



STOWMARKET = STRIDERS =



Code of Conduct - Parents

This document is for all parents, guardians or carers of Junior members within the club. It is imperative that you read and abide by all appropriate codes of conduct. If you feeling in any way that others within the club are not following these codes of conduct that you contact our Club Welfare Officer as soon as possible: welfareofficer@stowmarketstriders.org.uk

As part of your role within the club you will be asked to sign up to these codes of conduct.

As a responsible parent/person with parental responsibility or other supporter you will:

1. Respect the rights, dignity and worth of every athlete, coach, technical official and others involved in athletics and treat everyone equally
2. Cooperate fully with others involved in the sport such as coaches, technical officials, team managers, doctors, physiotherapists, sport scientists and representatives of the governing body in the best interests of the athlete
3. Consistently promote positive aspects of the sport such as fair play and never condone rule violations or the use of prohibited or age-inappropriate substances
4. Never place undue pressure on children to perform, participate or compete
5. Check out the qualifications and licences of people who are coaching or managing your child or offering a service connected to athletics such as physiotherapy, massage or nutritional advice.
6. Take an active interest in your child's participation
7. Attend training or competitions whenever possible
8. Know exactly where your child will be and who they will be with at all times
9. Never make assumptions about your child's safety
10. Ensure that your child does not take any unnecessary valuable items to training or competition
11. Inform your child's coach or team manager of any illness or disability that needs to be taken into consideration for athletic performance
12. Provide any necessary medication that your child needs for the duration of trips
13. Assume responsibility for safe transportation to and from training and competition
14. Return any necessary written consent forms to the club/team manager or appropriate person, including next of kin details, health and medical requirements before your child goes to any away events or trips
15. Report any concerns you have about your child's or any other child's welfare to the Club Welfare Officer, Regional, National or UKA Welfare Officers. (This does not affect your right to contact your local social services or the police if you feel it is necessary)

As a responsible parent/person with parental responsibility or other supporters for a young athlete, when participating in or attending any athletics activities, including training/coaching sessions and competition events you will:

16. Act with dignity and display courtesy and good manners towards others
17. Avoid swearing and abusive language and irresponsible behaviour including behaviour that is dangerous to yourself or others, acts of violence, bullying, harassment and physical and sexual abuse
18. Challenge inappropriate behaviour and language by others
19. Be aware that your attitude and behaviour directly affects the behaviour of your child and other young athletes
20. Avoid destructive behaviour and leave athletics venues as you find them
21. Never engage in any inappropriate or illegal behaviour
22. Not carry or consume alcohol to excess and/or illegal substances.
23. Not carry any items that can be dangerous to yourself or to others excluding athletics equipment used in the course of your child's athletics activity

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