sherena	Edwards	U17	Female	Stowmarket Striders RC	
161	196		9:12:85	Tracy	Humphreys	V50	Female	Stowmarket Striders RC	
162	137		9:14:45	Diane	Cox	V50	Female	Stowmarket Striders RC	
163	2		9:14:64	Summer	Austin	U11	Female	Stowmarket Striders RC	
164	44		9:16:21	Isabelle	Walsh	U11	Female	Stowmarket Striders RC	
165	3		9:17:28	Mia	Bareham	U11	Female	Stowmarket Striders RC	
166	261		9:20:09	Gerry	Southgate	V60	Male		0
167	277		9:21:48	Chelsea	Triscott	Senior	Female		0
168	269		9:21:99	Jon	Stewart	V40	Male		0
169	104		9:23:32	Maddy	Barrett	Senior	Female		0
170	112		9:24:63	Ella	Bodsworth	U11	Female	Hadleigh Hares AC	
171	114		9:25:33	Ian	Bodsworth	V35	Male	Hadleigh Hares AC	

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Position	Race Number	Time	Finish Time	Forename	Surname	Age Category	Sex	Club or Team	
172	31		9:28:83	Megan	Meadows	U11	Female	Stowmarket Striders RC	
173	190		9:29:47	Christopher	Howell	U11	Male	Team H	
174	263		9:30:72	Janet	Southgate	V65	Female		0
175	16		9:31:27	Jack	Garnham	U11	Male	Stowmarket Striders RC	
176	288		9:31:80	Joshua	Wigg	U11	Male		0
177	109		9:32:21	Andrew	Berry	V55	Male		0
178	286		9:32:47	Mike	Walsh	V35	Male		0
179	71		9:33:78	Ollie	Holland	U17	Female	Scorpion Academy	
180	147		9:35:10	Boe	Durrant	U11	Male		0
181	146		9:35:42	Adam	Durrant	V35	Male		0
182	265		9:48:60	Noah	Sparkes	U11	Male		0
183	70		9:50:61	Christian	Graham	U11	Male	Scorpion Academy	
184	69		9:50:77	Andreana	Graham	U17	Female	Scorpion Academy	
185	78		9:54:73	Freddy	Parsons	U11	Male	Scorpion Academy	
186	264		9:55:18	Lisa	Sparkes	V40	Female		0
187	57		9:56:79	Molly	Clifford	U17	Female	Scorpion Academy	
188	72		9:57:24	Peter	Izzard	V50	Male	Scorpion Academy	
189	90		9:57:72	Wayne	Spelman	V40	Male	Scorpion Academy	
190	88		9:58:50	Paul	Sherman	V40	Male	Scorpion Academy	
191	87		9:58:85	Monty	Sherman	U11	Male	Scorpion Academy	
192	151		9:59:24	Lauren	Foster	U11	Female		0
193	152		9:59:47	Simon	Foster	V40	Male		0
194	58		9:59:71	Sam	Corsey	U13	Male	Scorpion Academy	
195	187		10:00:25	Tony	Holland	V35	Male		0
196	207		10:00:47	Matthew	Jones	U11	Male		0
197	209		10:00:70	Shaun	Jones	V35	Male	Stowmarket Striders RC	
198	65		10:01:50	Lilly rose	Fell	U15	Female	Scorpion Academy	
199	240		10:10:18	Monty	Palmer	U11	Male		0
200	238		10:10:88	Lester	Palmer	U11	Male		0
201	239		10:11:11	Matthew	Palmer	V35	Male		0
202	130		10:11:38	Louise	Cobbold	V35	Female		0
203	63		10:13:94	Ollie	Eames	U11	Male	Scorpion Academy	
204	11		10:20:22	Lottie	Chapman	U13	Female	Stowmarket Striders RC	
205	210		10:21:40	Cerys	King	U11	Female		0
206	212		10:21:62	Debbie	King	V35	Female	Stowmarket Striders RC	
207	132		10:22:13	Ellen	Cooney	U11	Male		0
208	59		10:23:80	Gemma	Dent	Senior	Female	Scorpion Academy	
209	242		10:26:90	Colin	Pretlove	V70	Male		0
210	182		10:28:36	Chloe	Heeks	U13	Female		0
211	40		10:29:12	Georgia	Southgate	U15	Female	Stowmarket Striders RC	
212	186		10:29:49	Michelle	Holden	V45	Female	Stowmarket Striders RC	
213	49		10:29:84	Milly	Bloom	U11	Female	Scorpion Academy	
214	221		10:30:14	Beth	Marsh	U11	Female		0
215	223		10:30:40	Christine	Marsh	V60	Female		0
216	290		10:31:33	Sophie	Wigg	U11	Female		0
217	289		10:35:50	Michael	Wigg	Senior	Male		0
218	48		10:35:92	Callum	Bloom	U11	Male	Scorpion Academy	
219	50		10:45:56	Sadie	Bloom	V35	Female	Scorpion Academy	
220	62		10:48:76	Charlie	Eames	U11	Female	Scorpion Academy	
221	64		10:50:36	Dave	Fell	V50	Male	Scorpion Academy	
222	285		10:50:58	Mia	Walsh	U11	Female		0
223	284		10:50:96	Clare	Walsh	V35	Female		0
224	256		10:51:17	Madison	Skoulding	U11	Female		0
225	255		10:55:27	Jane	Skoulding	V40	Female	Stowmarket Striders RC	
226	127		10:56:45	Amy	Cobbold	U11	Female		0
227	113		10:56:64	Harry	Bodsworth	U11	Male	Hadleigh Hares AC	
228	115		10:57:06	Rachel	Bodsworth	V35	Female	Hadleigh Hares AC	

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229	73		10:57:61	Ben	Langley	U13	Male	Scorpion Academy	
230	74		10:58:89	Hayley	Langley	V35	Female	Scorpion Academy	
231	133		11:01:38	Lucy	Cooney	Senior	Male		0
232	101		11:06:20	Annabelle	Banthorpe	U11	Female	Run for Your Life	
233	100		11:12:20	Jessica	Baldry	V35	Female	Run for Your Life	
234	268		11:14:59	Zachary	Statles	U11	Male		0
235	291		11:20:70	Kim	Williams	V35	Female		0
236	262		11:25:67	Ivy	Southgate	U11	Female		0
237	216		11:25:93	Ralph	Lambert-John	U11	Male	Coltishall Jaguars	
238	215		11:26:76	Nicola	Lambert-John	Senior	Female	Coltishall Jaguars	
239	214		11:30:21	James	Lambert	V35	Male	Coltishall Jaguars	
240	154		11:39:04	Emma	Garrod	V35	Female		0
241	86		12:01:40	Mireille	Ruffles francis	V45	Female	Scorpion Academy	
242	68		12:04:47	Lisa	Gibson	V35	Female	Scorpion Academy	
243	237		12:15:75	Laura	Palmer	Senior	Female		0
244	222		12:19:66	Caitlin	Marsh	U11	Female		0
245	75		12:20:03	India	Langley	U11	Female	Scorpion Academy	
246	51		12:22:98	Taylor	Bloom	U11	Male	Scorpion Academy	
247	191		12:23:20	Esmee	Howell	U11	Female	Team H	
248	192		12:35:14	Joanna	Howell	V40	Female	Team H	
249	166		12:35:44	Ilsa	Green	U11	Female		0
250	168		12:39:93	Seth	Green	U11	Male		0
251	105		12:40:14	Claire	Batthey	V35	Female	Stowmarket Striders RC	
252	61		13:11:66	Oscar	Durrant	U11	Male	Scorpion Academy	
253	60		13:12:44	Lucy	Durrant	Senior	Female	Scorpion Academy	
254	76		13:13:22	Andy	Lewis	V40	Male	Scorpion Academy	
255	208		13:17:41	Max	Jones	U11	Male		0
256	205		13:19:36	Kate	Jones	V35	Female		0
257	149		13:22:16	Etta	Durrant	U11	Female		0
258	148		13:22:43	Charlotte	Durrant	V35	Female	Stowmarket Striders RC	
259	189		13:25:04	Bella	Howell	U11	Female	Team H	
260	193		13:25:40	Stuart	Howell	V35	Male	Team H	
261	124		18:30:92	Kerry M	Charlton	V50	Female		0