Striders Grand Prix 2017/18 - after 4 races

FORENAME	SURNAME	Total Points	Age Category	Alton Water 5K	Alton Water 10K	Jaffa Track 5K	Kirton 5	Bentley 5M	Twilight 10K	Pacers Track 5K	Coastal 10M	Great East Run	Lowestoft Half	Framlingham XC	Woodbridge XC	Turkey Trot	Suffolk XC Champs	Stow XC	Tarpley 10	Bury XC	Bungay XC	Haverhill XC	Bungay 10K	Heritage Coast HM
Senior Female																								
Gemma	Porch	299	FS	100	0	100	99																	
Emma	Attwood	298	FS	99	0	99	100																	
Kendra	Hammond	289	FS	96	0	96	97																	
Kate	Heeks	287	FS	97	0	95	95																	
Scarlett	Angove	195	FS	98	0	97	0																	
Clare	Wigg	100	FS	0	100	0	0																	
Debbie	King	99	FS	0	99	0	0																	
Kate	Cooper	98	FS	0	0	98	0																	
Laura	Brown	98	FS	0	0	0	98																	
Charlotte	Durrant	98	FS	0	98	0	0																	
Kerry	Elmer	96	FS	0	0	0	96																	
Kara	Moore-Damant	95	FS	95	0	0	0																	
Pippa	Sargent	94	FS	0	0	0	94																	
Clare	Keefe	94	FS	0	0	94	0																	
Maddie	Jordan-Lee	0	FS	0	0	0	0																	
Millie	Jordan-lee	0	FS	0	0	0	0																	
Bethany	Skoulding	0	FS	0	0	0	0																	
Grace	Urwin	0	FS	0	0	0	0																	
Olivia	Beer	0	FS	0	0	0	0																	
Lois	Sparkes	0	FS	0	0	0	0																	
Jessica	Kerridge	0	FS	0	0	0	0																	
Tegan	Allard-Austin	0	FS	0	0	0	0																	
Sophie	Moody	0	FS	0	0	0	0																	
Clare	Douglas	0	FS	0	0	0	0																	
Viktoria	Hobbs	0	FS	0	0	0	0																	
Gemma	Sparrow	0	FS	0	0	0	0																	
Kate	Miles	0	FS	0	0	0	0																	
Jessica	Thorpe	0	FS	0	0	0	0																	
Laura	Jarocki	0	FS	0	0	0	0																	
Charmaine	McCullum	0	FS	0	0	0	0																	
Sarah	Deacon	0	FS	0	0	0	0																	
Fiona	Hearsum	0	FS	0	0	0	0																	
Samantha	Meadows	0	FS	0	0	0	0																	
Karen	Hinton	0	FS	0	0	0	0																	
Kirsti	Martin	0	FS	0	0	0	0																	
Claire	Maskery	0	FS	0	0	0	0																	

Striders Grand Prix 2017/18 - after 4 races

FORENAME	SURNAME	Total Points	Age Category	Alton Water 5K	Alton Water 10K	Jaffa Track 5K	Kirton 5	Bentley 5M	Twilight 10K	Pacers Track 5K	Coastal 10M	Great East Run	Lowestoft Half	Framlingham XC	Woodbridge XC	Turkey Trot	Suffolk XC Champs	Stow XC	Tarpley 10	Bury XC	Bungay XC	Haverhill XC	Bungay 10K	Heritage Coast HM
Vicky	Mayhew	0	FS	0	0	0	0																	
Samantha	Metcalfe	0	FS	0	0	0	0																	
Robyn	Rake	0	FS	0	0	0	0																	
Emily	Vigor	0	FS	0	0	0	0																	
Anna	Grant	0	FS	0	0	0	0																	
Nancy	Blick	0	FS	0	0	0	0																	
Jennifer	Devaney	0	FS	0	0	0	0																	
Helen	Moore	0	FS	0	0	0	0																	
Female 40-44																								
Louise	Goddard	200	F40	0	0	100	100																	
Juliet	Garnham	198	F40	100	0	98	0																	
Alex	Smith	99	F40	0	0	99	0																	
Chris	Alderton	97	F40	0	0	97	0																	
Clare	Bailie	0	F40	0	0	0	0																	
Heidi	Bingham	0	F40	0	0	0	0																	
Yvonne	Doe	0	F40	0	0	0	0																	
Victoria	Moseley	0	F40	0	0	0	0																	
Helene	Seymour	0	F40	0	0	0	0																	
Liz	O'Riordan	0	F40	0	0	0	0																	
Amanda	Brewster	0	F40	0	0	0	0																	
Anna	Smith	0	F40	0	0	0	0																	
Charmaine	Geraghty	0	F40	0	0	0	0																	
Jane	Skoulding	0	F40	0	0	0	0																	
Female 45-49																								
Melody-Anne	Neville	198	F45	100	0	0	98																	
Catherine	Belsom	100	F45	0	0	100	0																	
Malene	Godson	100	F45	0	100	0	0																	
Mary	Narey	100	F45	0	0	0	100																	
Rebecca	Jack	99	F45	0	0	0	99																	
Claire	Ellis	99	F45	0	99	0	0																	
Karen	Hamilton	99	F45	0	0	99	0																	
Michelle	Holden	98	F45	0	98	0	0																	
Angela	Burdett	98	F45	0	0	98	0																	
Stevie	Harrison	0	F45	0	0	0	0																	
Lorraine	Mills	0	F45	0	0	0	0																	
Kerri	Seaman	0	F45	0	0	0	0																	
Emma	Yarrow	0	F45	0	0	0	0																	

Striders Grand Prix 2017/18 - after 4 races

FORENAME	SURNAME	Total Points	Age Category	Alton Water 5K	Alton Water 10K	Jaffa Track 5K	Kirton 5	Bentley 5M	Twilight 10K	Pacers Track 5K	Coastal 10M	Great East Run	Lowestoft Half	Framlingham XC	Woodbridge XC	Turkey Trot	Suffolk XC Champs	Stow XC	Tarpley 10	Bury XC	Bungay XC	Haverhill XC	Bungay 10K	Heritage Coast HM
Helen	Cain	0	F45	0	0	0	0																	
Tracie	Emerson	0	F45	0	0	0	0																	
Sandra	Garner	0	F45	0	0	0	0																	
Alison	Leech	0	F45	0	0	0	0																	
Donna	Monroe	0	F45	0	0	0	0																	
Rachel	Toogood	0	F45	0	0	0	0																	
Julia	Baldwin	0	F45	0	0	0	0																	
Julia	Moss-Eccardt	0	F45	0	0	0	0																	
Tracey	Rose	0	F45	0	0	0	0																	
laura	Arfi	0	F45	0	0	0	0																	
Paula	Coleman	0	F45	0	0	0	0																	
Andrea	Friend	0	F45	0	0	0	0																	
Vanessa	Mitchell	0	F45	0	0	0	0																	
Deirdre	Owen	0	F45	0	0	0	0																	
Kim	Abson	0	F45	0	0	0	0																	
Wendy	Atkinson	0	F45	0	0	0	0																	
Kate	Beer	0	F45	0	0	0	0																	
Shirley	Brame	0	F45	0	0	0	0																	
Helen	Wing	0	F45	0	0	0	0																	
Female 50-54																								
Sharon	Warland	198	F50	0	0	99	99																	
Sandra	Mayhew	196	F50	0	0	98	98																	
Jo	Stephenson	100	F50	0	0	0	100																	
Dianne	Hughes	100	F50	0	0	100	0																	
Susan	Bloomfield	97	F50	0	0	0	97																	
Sue	Garrod	97	F50	0	0	97	0																	
Catherine	Fuell	96	F50	0	0	96	0																	
Angela	Whiting	96	F50	0	0	0	96																	
Denise	Wright	95	F50	0	0	0	95																	
Claire	Jay	94	F50	0	0	0	94																	
Debbie	Ghant	0	F50	0	0	0	0																	
Tracy	Kinton	0	F50	0	0	0	0																	
Jane	Reason	0	F50	0	0	0	0																	
Haley	Sutte	0	F50	0	0	0	0																	
Diane	Cox	0	F50	0	0	0	0																	
Ellen	Hollingworth	0	F50	0	0	0	0																	
Julie	Kent	0	F50	0	0	0	0																	

Striders Grand Prix 2017/18 - after 4 races

FORENAME	SURNAME	Total Points	Age Category	Alton Water 5K	Alton Water 10K	Jaffa Track 5K	Kirton 5	Bentley 5M	Twilight 10K	Pacers Track 5K	Coastal 10M	Great East Run	Lowestoft Half	Framlingham XC	Woodbridge XC	Turkey Trot	Suffolk XC Champs	Stow XC	Tarpley 10	Bury XC	Bungay XC	Haverhill XC	Bungay 10K	Heritage Coast HM
Tina	Belsom	0	F50	0	0	0	0																	
Fiona	Tricker	0	F50	0	0	0	0																	
Carol	Bimson	0	F50	0	0	0	0																	
Tracy	Humphreys	0	F50	0	0	0	0																	
Arabella	Lewendon	0	F50	0	0	0	0																	
Female 55-59																								
Wendy	Hughes	200	F55	100	0	100	0																	
Gillian	Charlton	199	F55	0	100	99	0																	
Sally	Quirk	99	F55	99	0	0	0																	
Charlotte	Hawes	0	F55	0	0	0	0																	
Debbie	McDowall	0	F55	0	0	0	0																	
Angela	Brinkley	0	F55	0	0	0	0																	
Bridget	Goldstone	0	F55	0	0	0	0																	
Tracey	Morris	0	F55	0	0	0	0																	
Susan	Hunter	0	F55	0	0	0	0																	
Olwyn	Clayden	0	F55	0	0	0	0																	
Sue	Philp	0	F55	0	0	0	0																	
Jules	Winter	0	F55	0	0	0	0																	
Lesley	Watt	0	F55	0	0	0	0																	
Female 60+																								
Maria	Reynolds	0	F60+	0	0	0	0																	
Denise	Robinson	0	F60+	0	0	0	0																	
Jeanne	Lynch-Aird	0	F60+	0	0	0	0																	
Mary	Hayward	0	F60+	0	0	0	0																	
Christine	Gay	0	F60+	0	0	0	0																	
Anne	Fish	0	F60+	0	0	0	0																	
Sue	Moggan	0	F60+	0	0	0	0																	
Senior Male																								
Gavin	Boag	290	MS	98	0	95	97																	
Morgan	Moore	198	MS	100	0	98	0																	
Matt	Reason	196	MS	0	98	0	98																	
Andrew	Hayward	196	MS	0	0	97	99																	
James	Cooper	195	MS	0	99	96	0																	
Samuel	Burdett	100	MS	0	0	100	0																	
George	Wright	100	MS	0	0	0	100																	
Matthew	Eveleigh	99	MS	99	0	0	0																	
Elliot	Wells	99	MS	0	0	99	0																	

Striders Grand Prix 2017/18 - after 4 races

FORENAME	SURNAME	Total Points	Age Category	Alton Water 5K	Alton Water 10K	Jaffa Track 5K	Kirton 5	Bentley 5M	Twilight 10K	Pacers Track 5K	Coastal 10M	Great East Run	Lowestoft Half	Framlingham XC	Woodbridge XC	Turkey Trot	Suffolk XC Champs	Stow XC	Tarpley 10	Bury XC	Bungay XC	Haverhill XC	Bungay 10K	Heritage Coast HM
Andrew	Sargent	97	MS	0	97	0	0																	
Alfie	Larke	0	MS	0	0	0	0																	
Harry	Tillbrook	0	MS	0	0	0	0																	
Nick	Miller	0	MS	0	0	0	0																	
Jake	Boreham	0	MS	0	0	0	0																	
Christopher	Morton	0	MS	0	0	0	0																	
Edward	Tricker	0	MS	0	0	0	0																	
Alex	Hobbs	0	MS	0	0	0	0																	
Michael	Moore	0	MS	0	0	0	0																	
Mark	Coole	0	MS	0	0	0	0																	
James	Doyle	0	MS	0	0	0	0																	
Scott	Williams	0	MS	0	0	0	0																	
Craig	Hawkins	0	MS	0	0	0	0																	
Joe	Blackmore	0	MS	0	0	0	0																	
Marcos	Lemos	0	MS	0	0	0	0																	
Matthew	Smith	0	MS	0	0	0	0																	
Neil	Dennis	0	MS	0	0	0	0																	
Peter	Reach	0	MS	0	0	0	0																	
Justin	Potter	0	MS	0	0	0	0																	
Wayne	Gardner	0	MS	0	0	0	0																	
Robert	Grainger	0	MS	0	0	0	0																	
Philip	Green	0	MS	0	0	0	0																	
Chris	Miles	0	MS	0	0	0	0																	
Leon	Townes	0	MS	0	0	0	0																	
Shaun	Jones	0	MS	0	0	0	0																	
Darren	Sparkes	0	MS	0	0	0	0																	
Adam	Fish	0	MS	0	0	0	0																	
Manuel	Nunez	0	MS	0	0	0	0																	
Gregory	Stowe	0	MS	0	0	0	0																	
Matt	Tomkins	0	MS	0	0	0	0																	
Male 40-44																								
Nick	Palmer	200	M40	0	0	100	100																	
Jason	Allard	197	M40	0	0	98	99																	
Andre	Neville	100	M40	100	0	0	0																	
Tim	Larke	99	M40	0	0	99	0																	
Richard	Leeder	97	M40	0	0	97	0																	
Alan	Hart	96	M40	0	0	96	0																	

Striders Grand Prix 2017/18 - after 4 races

FORENAME	SURNAME	Total Points	Age Category	Alton Water 5K	Alton Water 10K	Jaffa Track 5K	Kirton 5	Bentley 5M	Twilight 10K	Pacers Track 5K	Coastal 10M	Great East Run	Lowestoft Half	Framlingham XC	Woodbridge XC	Turkey Trot	Suffolk XC Champs	Stow XC	Tarpley 10	Bury XC	Bungay XC	Haverhill XC	Bungay 10K	Heritage Coast HM
John	Craddock	0	M40	0	0	0	0																	
robert	Kett	0	M40	0	0	0	0																	
Daniel	Selfe	0	M40	0	0	0	0																	
Stephen	Brook	0	M40	0	0	0	0																	
Richard	Day	0	M40	0	0	0	0																	
Frank	Barrett	0	M40	0	0	0	0																	
Mike	Brown	0	M40	0	0	0	0																	
Simon	Harkin	0	M40	0	0	0	0																	
John	Kirk	0	M40	0	0	0	0																	
Neil	Martin	0	M40	0	0	0	0																	
Male 45-49																								
Ritchie	Parkins	200	M45	0	0	100	100																	
Martin	Little	197	M45	99	0	98	0																	
Gareth	Southgate	100	M45	100	0	0	0																	
Michael	Jones	99	M45	0	0	0	99																	
Nigel	Bostock	99	M45	0	0	99	0																	
Steve	McNamara	98	M45	98	0	0	0																	
Mark	Hughes	97	M45	0	0	97	0																	
Jason	Bloomfield	0	M45	0	0	0	0																	
David	Damant	0	M45	0	0	0	0																	
Nick	Hammond	0	M45	0	0	0	0																	
Glenn	Proctor	0	M45	0	0	0	0																	
Jason	Walker	0	M45	0	0	0	0																	
Andrew	Elliott	0	M45	0	0	0	0																	
Lee	Goddard	0	M45	0	0	0	0																	
Kieran	Hartigan	0	M45	0	0	0	0																	
Mark	Skoulding	0	M45	0	0	0	0																	
Stephen	Chapman	0	M45	0	0	0	0																	
Richard	Denwood	0	M45	0	0	0	0																	
Matthew	Jack	0	M45	0	0	0	0																	
Steve	Symss	0	M45	0	0	0	0																	
David	Weeding	0	M45	0	0	0	0																	
Andrew	Long	0	M45	0	0	0	0																	
Alistair	Moseley	0	M45	0	0	0	0																	
Christain	Seymour	0	M45	0	0	0	0																	
Mick	Dann	0	M45	0	0	0	0																	
Gary	Halestrap	0	M45	0	0	0	0																	

Striders Grand Prix 2017/18 - after 4 races

FORENAME	SURNAME	Total Points	Age Category	Alton Water 5K	Alton Water 10K	Jaffa Track 5K	Kirton 5	Bentley 5M	Twilight 10K	Pacers Track 5K	Coastal 10M	Great East Run	Lowestoft Half	Framlingham XC	Woodbridge XC	Turkey Trot	Suffolk XC Champs	Stow XC	Tarpley 10	Bury XC	Bungay XC	Haverhill XC	Bungay 10K	Heritage Coast HM
David	Leather	0	M45	0	0	0	0																	
Andrew	Wright	0	M45	0	0	0	0																	
Male 50-54																								
Paul	Heeks	297	M50	100	0	99	98																	
Robert	Reason	297	M50	0	100	98	99																	
Peter	Warland	200	M50	0	0	100	100																	
Jonny	Levett	99	M50	0	99	0	0																	
Adrian	Cole	97	M50	0	0	0	97																	
Dean	Hearn	0	M50	0	0	0	0																	
Simon	Fenn	0	M50	0	0	0	0																	
Ian	Stockley	0	M50	0	0	0	0																	
Martin	Archer	0	M50	0	0	0	0																	
Philip	Beer	0	M50	0	0	0	0																	
Neil	Brame	0	M50	0	0	0	0																	
David	Kaye	0	M50	0	0	0	0																	
Harry	Smith	0	M50	0	0	0	0																	
Nigel	Vincent	0	M50	0	0	0	0																	
Paul	Wallace	0	M50	0	0	0	0																	
David	Daniels	0	M50	0	0	0	0																	
Miles	Garrod	0	M50	0	0	0	0																	
Steven	Hughes	0	M50	0	0	0	0																	
John	Rednall	0	M50	0	0	0	0																	
Nicholas	Stephens	0	M50	0	0	0	0																	
Male 55-59																								
Stuart	Green	199	M55	0	0	100	99																	
Joe	Naughton	198	M55	0	100	0	98																	
Stephen	Pretty	100	M55	0	0	0	100																	
Iain	Hunter	97	M55	0	0	0	97																	
David	Cox	0	M55	0	0	0	0																	
William	Burdett	0	M55	0	0	0	0																	
David	Barton	0	M55	0	0	0	0																	
Peter	Peter	0	M55	0	0	0	0																	
David	Watt	0	M55	0	0	0	0																	
Andrew	Webber	0	M55	0	0	0	0																	
Robin	Belsom	0	M55	0	0	0	0																	
Colin	Pitts	0	M55	0	0	0	0																	
Christopher	Starmer	0	M55	0	0	0	0																	

Striders Grand Prix 2017/18 - after 4 races

FORENAME	SURNAME	Total Points	Age Category	Alton Water 5K	Alton Water 10K	Jaffa Track 5K	Kirton 5	Bentley 5M	Twilight 10K	Pacers Track 5K	Coastal 10M	Great East Run	Lowestoft Half	Framlingham XC	Woodbridge XC	Turkey Trot	Suffolk XC Champs	Stow XC	Tarpley 10	Bury XC	Bungay XC	Haverhill XC	Bungay 10K	Heritage Coast HM
Liam	Barber	0	M55	0	0	0	0																	
David	Llewellyn	0	M55	0	0	0	0																	
Robert	Tomlinson	0	M55	0	0	0	0																	
Male 60-64																								
Don	Beatty	300	M60	100	0	100	100																	
Ker	Macrosson	198	M60	99	0	99	0																	
Terry	Hunter	99	M60	0	0	0	99																	
Chris	Gladwell	0	M60	0	0	0	0																	
Eddie	Douglas	0	M60	0	0	0	0																	
Stephen	Robinson	0	M60	0	0	0	0																	
Barry	Goldstone	0	M60	0	0	0	0																	
Mike	Munson	0	M60	0	0	0	0																	
John	Squirrell	0	M60	0	0	0	0																	
Male 65+																								
Stephen W	Mead	100	M65+	0	0	100	0																	
Richard	Fellingham	100	M65+	0	0	0	100																	
Nick	Huggins	0	M65+	0	0	0	0																	
Paul	Winter	0	M65+	0	0	0	0																	
Leslie	Basham	0	M65+	0	0	0	0																	
Grayhame	Fish	0	M65+	0	0	0	0																	
David	Loades	0	M65+	0	0	0	0																	
Frank	Moggan	0	M65+	0	0	0	0																	
Ron	Ames	0	M65+	0	0	0	0																	
Andrew	Bond	0	M65+	0	0	0	0																	
Peter	Gay	0	M65+	0	0	0	0																	