

## Stowmarket Striders Golden Mile 2018

## Results

Position	Race Number	Finish Time	Forename	Surname	Age Category	Sex	Club or Team	
1	465	4.52	Tony	Gavin	Senior	Male	Felixstowe RRC	
2	382	4.57	Holly	Archer	Senior	Female	Cambridge & Coleridge AC	
3	431	4.58	Steve	Cooper	MV45	Male	Blackheath and Bromley Harriers AC	
4	419	5.02	Samuel	Burdett	Senior	Male	Stowmarket Striders RC	
5	555	5.03	Robert	Reason	Senior	Male	Harwich Runners	
6	540	5.04	Emily	Moyes	Senior	Female	West Suffolk ac	
7	488	5.06	Alex	Harrison	U19B	Male	Stowmarket Striders RC	
8	569	5.07	Robert	Smith	Senior	Male	Colchester Harriers	
9	436	5.08	Fergus	Crouch	U19B	Male	Colchester Harriers	
10	441	5.09	Gavin	Davies	Senior	Male	Ipswich Jaffa RC	
11	455	5.15	Andy	Ellis	Senior	Male	Felixstowe RRC	
12	432	5.15	James	Cornish	MV40	Male	Woodbridge Sufflers	
13	504	5.15	Daniel	Ingleby	Senior	Male	Ipswich Jaffa RC	
14	509	5.20	Christipher	James	Senior	Male		0
15	417	5.21	Stuart	Buchan	Senior	Male	Stowmarket Striders RC	
16	415	5.22	Steve	Brooke	MV50	Male	Felixstowe RRC	
17	532	5.37	Melvyn	Maycock	Senior	Male	Ipswich Jaffa RC	
18	321	5.37	Millie	Jordan-Lee	U17G	Female	Stowmarket Striders RC	
19	320	5.37	Maddie	Jordan-Lee	U17G	Female	Stowmarket Striders RC	
20	520	5.37	Jon	Lockwood	MV45	Male		0
21	554	5.38	Mark	Pywell	MV45	Male	Istead & Ifield Harriers	
22	454	5.40	Ian	Elden	MV40	Male	Ipswich Jaffa RC	
23	332	5.42	Morgan	Moore	U19B	Male	Stowmarket Striders RC	
24	487	5.42	Robin	Harper	MV40	Male	Felixstowe RRC	
25	552	5.44	Milly	Presland	U15G	Female	Colchester Harriers AC	
26	385	5.45	Darren	Barfield	Senior	Male	Sudbury joggers	
27	416	5.48	Jason	Brunt	MV45	Male	Norfolk Gazelles AC	
28	490	5.49	Alan	Hart	MV40	Male	Stowmarket Striders RC	
29	317	5.52	Jake	Hayward	U15B	Male	Stowmarket Striders RC	
30	418	5.57	Kerry	Buckley	MV45	Male	Run For Your Life	
31	566	5.58	Lewis	Shaw	Senior	Male	Colchester Harriers	
32	515	5.59	Chuck	Layzell	Senior	Male	Run for your life	
33	561	6.01	Brian	Rogers	MV60	Male	Ipswich Jaffa RC	
34	578	6.01	William	Terry	U19B	Male	Stowmarket Striders RC	
35	590	6.04	Peter	Woods	Senior	Male	Felixstowe RRC	
36	406	6.08	Jasmine	Bilner	U17G	Female	Ipswich Jaffa RC	
37	516	6.12	Mark	Leeks	MV40	Male	Ipswich Jaffa RC	
38	420	6.13	Lynne	Champion	FV45	Female	Istead & Ifield Harriers	
39	421	6.13	Mark	Champion	MV50	Male	Istead & Ifield Harriers	
40	412	6.14	David	Brewster	Senior	Male		0
41	437	6.14	Stephen	Dady	MV65	Male	Wymondham ac	
42	460	6.16	Harvey	Foreman	U13B	Male	Diss & District AC	
43	384	6.18	Douglas	Barber	MV55	Male	Coltishall Jaguars RC	
44	503	6.19	Mark	Hughes	MV50	Male	Stowmarket Striders RC	
45	312	6.20	George	Cain	U15B	Male	Stowmarket Striders RC	
46	301	6.24	Max	Adderson	U13B	Male	Stowmarket Striders RC	
47	519	6.27	Martin	Little	MV45	Male	Stowmarket Striders RC	
48	386	6.27	Eva	Barton	U11G	Female	Riddlesworth Hall School	
49	459	6.27	Sarah	Fitch	FV40	Female	Felixstowe RRC	
50	422	6.29	Chris	Chorley	MV55	Male	Bungay Black Dog RC	
51	387	6.30	Max	Barton	U11B	Male	Riddlesworth Hall School	
52	344	6.32	Charlie	Smith	U11B	Male	Stowmarket Striders RC	
53	335	6.32	Imogen	Porch	U11G	Female	Stowmarket Striders RC	
54	334	6.33	Gemma	Porch	FV35	Female	Stowmarket Striders RC	
55	356	6.33	Ben	Langley	U13G	Female	Scorpion Academy	
56	306	6.35	Noah	Besley	U11B	Male	Stowmarket Striders RC	
57	542	6.35	Mary	Narey	FV50	Female	Stowmarket Striders RC	
58	363	6.42	Tom	Leight	U15B	Male	Scorpion Academy	
59	354	6.43	Vaughan	Francis	U15B	Male	Scorpion Academy	
60	567	6.43	Lydia	Simmons	Senior	Female	Saint Edmund Pacers	

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61	534	6.44	Paul	Maycock	MV60	Male	Capel Cheetahs	
62	466	6.46	Alfie	Glanville	U15B	Male		0
63	458	6.50	George	Firth	Senior	Male	Stowmarket Striders RC	
64	513	6.56	Joseph	Kulesa	U17B	Male		0
65	593	6.57	Neville	Short	0	Male	#N/A	
66	535	6.58	Paul	McCallister	MV50	Male	Hadleigh Hares	
67	553	6.58	Glenn	Proctor	MV45	Male	Stowmarket Striders RC	
68	544	7.00	Karl	Osborn	MV40	Male	SDCC Tri Team	
69	531	7.01	Lorna	Maycock	Senior	Female	Capel Cheetahs	
70	333	7.02	Lester	Palmer	U11B	Male	Stowmarket Striders RC	
71	374	7.02	Josh	Trent	Senior	Male	Scorpion Academy	
72	536	7.04	Darran	McGill	Senior	Male	Colchester Harriers	
73	533	7.06	Oliver	Maycock	U11B	Male		0
74	507	7.08	Jamie	Ingram	MV40	Male		0
75	426	7.15	Chris	Cobbold	MV40	Male		0
76	547	7.16	Matthew	Palmer	MV40	Male		0
77	302	7.17	Scarlett	Angove	U17G	Female	Stowmarket Striders RC	
78	591	7.18	Scott	Woolnough	Senior	Male		0
79	355	7.18	Jamie	Gilson	U19B	Male	Scorpion Academy	
80	313	7.19	Henry	Cain	U13B	Male	Stowmarket Striders RC	
81	405	7.23	Joseph	Besley	U11B	Male		0
82	404	7.23	Bill	Besley	MV45	Male	Stowmarket Striders RC	
83	492	7.25	Jo	Hayward	FV45	Female	Stowmarket Striders RC	
84	497	7.26	James	Holmes	Senior	Male	Stowmarket Striders RC	
85	369	7.26	Will	Ribbon	Senior	Male	Scorpion Academy	
86	434	7.27	Ruth	Cowlin	FV50	Female	Sudbury Joggers	
87	318	7.28	Kate	Heeks	U17G	Female	Stowmarket Striders RC	
88	343	7.34	Emma	Smith	U13G	Female	Stowmarket Striders RC	
89	359	7.34	Russell	Langley	Senior	Male	Scorpion Academy	
90	506	7.34	Daniel	Ingram	U11B	Male		0
91	586	7.35	Joshua	Wigg	U11B	Male		0
92	483	7.36	Paul	Hales	MV50	Male		0
93	574	7.40	Tim	Sparkes	MV40	Male		0
94	579	7.41	Courtney	Turner	U17G	Female	Felixstowe RRC	
95	353	7.42	Teilo	Francis	U13B	Male	Scorpion Academy	
96	510	7.44	Anna	Kocinska	FV35	Female	I Can Run Club	
97	308	7.50	Tom	Brewster	U15B	Male	Stowmarket Striders RC	
98	495	7.51	Mike	Hill	MV65	Male	Framingham Flyers	
99	403	7.52	Andrew	Berry	MV55	Male		0
100	329	7.53	Alex	McNamara	U13B	Male	Stowmarket Striders RC	
101	322	7.56	Sonny	Larke	U13B	Male	Stowmarket Striders RC	
102	468	7.57	Thomas	Glanville	U13B	Male		0
103	442	7.58	Andy	Davis	MV45	Male		0
104	467	7.58	Philip	Glanville	MV40	Male		0
105	411	8.00	David	Brewster	MV45	Male		0
106	330	8.04	Megan	Meadows	U13G	Female	Stowmarket Striders RC	
107	303	8.05	Sophie	Beales	U15G	Female	Stowmarket Striders RC	
108	345	8.06	Oliver	Beaumont	U15B	Male	Scorpion Academy	
109	394	8.06	Dan	Belcher-Hackett	MV40	Male		0
110	311	8.17	Finlay	Buick	U11B	Male	Stowmarket Striders RC	
111	360	8.17	Gillian	Leight	FV45	Female	Scorpion Academy	
112	362	8.18	Robert	Leight	MV45	Male	Scorpion Academy	
113	480	8.19	Tamzin	Green	U11G	Female		0
114	498	8.20	Adriana	Houchell	Senior	Female	Ipswich Jaffa RC	
115	560	8.21	Denise	Robinson	FV60	Female	Stowmarket Striders RC	
116	366	8.21	Jack	Peacock	U13B	Male	Scorpion Academy	
117	365	8.21	Ian	Peacock	MV40	Male	Scorpion Academy	
118	473	8.22	William	Gower	U11B	Male		0
119	450	8.23	Boe	Durrant	U11B	Male		0
120	449	8.23	Adam	Durrant	Senior	Male		0

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121	563	8.25	Bobbie	Sauerzapf	FV55	Female	Bungay Black Dog RC	
122	562	8.28	Laura	Rozier	Senior	Female		0
123	489	8.28	Charlotte	Harrison	FV40	Female	Stowmarket Striders RC	
124	511	8.29	Isaac	Kulesa	U13B	Male		0
125	528	8.31	Myles	Martell-Smith	U11B	Male		0
126	529	8.31	Nicola	Martell-Smith	Senior	Female	Colchester Harriers	
127	512	8.32	Joe	Kulesa	MV45	Male		0
128	576	8.33	Hollie	Sutherland	Senior	Female	Felixstowe RRC	
129	383	8.34	Chris	Aylmer	MV65	Male	Newmarket Joggers	
130	549	8.35	Tracie	Paris-Oakes	FV50	Female		0
131	427	8.37	Joshua	Cobbold	U13B	Male		0
132	428	8.37	Louise	Cobbold	FV35	Female		0
133	342	8.38	Frank	Wilden	U11B	Male	Stowmarket Striders RC	
134	537	8.44	Emily	McGill	U13G	Female	Colchester Harriers	
135	475	8.44	Chloe	Grant	Senior	Female		0
136	559	8.47	Joe	Roberts	Senior	Male		0
137	350	8.49	Ollie	Eames	U11B	Male	Scorpion Academy	
138	493	8.49	Aimee	Heeks	U15G	Female		0
139	309	8.51	Emily	Brewster	U13G	Female	Stowmarket Striders RC	
140	368	8.54	Thomas	Peacock	U13B	Male	Scorpion Academy	
141	367	8.56	Sarah	Peacock	FV45	Female	Scorpion Academy	
142	482	8.58	Lorraine	Hales	FV45	Female		0
143	438	8.59	Sylvia	Dady	FV35	Female	Wymondham ac	
144	565	9.01	Jacqui	Seymour	FV45	Female		0
145	341	9.02	Ezmay	Wells	U13G	Female	Stowmarket Striders RC	
146	409	9.03	Amanda	Brewster	FV40	Female	Stowmarket Striders RC	
147	351	9.04	Dave	Fell	MV50	Male	Scorpion Academy	
148	375	9.04	Mark	Trent	MV50	Male	Scorpion Academy	
149	390	9.06	Ben	Beighton	U11B	Male		0
150	499	9.07	Christopher	Howell	U11B	Male		0
151	414	9.08	Kian	Brewster	U13B	Male		0
152	325	9.16	Niamh	Magee	U11G	Female	Stowmarket Striders RC	
153	310	9.16	Sinead	Buick	U13G	Female	Stowmarket Striders RC	
154	527	9.17	Lacey	Martell-Smith	U11G	Female		0
155	440	9.17	Smith	David	MV55	Male	Colchester Harriers	
156	430	9.17	Deborah	Cook	FV50	Female	Stowmarket Striders RC	
157	337	9.20	Molly	Talbot	U11G	Female	Stowmarket Striders RC	
158	530	9.20	Gemma	Maycock	FV35	Female		0
159	328	9.20	Kyle	Mayhew	U11B	Male	Stowmarket Striders RC	
160	371	9.22	Paul	Sherman	MV50	Male	Scorpion Academy	
161	571	9.23	Lisa	Sparkes	FV45	Female		0
162	543	9.24	Rachel	Oakley	FV50	Female	Stowmarket Striders RC	
163	514	9.25	Paula	Lamb	FV35	Female		0
164	327	9.27	Chloe	Mayhew	U11G	Female	Stowmarket Striders RC	
165	486	9.27	Samuel	Hamilton	U11B	Male		0
166	479	9.27	Seth	Green	U11B	Male		0
167	478	9.28	Philip	Green	Senior	Male	Stowmarket Striders RC	
168	485	9.28	Karen	Hamilton	FV45	Female	Stowmarket Striders RC	
169	525	9.30	Beth	Marsh	U13G	Female		0
170	407	9.31	Maria	Bilner	FV40	Female	Ipswich Jaffa RC	
171	585	9.32	Laura	Welham	Senior	Female		0
172	319	9.33	Fiona	Jones	U11G	Female	Stowmarket Striders RC	
173	539	9.34	Kara	Moore-Damant	FV35	Female	Stowmarket Striders RC	
174	439	9.35	David	Damant	MV45	Male	Stowmarket Striders RC	
175	476	9.35	Lara	Grant	U11G	Female		0
176	474	9.36	Anna	Grant	FV35	Female	Stowmarket Striders RC	
177	314	9.36	Jack	Garnham	U13B	Male	Stowmarket Striders RC	
178	400	9.40	Elissia	Bell	U11G	Female		0
179	398	9.41	Aden	Bell	Senior	Male	Hadleigh hares	
180	396	9.42	Elizabeth	Belcher-Hackett	U15G	Female		0

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181	315	9.44	William	Garnham	U11B	Male	Stowmarket Striders RC	
182	395	9.44	Dianne	Belcher-Hackett	FV35	Female		0
183	570	9.48	Charis	Sparkes	U17G	Female		0
184	425	9.49	Amy	Cobbold	U11G	Female		0
185	397	9.49	Teddy	Belcher-Hackett	U13B	Male		0
186	496	9.51	Tony	Holland	MV45	Male	Ipswich Jaffa RC	
187	588	10.00	Sophie	Wigg	U11G	Female		0
188	587	10.01	Michael	Wigg	Senior	Male		0
189	584	10.03	Lindsey	Ward	FV50	Female		0
190	413	10.08	Doranne	Brewster	FV35	Female		0
191	336	10.10	Isaac	Reynolds	U11B	Male	Stowmarket Striders RC	
192	538	10.11	Noah	Meads	U11B	Male		0
193	347	10.17	Oscar	Durrant	U11B	Male	Scorpion Academy	
194	348	10.17	Tim	Durrant	FV35	Female	Scorpion Academy	
195	346	10.18	Lucy	Durrant	FV35	Female	Scorpion Academy	
196	573	10.23	Noah	Sparkes	U13B	Male		0
197	352	10.33	Lilly	Fell	U17G	Female	Scorpion Academy	
198	545	10.40	Michele	Ostler	FV55	Female		0
199	323	10.41	Holly	Leivers	U13G	Female	Stowmarket Striders RC	
200	568	10.41	Madison	Skoulding	U13G	Female		0
201	376	10.42	Jade	Wright	U17G	Female	Scorpion Academy	
202	392	10.45	Hayley	Beighton	U13G	Female		0
203	391	10.45	David	Beighton	MV40	Male	Saint Edmund Pacers	
204	393	10.46	Liz	Beighton	FV40	Female	Felixstowe RRC	
205	500	10.48	Esmee	Howell	U11G	Female		0
206	433	10.49	Natalie	Couchy	FV35	Female	I Can Run Club	
207	477	10.52	Isla	Green	U11G	Female		0
208	388	10.52	Claire	Bathey	FV35	Female	Stowmarket Striders RC	
209	501	10.54	Isabella	Howell	U11G	Female		0
210	502	10.54	Stuart	Howell	MV40	Male		0
211	331	10.58	Jake	Meads	U13B	Male	Stowmarket Striders RC	
212	452	11.01	Etta	Durrant	U11G	Female		0
213	451	11.01	Charlotte	Durrant	FV35	Female	Stowmarket Striders RC	
214	447	11.07	Teddy	Dommett	U11B	Male		0
215	358	11.08	India	Langley	U11G	Female	Scorpion Academy	
216	357	11.08	Hayley	Langley	Senior	Female	Scorpion Academy	
217	464	11.15	Mark	Garfield	MV45	Male		0
218	462	11.16	George	Garfield	U11B	Male		0
219	472	11.18	Lucy	Gower	U11G	Female		0
220	470	11.19	Claudia	Gower	FV35	Female		0
221	377	11.25	Tracey	Wright	FV45	Female	Scorpion Academy	
222	469	11.35	Lucy	Glendinning	FV40	Female	I Can Run Club	
223	481	11.37	Henry	Hackett	Senior	Male		0
224	457	11.41	Charles	Fenech	MV70	Male		0
225	494	11.43	Chloe	Heeks	U15G	Female		0
226	349	11.47	Charlie	Eames	U13G	Female	Scorpion Academy	
227	361	11.49	Olivia	Leight	U11G	Male	Scorpion Academy	
228	410	11.54	Cailey	Brewster	U11G	Female		0
229	444	12.06	Oliver	Dommett	U13B	Male		0
230	389	12.07	Carrie	Beamish	FV35	Female		0
231	526	12.12	Caitlin	Marsh	U13G	Female		0
232	521	12.16	Annabel	Lord	U11G	Female		0
233	523	12.16	Michael	Lord	MV40	Male		0
234	550	12.44	Kathy	Parks	FV55	Female	I Can Run Club	
235	461	12.55	Charlotte	Garfield	U11G	Female		0
236	463	12.55	Lauren	Garfield	FV40	Female	Garfield the cat	
237	580	12.56	Eliza	Vickers	U11G	Female		0
238	517	13.17	Lily	Lindsay	U11G	Female		0
239	518	13.17	Megan	Lindsay	Senior	Female		0
240	445	13.18	Pippa	Dommett	U11G	Female		0

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241	446	13.19	Sarah	Dommett	FV40	Female	0
242	399	14.31	Annelise	Bell	U11G	Female	0
243	401	14.32	Racheal	Bell	Senior	Female	0
244	508	14.33	Sarah	Ingram	FV40	Female	0
245	505	14.36	Alexander	Ingram	U11B	Male	0
246	522	15.14	Dexter	Lord	U11B	Male	0
247	524	15.14	Penny	Lord	FV40	Female	0
248	581	17.53	Madeline	Vickers	U11G	Female	0
249	582	17.53	Rachael	Vickers	Senior	Female	0