

Stowmarket Striders Golden Mile 2017  
Provisional Results

Position	Race Number	Finish Time	Forename	Surname	Age Category		Club or Team	
1	1221	4:31	John	Millar	Senior	Male	Ipswich Harriers	
2	1261	4:49	Alex	Tripp	U19	Male	Ipswich Harriers	
3	1289	4:51	James	Wilson	Senior	Male	Saxmundham Saxons	
4	1244	5:08	Robert	Smith	Senior	Male	Colchester Harriers AC	
5	1224	5:09	Emily	Moyes	Senior	Female	West Suffolk AC	
6	1180	5:10	Adam	Howlett	V45	Male	Framlingham Flyers	
7	1130	5:13	James	Cornish	V40	Male	Woodbridge Shufflers	
8	1168	5:15	Alex	Harrison	U19	Male	SDCC Tri team	
9	1171	5:16	Mark	Hayward	Senior	Male	Newmarket Joggers	
10	1028	5:21	Morgan	Moore	U17	Male	Stowmarket Striders RC	
11	1105	5:22	Steve	Brooke	V45	Male	Felixstowe RRC	
12	1153	5:29	Neil	Gillingham	Senior	Male	Ipswich Harriers	
13	1131	5:32	Matthew	Crane	Senior	Male	Saint Edmund Pacers	
14	1185	5:33	Daniel	Ingleby	Senior	Male	Ipswich Jaffa RC	
15	1082	5:37	Will	Aldred	V45	Male	Framlingham Flyers	
16	1122	5:41	Jo	Coates	V40	Female	Saint Edmund Pacers	
17	1166	5:43	Robin	Harper	V40	Male	Felixstowe RRC	
18	1038	5:48	Harry	Tillbrook	U17	Male	Stowmarket Striders RC	
19	1176	5:48	Alex	Hobbs	Senior	Male		0
20	1294	5:53	George	Wright	Senior	Male	Stowmarket Striders RC	
21	1125	5:57	Chris	Cobbold	V40	Male		0
22	1290	6:03	Peter	Woods	Senior	Male	Felixstowe RRC	
23	1209	6:04	Martin	Little	V45	Male	Stowmarket Striders RC	
24	1202	6:06	Chuck	Layzel	Senior	Male		0
25	1096	6:08	Peter	Bird	V40	Male	Saint Edmund Pacers	
26	1120	6:10	Wayne	Close	Senior	Male		0
27	1017	6:12	Jake	Hayward	U13	Male	Stowmarket Striders RC	
28	1020	6:14	Alfie	Larke	U17	Male	Stowmarket Striders RC	
29	1061	6:16	Mikey	Ogelsby	Senior	Male	Scorpion Academy	
30	1226	6:18	Karl	Osborn	Senior	Male		0
31	1197	6:20	Katie	King	Senior	Female	Saint Edmund Pacers	
32	1022	6:22	Zachary	Lewis	U13	Male	Stowmarket Striders RC	
33	1140	6:23	Caleb	Djanmah	Senior	Male		0
34	1007	6:24	Josephine	Beer	U13	Female	Stowmarket Striders RC	
35	1042	6:25	Isabella	Welch	U13	Female	Stowmarket Striders RC	
36	1106	6:26	Kerry	Buckley	V45	Male	Run For Your Life	
37	1241	6:27	Lewis	Shaw	Senior	Male	Running Colchester	
38	1298	6:28	James	Youngs	V40	Male		0
39	1157	6:28	Mark	Godbold	V50	Male	Ipswich Harriers	
40	1181	6:32	Mark	Hughes	V45	Male	Stowmarket Striders RC	
41	1121	6:35	Lee	Close	Senior	Male		0
42	1085	6:37	Karen	Austin	Senior	Female		0
43	1215	6:38	Nicola	Martell-Smith	Senior	Female	Colchester Harriers AC	
44	1013	6:39	Henry	Cain	U13	Male	Stowmarket Striders RC	
45	1033	6:42	Imogen	Porch	U11	Female	Stowmarket Striders RC	
46	1156	6:46	Chris	Gladwell	V60	Male	Stowmarket Striders RC	
47	1006	6:49	Izzy	Beer	U15	Female	Stowmarket Striders RC	
48	1100	6:51	Keith	Borrett	V60	Male		0
49	1030	6:52	Edward	Owen-Stiff	U15	Male	Stowmarket Striders RC	
50	1008	6:53	Noah	Besley	U11	Male	Stowmarket Striders RC	
51	1084	6:54	Dunn	Amanda	V40	Female	Hadleigh Hares	
52	1243	6:56	Lydia	Simmons	Senior	Female		0
53	1075	6:57	Josh	Trent	Senior	Male	Scorpion Academy	
54	1045	6:59	Connor	Yarrow	U15	Male	Stowmarket Striders RC	
55	1269	7:03	Catherine	Walsh	V45	Female	Felixstowe RRC	
56	1165	7:05	Paul	Hales	V50	Male	Capel Cheetahs	

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Position	Race Number	Finish Time	Forename	Surname	Age Category		Club or Team	
57	1002	7:06	Scarlett	Angove	U17	Female	Stowmarket Striders RC	
58	1293	7:08	Scott	Woolnough	Senior	Male		0
59	1097	7:08	Eloise	Bird	V45	Female	Saint Edmund Pacers	
60	1126	7:09	Joshua	Cobbold	U13	Male		0
61	1018	7:10	Kate	Heeks	U17	Female	Stowmarket Striders RC	
62	1065	7:12	Joshua	Holland	U17	Male	Scorpion Academy	
63	1246	7:13	Jez	Sore	V50	Male		0
64	1263	7:14	Courtney	Turner	U17	Female	Felixstowe RRC	
65	1086	7:15	Paul	Austin	Senior	Male		0
66	1256	7:16	Jon	Stewart	V40	Male		0
67	1136	7:20	Stephen	Dawson	V40	Male		0
68	1170	7:20	Jo	Hayward	V45	Female		0
69	1203	7:21	Mon	Lee	V55	Male	Ipswich Jaffa RC	
70	1206	7:27	Jeremy	Ling	Senior	Male		0
71	1041	7:27	Mae	Washington	U13	Female	Stowmarket Striders RC	
72	1127	7:29	David	Coley	V65+	Male	Ipswich Jaffa RC	
73	1058	7:31	Vaughn	Ruffles	U13	Male	Scorpion Academy	
74	1196	7:32	Samuel	Keable	Senior	Male		0
75	1188	7:34	Daniel	Ingram	U9	Male		0
76	1186	7:34	Jamie	Ingram	Senior	Male		0
77	1010	7:35	Tom	Brewster	U15	Male	Stowmarket Striders RC	
78	1059	7:36	Trilo	Ruffles	U11	Male	Scorpion Academy	
79	1271	7:37	Clare	Walsh	Senior	Female		0
80	1124	7:39	Louise	Cobbold	Senior	Female		0
81	1005	7:41	Charlie	Beer	U15	Male	Stowmarket Striders RC	
82	1019	7:42	Peter	Jardine	U13	Male	Stowmarket Striders RC	
83	1115	7:43	Daniel	Church	U11	Male		0
84	1039	7:44	Lily	Tillbrook	U11	Female	Stowmarket Striders RC	
85	1232	7:45	Lester	Palmer	U9	Male		0
86	1230	7:45	Matthew	Palmer	Senior	Male		0
87	1110	7:47	Carole	Challis	Senior	Female	I Can Run club	
88	1021	7:48	Sonny	Larke	U13	Male	Stowmarket Striders RC	
89	1025	7:51	Alex	McNamara	U13	Male	Stowmarket Striders RC	
90	1288	7:52	Joshua	Wigg	U9	Male		0
91	1285	7:52	Clare	Wigg	Senior	Female	Stowmarket Striders RC	
92	1234	7:54	Matt	Reason	Senior	Male	Stowmarket Striders RC	
93	1247	7:56	Richard	Sore	V45	Male	Ipswich JAFFA RC	
94	1009	7:59	Joseph	Besley	U9	Male	Stowmarket Striders RC	
95	1095	7:59	Bill	Besley	V45	Male	Stowmarket Striders RC	
96	1149	8:00	Tracie	Emerson	V45	Female		0
97	1128	8:01	Kerby	Colgan	Senior	Female		0
98	1242	8:01	Victoria	Shortley	Senior	Female		0
99	1037	8:04	Amelie	Stride	U13	Female	Stowmarket Striders RC	
100	1169	8:05	Jan	Hart	V45	Female	Run for your Life	
101	1158	8:08	Malene	Godson	V45	Female	Stowmarket Striders RC	
102	1094	8:09	Andrew	Berry	V55	Male		0
103	1064	8:11	Tony	Holland	V45	Male	Scorpion Academy	
104	1250	8:12	Tim	Sparkes	V40	Male		0
105	1218	8:13	Emily	McGill	U11	Female	Colchester Harriers AC	
106	1023	8:13	Isabelle	Lockwood	U11	Female	Stowmarket Striders RC	
107	1040	8:14	Isabelle	Walsh	U13	Female	Stowmarket Striders RC	
108	1154	8:15	Mike	Gillingham	V60	Male		0
109	1254	8:15	James	Spillett	V45	Female		0
110	1147	8:18	Boe	Durrant	U9	Male		0
111	1146	8:19	Adam	Durrant	Senior	Male		0
112	1026	8:20	Megan	Meadows	U11	Female	Stowmarket Striders RC	

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Position	Race Number	Finish Time	Forename	Surname	Age Category	Gender	Club or Team	
113	1167	8:20	Charlotte	Harrison	Senior	Female	SDCC Tri team	
114	1219	8:21	Terry	Meadows	Senior	Male		0
115	1001	8:22	Reece	Alexander	U13	Male	Stowmarket Striders RC	
116	1081	8:26	Pippa	Graham	U13	Female	Scorpion Academy	
117	1192	8:27	Fiona	Jones	U9	Female		0
118	1087	8:29	Chris	Aylmer	V65+	Male	Newmarket Joggers	
119	1072	8:30	Damien	Murphy	U11	Male	Scorpion Academy	
120	1016	8:32	Jack	Garnham	U13	Male	Stowmarket Striders RC	
121	1003	8:35	Summer	Austin	U13	Female	Stowmarket Striders RC	
122	1032	8:36	Harriet	Owen-Stiff	U13	Female	Stowmarket Striders RC	
123	1191	8:39	Claire	Jones	V40	Female		0
124	1036	8:40	Lois	Sparkes	U17	Female	Stowmarket Striders RC	
125	1265	8:41	Rachael	Vickers	Senior	Female		0
126	1024	8:42	Kyle	Mayhew	U11	Male	Stowmarket Striders RC	
127	1216	8:45	Myles	Martell-Smith	U9	Male		0
128	1044	8:46	Frank	Wilden	U11	Male	Stowmarket Striders RC	
129	1031	8:47	Annie	Owen-Stiff	U13	Female	Stowmarket Striders RC	
130	1174	8:48	Aimee	Heeks	U15	Female		0
131	1071	8:49	Gerry	Murphy	U13	Male	Scorpion Academy	
132	1245	8:5	David	Smith	V55	Male		0
133	1083	8:55	Howard	Allen	V45	Male		0
134	1162	8:56	Tamzin	Green	U11	Female		0
135	1011	8:56	Emily	Brewster	U11	Female	Stowmarket Striders RC	
136	1236	8:57	Alison	Renshaw	Senior	Female	Ipswich Jaffa RC	
137	1104	8:57	David	Brewster	Senior	Male		0
138	1177	8:58	Christopher	Howell	U9	Male		0
139	1103	9:00	Amanda	Brewster	V40	Female	Stowmarket Striders RC	
140	1252	9:01	Charis	Sparkes	U15	Female		0
141	1123	9:01	Amy	Cobbold	U11	Female		0
142	1161	9:02	Philip	Green	Senior	Male	Stowmarket Striders RC	
143	1099	9:03	Hannah	Booty	Senior	Female	Bungay Black Dog Running Club	
144	1051	9:03	Andy	Lewis	V40	Male	Scorpion Academy	
145	1117	9:07	Melissa	Clarke	Senior	Female		0
146	1060	9:10	Thomas	Spelman	U11	Male	Scorpion Academy	
147	1080	9:11	Milly	Graham	U15	Female	Scorpion Academy	
148	1129	9:14	Ellen	Cooney	U9	Female		0
149	1109	9:14	Paul	Cattermole	Senior	Male		0
150	1055	9:15	Ollie	Eames	U9	Male	Scorpion Academy	
151	1267	9:17	Daniel	Wallace	U9	Male		0
152	1073	9:18	Will	Ribbons	Senior	Male	Scorpion Academy	
153	1053	9:21	Lucy	Durrant	Senior	Female	Scorpion Academy	
154	1296	9:23	Harry	Young	U11	Male		0
155	1295	9:24	Heidi	Young	Senior	Female		0
156	1182	9:25	Jaime	Hyland	Senior	Male		0
157	1201	9:27	Gemma	Langridge	Senior	Female	Stowmarket Striders RC	
158	1004	9:28	Mia	Bareham	U13	Female	Stowmarket Striders RC	
159	1070	9:28	Luca	Puricella	U13	Male	Scorpion Academy	
160	1251	9:29	Lisa	Sparkes	V40	Female		0
161	1260	9:32	Fiona	Tricker	V50	Female	Stowmarket Striders RC	
162	1079	9:34	Christian	Graham Jnr	U9	Male	Scorpion Academy	
163	1078	9:35	Christian	Graham Snr	V40	Male	Scorpion Academy	
164	1159	9:36	Emma	Godson	U15	Female		0
165	1225	9:37	Joe	Naughton	V55	Male	Stowmarket Striders RC	
166	1116	9:38	Jack	Church	U9	Male		0
167	1114	9:38	Simon	Church	Senior	Male		0
168	1057	9:39	Sam	Corsie	U13	Male	Scorpion Academy	

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169	1286	9:40	Sophie	Wigg	U9	Female		0
170	1287	9:40	Michael	Wigg	Senior	Male		0
171	1069	9:40	Callum	Bloom	U9	Male	Scorpion Academy	
172	1047	9:41	Mark	Trent	V50	Male	Scorpion Academy	
173	1272	9:41	Mia	Walsh	U9	Female		0
174	1270	9:41	Mike	Walsh	Senior	Male		0
175	1277	9:42	Laura	Welham	Senior	Female		0
176	1027	9:43	Jake	Meads	U11	Male	Stowmarket Striders RC	
177	1089	9:44	Annabelle	Banthorpe	U9	Female		0
178	1091	9:47	Kevin	Banthorpe	V40	Male		0
179	1068	9:48	Millie	Bloom	U11	Female	Scorpion Academy	
180	1067	9:48	Sadie	Bloom	Senior	Female	Scorpion Academy	
181	1264	9:53	Sharon	Turner	V45	Female	I can run club	
182	1101	9:54	Layton	Branch	U9	Male		0
183	1253	9:55	Noah	Sparkes	U13	Male		0
184	1179	9:58	Esmee	Howell	U9	Female		0
185	1178	9:58	Stuart	Howell	V40	Male		0
186	1223	10:00	Kara	Moore-damant	Senior	Female	Stowmarket Striders RC	
187	1029	10:01	Matthew	Moore	U11	Male	Stowmarket Striders RC	
188	1102	10:01	Karie	Branch	V45	Female		0
189	1258	10:03	Hannah	Tillson	Senior	Female		0
190	1142	10:03	Oliver	Dommett	U13	Male		0
191	1090	10:04	Tom	Banthorpe	U9	Male		0
192	1088	10:04	Jessica	Baldry	Senior	Female		0
193	1134	10:05	David	Damant	V45	Male	Stowmarket Striders RC	
194	1152	10:05	William	Garnham	U9	Male		0
195	1200	10:06	Ralph	Lambert-John	U9	Male		0
196	1275	10:06	Oscar	Webb	U9	Male		0
197	1276	10:06	Nikki	Webb	Senior	Female		0
198	1092	10:07	Maddy	Barrett	Senior	Female		0
199	1150	10:07	Lisa	Flitcroft	Senior	Female		0
200	1199	10:07	Nicola	Lambert-John	Senior	Female	Coltishall Jaguars	
201	1198	10:08	James	Lambert	Senior	Male	Coltishall Jaguars	
202	1282	10:08	Layla	White	U9	Female		0
203	1205	10:08	Lacey	Ling	U9	Female		0
204	1204	10:09	Jason	Ling	Senior	Male		0
205	1248	10:12	Ivy	Southgate	U9	Female		0
206	1063	10:25	Harry	Dring	U15	Male	Scorpion Academy	
207	1074	10:30	Alfie	Rawson	U13	Male	Scorpion Academy	
208	1066	10:33	Oliver	Holland	U13	Male	Scorpion Academy	
209	1173	10:34	Chloe	Heeks	U15	Female		0
210	1184	10:38	Ruby	Ife	U11	Female		0
211	1035	10:42	Georgia	Southgate	U13	Female	Stowmarket Striders RC	
212	1249	10:42	Gareth	Southgate	V45	Male	Stowmarket Striders RC	
213	1268	10:43	Luke	Wallace	U9	Male		0
214	1266	10:44	Lindi	Wallace	Senior	Female		0
215	1151	10:46	Garrick	Fox	V65+	Male	Bungay Black Dog Running Club	
216	1211	10:49	Beth	Marsh	U13	Female		0
217	1076	11:00	Peter	Izzard	V50	Male	Scorpion Academy	
218	1077	11:01	Molly	Clifford	U17	Female	Scorpion Academy	
219	1235	11:04	Jane	Reason	V50	Female		0
220	1054	11:06	Oscar	Durrant	U9	Male	Scorpion Academy	
221	1052	11:07	Tim	Durrant	V40	Male	Scorpion Academy	
222	1273	11:08	Lindsey	Ward	V50	Female		0
223	1229	11:12	Michele	Ostler	V55	Female		0
224	1208	11:15	Bailey	Ling	U9	Male		0

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225	1207	11:24	Leanne	Ling	Senior	Female		0
226	1112	11:24	Steve	Chapman	V45	Male	Stowmarket Striders RC	
227	1274	11:43	Gail	Webb	V45	Female		0
228	1164	11:49	Seth	Green	U9	Male		0
229	1163	11:50	Isla	Green	U9	Female		0
230	1093	11:54	Claire	Bathey	Senior	Female	Stowmarket Striders RC	
231	1048	12:00	Dave	Fell	V50	Male	Scorpion Academy	
232	1195	12:01	Tillie	Keable	U9	Female		0
233	1194	12:01	Scott	Keable	Senior	Male		0
234	1193	12:02	Kim	Keable	Senior	Female		0
235	1056	12:08	Charlie	Eames	U11	Male	Scorpion Academy	
236	1049	12:23	Hannah	Trent	Senior	Female	Scorpion Academy	
237	1212	12:24	Caitlin	Marsh	U11	Female		0
238	1214	12:28	Christine	Marsh	V60	Female		0
239	1238	12:35	Olivia	Risdale-Barrs	U9	Female		0
240	1148	12:35	Etta	Durrant	U9	Female		0
241	1145	12:36	Charlotte	Durrant	Senior	Female	Stowmarket Striders RC	
242	1133	12:39	Kezia	Cullum	U9	Female	Run for your Life	
243	1132	12:39	Kelly	Cullum	Senior	Female	Run for your Life	
244	1291	12:50	Alison	Woods	V60	Female		0
245	1143	12:56	Teddy	Dommett	U11	Male		0
246	1043	13:02	Owen	Whymark	U13	Male	Stowmarket Striders RC	
247	1239	13:05	Oscar	Risdale-Barrs	U9	Male		0
248	1237	13:05	Wendy	Risdale-Barrs	V40	Female	Stowmarket Striders RC	
249	1189	13:40	Alexander	Ingram	Senior	Male		0
250	1187	13:48	Sarah	Ingram	Senior	Female		0
251	1144	14:03	Pippa	Dommett	U9	Female		0
252	1141	14:04	Sarah	Dommett	V40	Female		0
253	1284	14:13	Evie	Whymark	U9	Female		0
254	1283	14:22	Ruth	Whymark	Senior	Female		0
255	1113	16:47	Kerry M	Charlton	V50	Female		0