

Stowmarket Striders Scenic 7 -Provisional Results

Position	Actual Time	Race No	Surname	First Name	Club Name	Category	Age	Sex
1	00:38:29	226	Reason	Robert	Harwich Runners			31 M
2	00:39:25	184	Kingsnorth	Tom	St. Edmund Pacers			31 M
3	00:39:38	185	Laing	David	Ipswich Jaffa	V40		44 M
4	00:40:08	116	Brennan	Steven	Hoad Hill Harriers	V45		46 M
5	00:40:20	274	Herrington	Brian	Harwich Runners	V40		41 M
6	00:40:22	214	Oakes	John	Cambridge & Coleridge	V50		53 M
7	00:41:10	295	Caisey	Ben	Ipswich Tri Club			36 M
8	00:41:44	292	Taylor	Andrew	St. Edmund Pacers			35 M
9	00:41:57	303	Coogan	Vincent				30 M
10	00:42:00	65	Jordan	Tamara	Stowmarket Striders			32 F
11	00:42:16	70	Back	Terry	Ipswich Jaffa	V50		53 M
12	00:42:26	149	Golding	Peter	St. Edmund Pacers	V50		54 M
13	00:42:28	100	Scaife	John	Hadleigh Hares			36 M
14	00:42:28	289	Capetti	Giacomo	Cambridge & Coleridge	V40		44 M
15	00:42:46	266	Wilson	Martin	Wsw & Tri			30 M
16	00:43:01	92	Jarrett	Thomas	Ipswich Jaffa			36 M
17	00:43:03	249	Thompson	Gary	Ipswich Jaffa			36 M
18	00:43:04	129	Cresswell	Tom	Sudbury Joggers			23 M
19	00:43:16	6	Taylor	Tom				20 M
20	00:43:34	248	Thompson	Carl	Ipswich Jaffa			37 M
21	00:43:34	154	Green	Stuart	Stowmarket Striders	V50		50 M
22	00:43:57	40	Quantrill	Phil	Gt Yarmouth Road Runners			36 M
23	00:44:06	102	Allard	Adam				35 M
24	00:44:07	298	Lewis	Andrew				34 M
25	00:44:10	73	Livermore	Stephen	St. Edmund Pacers			30 M
26	00:44:13	108	Belsom	Natasha	Ipswich Jaffa			24 F
27	00:44:21	84	Applegate	Matthew	Cambridge & Coleridge			28 M
28	00:44:32	221	Preston	Paul	Sudbury Joggers			38 M
29	00:44:36	293	Wankowski	John	Ipswich Tri Club			31 M
30	00:44:50	133	Dick	Alistar	Ipswich Jaffa	V45		47 M
31	00:44:59	158	Harrison	Simon	Ipswich Jaffa			36 M
32	00:45:11	13	Whiston	Arthur	Colchester Harriers	V55		59 M
33	00:45:15	290	Cinque	Giulio	Cambridge & Coleridge	V50		51 M
34	00:45:22	119	Buck	Andrew	Sudbury Joggers	V45		46 M
35	00:45:29	169	Houghton	Andrew		V50		52 M
36	00:45:29	136	Fenton	David	Stowmarket Striders			39 M
37	00:45:38	304	Hayes	Richard				37 M
38	00:45:44	141	Furnace	Mark	Ipswich Jaffa			38 M
39	00:45:49	241	Solomon	Dave		V40		43 M
40	00:45:57	165	Higgins	Neil				36 M
41	00:46:17	135	Edwards	Stephen	Newmarket Joggers	V45		46 M
42	00:46:33	166	Hill	Raymond	Ipswich Jaffa	V60		61 M
43	00:46:39	87	Mullholland	Steve				35 M
44	00:46:42	254	Walker	Jason	Stowmarket Striders			38 M
45	00:46:43	208	Milligan	Iain	St. Edmund Pacers			38 M
46	00:46:47	227	Redhead	Simon				32 M
47	00:46:50	162	Henry	Amanda	Sudbury Joggers			37 F
48	00:46:55	140	Fulcher	Roy				38 M
49	00:47:00	82	Edwards	David	Cambridge & Coleridge	V50		52 M
50	00:47:04	131	Das	Anthony				26 M
51	00:47:12	271	Macrosson	Ker	Stowmarket Striders	V55		56 M
52	00:47:16	83	Catlin	Marcus	Ipswich Jaffa			35 M
53	00:47:24	23	Gurney	Anselm		V40		44 M
54	00:47:29	112	Brand	Matthew				28 M
55	00:47:34	11	Roberts	Ray	Felixstowe Road Runners	V60		62 M
56	00:47:37	51	Disney	Richard	Compton Harriers	V55		56 M
57	00:47:40	168	Horne	Paul	Vegetarian Cycling & Ac	V50		50 M
58	00:47:44	79	Reid	Bryan	St. Edmund Pacers	V40		43 M
59	00:47:45	286	Jordan	Rebecca	Stowmarket Striders			32 F
60	00:47:46	128	Corrigan	Gillian	Stowmarket Striders			31 F
61	00:47:46	28	Chorley	Chris	Bungay Black Dog	V45		47 M
62	00:47:47	172	Hughes	Steve	Stowmarket Striders	V45		47 M
63	00:47:52	97	Levinson	Steve		V55		58 M
64	00:48:14	104	Allard	Luke				30 M
65	00:48:16	175	Jennings	Val	Ipswich Jaffa	V45		46 F
66	00:48:34	277	Reynolds	Vicky	Ipswich Jaffa			29 F
67	00:48:40	146	Gillingham	Neil	Ipswich Harriers			27 M
68	00:48:53	53	Cheese	David	Newmarket Joggers	V60		62 M
69	00:49:14	234	Sherman	Scott	Stowmarket Striders			18 M
70	00:49:16	47	Vogt	Gavin		V45		48 M
71	00:49:23	197	Marriott	Michael		V50		54 M
72	00:49:25	39	Squirrel	John	Stowmarket Striders	V55		57 M
73	00:49:32	161	Hatten	Stephen	St. Edmund Pacers	V45		45 M
74	00:49:36	109	Belsom	Robin	Ipswich Jaffa	V50		50 M
75	00:49:37	80	Peake	Adrian	Ipswich Jaffa	V45		45 M
76	00:49:38	41	Baker	Mark	Colchester Harriers	V45		49 M
77	00:49:40	113	Brand	Paul				30 M
78	00:49:44	71	Woodard	Reginald		V65		70 M
79	00:49:47	96	Mills	Peter	Stowmarket Striders	V55		57 M
80	00:50:13	103	Allard	Jason				36 M
81	00:50:14	182	King	Michael	Coltishall Jaguars	V60		60 M
82	00:50:23	218	Payne	Neil	Newmarket Cycling & Tri Club			38 M
83	00:50:25	281	Nelhams	Michael		V40		41 M
84	00:50:27	235	Sidoli	Riccy		V40		44 M
85	00:50:28	245	Swansborough	Dan				31 M
86	00:50:29	240	Snudden	Graham		V45		47 M
87	00:50:29	167	Hood	Derek				36 M

88	00:50:33	193 Little	Martin		V40	42 M
89	00:50:34	225 Ramsey	Nicola	Ipswich Jaffa		31 F
90	00:50:36	187 Lambillion-Jameson	Peter		V45	48 M
91	00:50:36	228 Rednall	John	Stowmarket Striders	V45	46 M
92	00:50:37	288 Gray	Steve	Stowmarket Striders	V50	51 M
93	00:50:38	26 Francis	Paul B		V45	47 M
94	00:50:43	9 Masterson	Paul		V40	41 M
95	00:51:00	98 Geraghty	Charmaine	Stowmarket Striders		37 F
96	00:51:09	42 Creedy	Chris			37 M
97	00:51:10	275 Boneham	Sarah			39 F
98	00:51:11	265 Williams	Stephen	St. Edmund Pacers	V55	57 M
100	00:51:15	5 Talor	Jackie		V45	46 F
101	00:51:16	256 Ward	Ruth	Ipswich Jaffa		33 F
102	00:51:21	37 Baker	Emily	West Suffolk Ac		18 F
103	00:51:37	145 Gilham	Richard	Norfolk Gazelles	V45	48 M
104	00:51:39	199 Martin	Neil	Stowmarket Striders		37 M
105	00:51:40	106 Andrews	Mark	Purple Patch Runners	V40	44 M
106	00:51:50	299 Lockwood	Simon	Ipswich Tri Club	V40	42 M
107	00:51:58	211 Mumford	Wayne		V40	43 M
108	00:51:58	142 Garrard	Richard	Sudbury Joggers		31 M
109	00:52:13	283 Barraclough	Kevan		V45	49 M
110	00:52:17	4 Taylor	Chris		V40	44 M
111	00:52:34	231 Sadler	Gary			32 M
112	00:52:40	111 Bird	Peter	St. Edmund Pacers		37 M
113	00:52:42	121 Burgess	Maxine	Newmarket Cycling		34 F
114	00:52:44	262 Whalley	Simon	St. Edmund Pacers	V40	44 M
115	00:52:45	101 Adams	Clare	Colchester Harriers	V40	41 F
116	00:52:49	81 Cook	Chris	St. Edmund Pacers	V60	61 M
117	00:52:49	280 Lee	Darren	Stowmarket Striders	V45	45 M
118	00:52:54	300 Moony	Samuel		V45	49 M
119	00:53:09	255 Wall	Amy			28 F
120	00:53:11	209 Moggan	Frank	Stowmarket Striders	V60	61 M
121	00:53:28	157 Harper	Robin			34 M
122	00:53:28	120 Burdett	William	Stowmarket Striders	V45	48 M
123	00:53:30	164 Hicks	Laura	Stowmarket Striders		28 F
124	00:53:41	115 Brand	Roger	St. Edmund Pacers	V60	61 M
125	00:53:42	126 Collins	Carl G			38 M
126	00:53:53	244 Supernak	Lukasz	St. Edmund Pacers		26 M
127	00:53:59	222 Prime	Rod		V40	44 M
128	00:54:01	130 Daniels	David	Stowmarket Striders	V45	47 M
129	00:54:04	105 Ames	Ron	Stowmarket Striders	V60	62 M
130	00:54:06	261 West	Marcus D		V40	40 M
131	00:54:07	177 Johns	Chris	Ipswich Jaffa	V50	54 M
132	00:54:09	88 Witherley	Liz		V50	52 F
133	00:54:12	243 Stephenson	Jo	Stowmarket Striders	V45	45 F
134	00:54:17	147 Gilson	Paul	Ipswich Jaffa	V50	50 M
135	00:54:22	232 Seinet-Martin	Steven	Felixstowe Road Runners	V50	54 M
136	00:54:25	291 Connick	Sally	Ipswich Jaffa		34 F
137	00:54:42	200 Martins	Gabriel	Ipswich Jaffa	V40	42 M
138	00:54:43	253 Valentine	Justine	Alchester Rc		22 F
139	00:54:53	76 Wilson	Alex	Sudbury Joggers		39 M
140	00:54:56	8 Stroud	Andrew		V40	43 M
141	00:54:59	138 Fox	David	Felixstowe Road Runners	V50	53 M
142	00:55:08	127 Collison	John		V55	57 M
143	00:55:11	66 Van Weegan	John		V45	47 M
144	00:55:23	219 Philips	Robin	Felixstowe Road Runners	V55	55 M
145	00:55:25	301 Martin	Michael		V45	45 M
146	00:55:28	287 Fowles	Carol	Stowmarket Striders	V45	48 F
147	00:55:30	67 Thomas	Neil	Bungay Black Dog	V40	42 M
148	00:55:31	68 Murfitt	Colin		V50	51 M
149	00:55:33	77 Borrett	Keith	Stowmarket Striders	V55	57 M
150	00:55:35	49 George	John		V50	53 M
151	00:55:37	58 Griffin	Lorraine		V45	45 F
152	00:55:44	20 Finch	Peter	Stowmarket Striders	V45	49 M
153	00:55:46	170 Hughes	Dianne	Stowmarket Striders	V45	48 F
154	00:55:47	171 Hughes	George	Stowmarket Striders		19 M
155	00:55:52	297 Moule	Colin		V45	48 M
156	00:55:54	233 Sembhi	Sati		V40	43 F
157	00:55:56	29 Sauerzapf	Bobbie	Bungay Black Dog	V50	51 F
158	00:56:13	52 Smith	Mike	Wymondham Ac	V65	68 M
159	00:56:13	78 Watt	Dave	Stowmarket Striders	V50	50 M
160	00:56:14	22 West	Martin	Harwich Runners	V60	62 M
161	00:56:26	64 Broughton	Ellen	Stowmarket Striders	V45	45 F
162	00:56:29	10 Golding	Sarah	St. Edmund Pacers	V45	46 F
163	00:56:35	207 Miller	Mark	Stowmarket Striders	V40	40 M
164	00:56:52	268 Sales	Mike	Newmarket Joggers	V40	44 M
165	00:56:57	269 Power	Tim	Woodbridge Shufflers	V60	60 M
166	00:57:02	259 Washington	Stuart			38 M
167	00:57:05	43 Ingleby	David	Hadleigh Hares	V55	57 M
168	00:57:09	210 Mortimer	Emma	Ipswich Jaffa		19 F
169	00:57:10	173 Hughes	Wendy	Stowmarket Striders	V50	50 F
170	00:57:10	273 Clare	Rebecca		V40	44 F
171	00:57:11	178 Johnson	Lee			19 M
172	00:57:13	36 Abbott	Catherine	Stowmarket Striders		39 F
173	00:57:17	123 Butler	Rob		V45	47 M
174	00:57:21	117 Bright	Stephen	British Athletics Supporters Club	V45	47 M
175	00:57:28	242 Spalding	Hazel	Ipswich Jaffa	V50	52 F
176	00:57:39	38 Cheung	Gi Kwong	Ipswich Jaffa	V40	42 M
177	00:57:47	57 Tomkins	Matt			32 M
178	00:57:52	205 Middleton-Burrows	Christine	Woodbridge Shufflers	V40	43 F
179	00:58:11	196 Manly	Veronica	Diss Ac	V60	62 F

180	00:58:11	186 Lambert	John	Ipswich Jaffa	V65	65 M
181	00:58:15	34 Anderson	Carolynn	Newmarket Joggers		36 F
182	00:58:19	285 Edwards	Naomi	St. Edmund Pacers		28 F
183	00:58:23	152 Goodier	Alistair	Ipswich Jaffa	V40	42 M
184	00:58:26	284 Woodgate	Vivienne	Felixstowe Road Runners	V45	48 F
185	00:58:41	94 Florence	Greg			26 M
186	00:58:44	224 Ramsey	Adam			32 M
187	00:58:51	238 Smith	Anna	Stowmarket Striders		37 F
188	00:59:26	46 Perks	William		V55	57 M
189	00:59:29	144 Gidlow	Sarah		V50	54 F
190	00:59:31	110 Belsom	Ruth		V45	48 F
191	00:59:39	85 Adolphus	Anthony	Ipswich Jaffa	V50	52 M
192	00:59:41	180 Johnson	Miles		V55	57 M
193	00:59:47	95 Florence	Anne	Tri-Anglia Triathlon Club	V55	58 F
194	00:59:54	216 Owen	Sarah		V45	45 F
195	00:59:55	35 Johnson	Timothy			22 M
196	01:00:07	14 Kuczer	Alex		V40	43 M
197	01:00:10	215 O'Callaghan	Jennifer	Newmarket Joggers	V40	42 F
198	01:00:36	179 Johnson	Mark			38 M
199	01:00:36	302 Wilden	Steve		V50	51 M
200	01:01:04	62 Wright	Maureen	Ipswich Jaffa	V60	64 F
201	01:01:11	294 Grimes	Marie	Ipswich Jaffa		30 F
202	01:01:18	181 Kerrison	Paul	Harwich Runners	V40	44 M
203	01:01:44	74 Winkie	Kevin			35 M
204	01:01:52	60 Huggins	Nick	Stowmarket Striders	V55	58 M
205	01:01:54	160 Harvey	Katie			18 F
206	01:01:55	159 Harvey	Glen	Bildeston Bounders	V50	50 M
207	01:01:56	212 Nash	Katy	Stowmarket Striders		39 F
208	01:01:58	72 Livermore	Tamsin			31 F
209	01:02:14	282 Bocth	Larry		V40	41 M
210	01:02:16	190 Lemanski	Stuart	Epsom Odballs		34 M
211	01:02:17	139 Friend	Andrea	Stowmarket Striders	V40	42 F
212	01:02:24	267 Withers	David		V45	45 M
213	01:02:26	63 Arfi	Laura	Stowmarket Striders	V40	41 F
214	01:02:30	16 Severy	Elizabeth		V50	50 F
215	01:02:35	276 Barlow	Jo		V40	41 F
216	01:02:46	114 Brand	Rachel			22 F
217	01:03:00	61 Godbold	Belinda		V50	51 F
218	01:03:17	124 Chittock	Mel		V55	55 M
219	01:03:18	174 Jasiurkowski	Darek			28 M
220	01:03:22	176 Jobbins	Sarah		V45	45 F
221	01:03:42	296 Bond	Andrew	Stowmarket Striders	V60	63 M
222	01:03:51	155 Grimsey	Sarah	Hadleigh Hares	V40	44 F
223	01:03:53	93 Hargadon	Sue	Ipswich Tri Club	V55	55 F
224	01:03:57	1 Drury	Chris	Brandon Fern Hopper	V40	43 F
225	01:04:06	270 Lockyer	Matthew		V50	53 M
226	01:04:13	195 Macdonald	Alastair		V45	45 M
227	01:04:13	189 Lemanski	Charlotte	Epsom Odballs		33 F
228	01:04:28	89 Gidlow	Daisy			20 F
229	01:04:34	239 Smith	Jason		V40	41 M
230	01:04:42	202 Mckenna	Clare	Harwich Runners		19 F
231	01:05:03	55 Leech	Alison		V40	40 F
232	01:05:06	258 Warren	Peter	City Of Norwich	V50	54 M
233	01:05:30	99 Adams	Peter		V60	63 M
234	01:05:43	56 Metcalfe	Sam			28 F
235	01:05:50	272 Bird	Robert		V45	49 M
236	01:05:58	59 Mcdowall	Debbie	Stowmarket Striders	V45	49 F
237	01:06:08	12 Skelton	Tim		V50	52 M
238	01:06:13	278 Hayward	Mary	Stowmarket Striders	V55	56 F
239	01:06:13	279 Robinson	Denise	Stowmarket Striders	V50	53 F
240	01:06:15	91 Morris	Hollie	Stowmarket Striders		25 F
241	01:06:40	86 Stodart	Joy		V55	55 F
242	01:06:47	50 George	Sue	Joggers And Jaunters	V50	50 F
243	01:07:00	246 Swansborough	Elizabeth		V40	43 F
244	01:07:00	260 Webb	Tracey			36 F
245	01:07:07	132 Delf	Jackie	Newmarket Joggers	V45	48 F
246	01:07:17	236 Sidoli	Sandra		V45	46 F
247	01:07:17	19 Wright	Julie		V45	49 F
248	01:08:10	3 Morley	Stephen	Brandon Fern Hopper	V55	57 M
249	01:08:19	148 Godbold	Rebecca			35 F
250	01:08:37	192 Ling	Robert			1856 M
251	01:08:38	90 Connick	Claire	Stowmarket Striders		37 F
252	01:09:03	134 Dudman	Susannah		V45	49 F
253	01:09:52	137 Forshaw	Paul		V55	57 M
254	01:10:01	75 James	Gill		V50	51 M
255	01:10:03	69 Davis	Julie	Stowmarket Striders	V40	40 F
256	01:10:36	257 Warren	Christine	Norfolk Gazelles	V50	54 F
257	01:10:44	33 Dickinson	Jo	Felixstowe Road Runners	V40	41 F
258	01:11:34	48 Whiting	Jean		V40	43 F
259	01:14:27	17 Severy	Andrew		V50	53 M
260	01:15:49	252 Turner	Brian	Ipswich Jaffa	V65	72 M
261	01:16:11	183 King	Ruth		V45	48 F