

Stowmarket Striders 5 Miles 2018

Finisher List

Place	Bib	Cat	Pos	Name	Cat	Club	GunTime	AG%
Bury Friday 5								
1.	344	1		Sebastian Anthony	MS	West Suffolk AC	0:26:39	79.9%
2.	143	2		Adam HOLLAND	MS	Tavistock Run Project	0:27:10	78.5%
3.	275	3		Benjamin TURLEY	MS	Ipswich Jaffa RC	0:27:35	78.2%
4.	23	1		Neil POLLARD	MV40	Newmarket Joggers	0:27:48	80.0%
5.	397	1		Ermeas AFEWERKI	MU20	Colchester Harriers AC	0:28:17	75.9%
6.	219	4		Samuel BURDETT	MS	Stowmarket Striders Running Club	0:28:32	74.7%
7.	35	5		Kieran HAYLES	MS	Sudbury Joggers	0:28:49	74.8%
8.	205	6		Tony GAVIN	MS	Felixstowe RRC	0:28:54	74.6%
9.	225	7		Nicholas CLARKE	MS	Ipswich Jaffa RC	0:29:00	74.7%
10.	236	1		Chris COOKE	MV55	Saint Edmund Pacers	0:29:11	86.6%
11.	426	2		Tom ADAMS	MU20	Ipswich Harriers	0:29:22	72.6%
12.	183	3		Joe ROBSON	MU20	Saint Edmund Pacers	0:29:27	72.9%
13.	332	8		Chris HALL	MS	Bungay Black Dog RC	0:29:29	73.1%
14.	363	9		Tom WALKER	MS	Saint Edmund Pacers	0:29:31	72.2%
15.	428	10		Gavin DAVIES	MS	Ipswich Jaffa RC	0:29:32	74.2%
16.	122	1		Daisy GLOVER	FS	Newmarket Joggers	0:29:37	81.6%
17.	447	1		Paul PRESTON	MV45	Colchester Harriers AC	0:29:41	78.4%
18.	442	11		Gavin SCANLAN	MS	Colchester Harriers AC	0:29:45	72.0%
19.	400	12		Tony BACON	MS	Haverhill Running Club	0:29:47	72.4%
20.	26	2		Benjamin JACOBS	MV40	Felixstowe RRC	0:29:48	75.7%
21.	165	2		Steve LANGLEY	MV55	Ipswich Jaffa RC	0:29:59	85.0%
22.	411	13		Lee BARBER	MS	Framlingham Flyers	0:30:08	72.3%
23.	136	2		Joe ADAMS	MV45	Unattached	0:30:14	78.2%
24.	184	1		Odette ROBSON	FV45	Saint Edmund Pacers	0:30:21	85.9%
25.	40	3		Steve BROOKE	MV45	Felixstowe RRC	0:30:26	78.4%
26.	245	4		John THORPE	MV45	Ipswich Jaffa RC	0:30:28	77.0%
27.	319	14		Geraint WHITE	MS	Ipswich Jaffa RC	0:30:30	69.8%
28.	222	4		Thomas ABBOTT	MU20	Ipswich Harriers	0:30:40	70.0%
29.	471	5		Kieran MOODY	MU20	Saint Edmund Pacers	0:30:43	69.9%
30.	197	15		Robert SMITH	MS	Colchester Harriers AC	0:30:43	69.7%
31.	389	16		Christopher POULDING	MS	Saint Edmund Pacers	0:30:44	69.9%
32.	419	6		Matthew BENNETT	MU20	Ipswich Harriers	0:30:44	71.8%
33.	137	17		Ashley SMY	MS	Ipswich Jaffa RC	0:30:47	70.1%
34.	31	5		Piotr BULACZ	MV45	Sudbury Joggers	0:30:54	76.6%
35.	24	3		Charlie KEITCH	MV40	Great Bentley Running Club	0:30:57	71.8%
36.	86	6		Mark HAYDEN	MV45	Ipswich Harriers	0:30:59	75.2%
37.	276	4		Alastair READ	MV40	Felixstowe RRC	0:31:02	71.6%
38.	196	1		Aiko HENINGTON	FV40	Colchester Harriers AC	0:31:05	80.5%
39.	274	18		Daniel INGLEBY	MS	Ipswich Jaffa RC	0:31:07	69.3%
40.	11	5		Robin HARPER	MV40	Felixstowe RRC	0:31:22	71.9%
41.	482	7		John WATERSON	MV45	Saint Edmund Pacers	0:31:25	74.7%
42.	392	2		Angela JOINER-HANDY	FV45	Saint Edmund Pacers	0:31:28	85.6%
43.	126	3		Howard BEASLEY	MV55	Saint Edmund Pacers	0:31:30	81.6%
44.	488	19		Christopher JAMES	MS	Unattached	0:31:49	67.8%
45.	267	4		Peter CLARKE	MV55	Diss & District AC	0:31:50	78.7%
46.	304	8		Jason WING	MV45	Unattached	0:31:55	74.1%
47.	461	9		Phil BRACKENBURY	MV45	Unattached	0:31:59	73.9%
48.	32	6		Dave BEIGHTON	MV40	Saint Edmund Pacers	0:32:12	69.5%
49.	429	1		Mark ALLEN	MV50	Unattached	0:32:16	75.1%

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Place	Bib	Cat Pos	Name	Cat	Club	GunTime	AG%
50.	144	10	Lee MORGAN	MV45	Felixstowe RRC	0:32:18	72.1%
51.	262	20	Melvyn MAYCOCK	MS	Ipswich Jaffa RC	0:32:24	66.9%
52.	486	21	Shaun NICHOLLS	MS	Ipswich Jaffa RC	0:32:29	65.8%
53.	139	11	Tim HANMAN	MV45	Ipswich Jaffa RC	0:32:31	72.2%
54.	320	7	Ben CUTHBERT	MV40	Sudbury Joggers	0:32:32	68.3%
55.	55	12	Jan KADING	MV45	Stowmarket Striders Running Club	0:32:34	70.9%
56.	444	8	Ross WILCOX	MV40	Stowmarket Striders Running Club	0:32:35	68.7%
57.	416	13	Martin PEARSON	MV45	Unattached	0:32:36	73.2%
58.	384	9	Chris MOWER	MV40	Saint Edmund Pacers	0:32:39	69.1%
59.	59	14	Adrian FROST	MV45	Sudbury Joggers	0:32:42	71.8%
60.	15	22	Justin POTTER	MS	Stowmarket Striders Running Club	0:32:44	65.9%
61.	300	2	Emma DRURY	FS	Sudbury Joggers	0:32:46	73.9%
62.	156	3	Jessica GOODERHAM	FS	Saint Edmund Pacers	0:32:52	73.6%
63.	318	23	Gergely VACI	MS	Unattached	0:32:54	67.0%
64.	303	7	Callum CAHILL	MU20	Colchester & Tendring AC	0:33:04	65.7%
65.	468	15	Andrew CRAIG	MV45	Woodbridge Shufflers Running Club	0:33:07	69.8%
66.	62	16	Jeremy BELL	MV45	Unattached	0:33:13	70.1%
67.	483	17	Jason BRUNT	MV45	Norfolk Gazelles AC	0:33:16	69.4%
68.	16	5	Steve PAUL	MV55	Eastern Veterans AC	0:33:20	76.5%
69.	125	10	Leonard SAUNDERS	MV40	Felixstowe RRC	0:33:27	68.0%
70.	138	24	Jordan SMITH	MS	Ipswich Jaffa RC	0:33:28	63.6%
71.	268	4	Sally HUGHES	FS	West Suffolk AC	0:33:30	72.2%
72.	146	25	Oliver WATSON	MS	Ipswich Jaffa RC	0:33:34	63.4%
73.	386	26	Ben DEAN	MS	Diss & District AC	0:33:41	64.0%
74.	487	27	Jamie FITTOCK	MS	Sudbury Joggers	0:33:48	63.8%
75.	387	28	Ricky O'NEILL	MS	Ipswich Jaffa RC	0:33:52	63.7%
76.	321	5	Emma MORTIMER	FS	Unattached	0:33:57	71.2%
77.	79	8	Dylan BRADNAM	MU20	Saint Edmund Pacers	0:33:59	64.9%
78.	206	18	Andy ECCLES	MV45	Saint Edmund Pacers	0:34:01	67.9%
79.	87	9	Thomas HAYDEN	MU20	Ipswich Harriers	0:34:07	63.7%
80.	352	11	Dominic MELERO	MV40	Unattached	0:34:07	65.1%
81.	45	6	Alan JACKSON	MV55	Ipswich Jaffa RC	0:34:08	76.0%
82.	459	6	Alice GOODWIN	FS	Ipswich Harriers	0:34:09	70.8%
83.	46	7	Yusuf FIRAT	MV55	Haverhill Running Club	0:34:12	73.3%
84.	453	19	Simon STAFFORD	MV45	Unattached	0:34:16	67.9%
85.	271	1	Michael MARRIOTT	MV60	Unattached	0:34:29	77.3%
86.	75	2	Chris SERVANT	MV50	Ipswich Jaffa RC	0:34:34	70.7%
87.	48	1	Rebecca PITTMAN	FV55	Springfield Striders RC	0:34:38	84.5%
88.	264	12	Martin JARVIS	MV40	Unattached	0:34:42	65.5%
89.	227	13	Rob JEWERS	MV40	Unattached	0:34:43	65.5%
90.	72	8	Chris CHORLEY	MV55	Bungay Black Dog RC	0:34:45	72.1%
91.	61	14	Matt BENSON	MV40	Sudbury Joggers	0:34:46	63.9%
92.	306	29	Rob PAGE	MS	Ipswich Jaffa RC	0:34:48	62.6%
93.	481	10	Oliver BINGHAM	MU20	Stowmarket Striders Running Club	0:34:49	63.4%
94.	282	30	Stuart PRICE	MS	Unattached	0:34:50	61.7%
95.	283	15	Mark ROSE	MV40	Ipswich Jaffa RC	0:34:51	65.3%
96.	322	1	Rose MORTIMER	FU20	Unattached	0:34:51	70.1%
97.	404	3	Nigel SCHOFIELD	MV50	Saint Edmund Pacers	0:34:55	70.6%
98.	5	20	Kerry BUCKLEY	MV45	Unattached	0:35:03	67.5%
99.	164	2	Christine ANTHONY	FV55	West Suffolk AC	0:35:05	82.4%

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Place	Bib	Cat	Pos	Name	Cat	Club	GunTime	AG%
100.	354	2		Neville CLARKE	MV60	Newmarket Joggers	0:35:06	77.3%
101.	148	4		Steven NEAL	MV50	Brandon Fern Hoppers	0:35:09	69.0%
102.	159	11		Morgan MOORE	MU20	Stowmarket Striders Running Club	0:35:12	61.8%
103.	445	7		Rosie HORSFIELD	FS	Ipswich Jaffa RC	0:35:13	69.0%
104.	331	1		Val JENNINGS	FV50	Ipswich Jaffa RC	0:35:14	81.1%
105.	358	2		Sarah FITCH	FV40	Felixstowe RRC	0:35:18	72.5%
106.	231	16		Karl OSBORN	MV40	Unattached	0:35:22	62.8%
107.	280	5		Chris TYE	MV50	Ipswich Triathlon Club	0:35:29	67.8%
108.	301	3		Sally-Ann BOWEN	FV45	Sudbury Joggers	0:35:29	72.8%
109.	406	31		Scott SMITH	MS	Unattached	0:35:31	60.3%
110.	266	6		Steve RITSON	MV50	Stowmarket Striders Running Club	0:35:32	67.6%
111.	8	1		Collette GREEN	FV35	Felixstowe RRC	0:35:34	68.5%
112.	454	2		Ellie CUMNER	FV35	Colchester Harriers AC	0:35:34	68.9%
113.	421	17		Philip WINTER	MV40	Unattached	0:35:37	63.9%
114.	457	21		Mark DOWNEY	MV45	Unattached	0:35:37	65.4%
115.	456	8		Carys DURIE	FS	San Domenico RRC	0:35:39	67.8%
116.	292	7		Ian GOODERHAM	MV50	Saint Edmund Pacers	0:35:43	67.9%
117.	295	9		Vaughan MORRIS	MV55	Stowmarket Striders Running Club	0:35:51	71.8%
118.	360	32		James WILLINGHAM	MS	Unattached	0:35:56	59.3%
119.	241	22		Steve PALFREY	MV45	Unattached	0:35:57	64.8%
120.	329	12		Kyle CHURCH	MU20	Saxmundham Sports Running &	0:36:01	60.4%
121.	42	18		Neil WILLIAMSON	MV40	Newmarket Joggers	0:36:04	62.6%
122.	446	8		Andrew REED	MV50	Unattached	0:36:08	68.8%
123.	213	10		Warren NEWELL	MV55	Unattached	0:36:10	69.3%
124.	157	4		Sharon PERRY	FV45	Saint Edmund Pacers	0:36:14	71.3%
125.	270	33		David HOSKING	MS	Unattached	0:36:15	58.8%
126.	247	9		Meera RAJOO-OAKLEY	FS	Great Bentley Running Club	0:36:15	66.7%
127.	484	23		Steven JEGGO	MV45	Sudbury Joggers	0:36:18	65.7%
128.	277	11		Brian MUNNS	MV55	Newmarket Joggers	0:36:20	69.0%
129.	3	34		Stephen NEUMANN	MS	Unattached	0:36:22	60.7%
130.	339	24		Mark VINCE	MV45	Woodbridge Shufflers Running Club	0:36:25	63.9%
131.	256	9		Stephen HATTEN	MV50	Saint Edmund Pacers	0:36:31	66.9%
132.	180	12		Mark	MV55	Sudbury Joggers	0:36:32	68.6%
133.	190	19		David MARSH	MV40	Unattached	0:36:34	60.8%
134.	82	2		Mary NAREY	FV50	Stowmarket Striders Running Club	0:36:41	74.3%
135.	237	20		Jim ALDRIDGE	MV40	Unattached	0:36:45	62.4%
136.	418	21		Jamie BENNETT	MV40	Ipswich Jaffa RC	0:36:45	60.9%
137.	424	22		Damien MAGEE	MV40	Unattached	0:36:50	61.3%
138.	294	23		Daniel SELFE	MV40	Stowmarket Striders Running Club	0:36:51	61.7%
139.	124	13		Russel BREYER	MV55	Ipswich Triathlon Club	0:36:52	68.0%
140.	119	1		Mike BULL	MV70+	Unattached	0:36:57	77.9%
141.	467	24		Stuart WRIGHT	MV40	Unattached	0:36:57	61.5%
142.	310	10		Tim HIGGINS	MV50	Ipswich Jaffa RC	0:36:58	67.2%
143.	489	3		Lisa HALL	FV40	Unattached	0:37:04	67.1%
144.	173	11		Peter WARLAND	MV50	Stowmarket Striders Running Club	0:37:07	66.4%
145.	450	25		Daniel AGER	MV45	Ipswich Jaffa RC	0:37:08	63.2%
146.	76	26		Gareth PARKER	MV45	Unattached	0:37:08	63.7%
147.	302	27		Ian COTTEE	MV45	Harwich Runners	0:37:13	62.0%
148.	97	28		Mark SKINNER	MV45	Unattached	0:37:14	63.5%
149.	135	12		Richard DEMPSEY	MV50	Woodbridge Shufflers Running Club	0:37:22	64.3%

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Place	Bib	Cat	Pos	Name	Cat	Club	GunTime	AG%
150.	367	10		Clare DOUGLAS	FS	Stowmarket Striders Running Club	0:37:23	64.7%
151.	99	29		Lee GODDARD	MV45	Stowmarket Striders Running Club	0:37:28	63.1%
152.	452	3		Terri GREEN	FV35	Ipswich Jaffa RC	0:37:32	65.3%
153.	104	3		Jenny SHEAHAN	FV55	Unattached	0:37:35	77.9%
154.	435	13		Mark HUGHES	MV50	Stowmarket Striders Running Club	0:37:38	63.9%
155.	246	14		Paul GILSON	MV55	Ipswich Jaffa RC	0:37:44	68.2%
156.	230	11		Chloe STUTELEY	FS	Unattached	0:37:53	63.8%
157.	70	15		Duncan CHENERY	MV55	Ipswich Jaffa RC	0:38:00	67.7%
158.	25	25		Jimmy SECKER	MV40	Sudbury Joggers	0:38:01	59.8%
159.	335	35		Alex MCGREGOR	MS	Unattached	0:38:01	56.0%
160.	194	4		Magdalena	FV35	Great Bentley Running Club	0:38:01	65.1%
161.	132	26		Matthew RAWLINGS	MV40	Saint Edmund Pacers	0:38:01	59.8%
162.	2	2		Anna KEEBLE	FU20	Ipswich Harriers	0:38:06	64.1%
163.	298	14		Justin RABETT	MV50	Unattached	0:38:13	65.0%
164.	186	15		Paul BROUGH	MV50	Haverhill Running Club	0:38:15	62.9%
165.	470	30		Martin JONES	MV45	Unattached	0:38:19	60.7%
166.	28	27		Steve OGLESBY	MV40	Haverhill Running Club	0:38:29	57.8%
167.	64	12		Michelle HEWITT	FS	Framlingham Flyers	0:38:29	62.8%
168.	281	3		Cheryl TYE	FV50	Ipswich Triathlon Club	0:38:30	70.7%
169.	369	36		David BREWSTER	MS	Unattached	0:38:32	56.5%
170.	94	16		Cliff MANNING	MV55	Sudbury Joggers	0:38:35	66.1%
171.	121	37		Tom MCGINTY	MS	Unattached	0:38:36	56.8%
172.	147	3		Graham WIGLEY	MV60	Framlingham Flyers	0:38:38	67.8%
173.	51	13		Jack AXFORD	MU20	Unattached	0:38:39	55.1%
174.	117	4		Marion PARKER	FV55	Felixstowe RRC	0:38:39	74.8%
175.	328	38		Jake CHURCH	MS	Saxmundham Sports Running &	0:38:40	55.1%
176.	67	16		Mark GODBOLD	MV50	Ipswich Harriers	0:38:40	62.7%
177.	7	17		Robert REASON	MV50	Stowmarket Striders Running Club	0:38:42	63.7%
178.	359	5		Emma THISTLETON	FV35	Unattached	0:38:43	62.9%
179.	351	39		George FIRTH	MS	Stowmarket Striders Running Club	0:38:50	54.8%
180.	342	18		Chris AXFORD	MV50	Unattached	0:38:52	63.4%
181.	131	13		Hayley COATES	FS	Saint Edmund Pacers	0:38:53	62.2%
182.	105	17		David SHEAHAN	MV55	Unattached	0:38:54	66.1%
183.	81	1		Phil HYMERS	MV65	Saint Edmund Pacers	0:38:55	71.7%
184.	491	28		Andre EDWARDS	MV40	Unattached	0:39:00	58.8%
185.	349	40		Alex RUSSO	MS	Unattached	0:39:01	54.8%
186.	162	4		Elizabeth CAHILL	FV50	Braintree & District AC	0:39:02	72.3%
187.	437	31		Bill BESLEY	MV45	Stowmarket Striders Running Club	0:39:02	60.1%
188.	434	41		Jason COWLES	MS	Unattached	0:39:07	54.9%
189.	175	2		Pat MORGAN	MV65	Suffolk Trail Runners	0:39:07	72.8%
190.	396	32		Glenn PROCTOR	MV45	Stowmarket Striders Running Club	0:39:12	59.4%
191.	269	4		Mick TAYLOR	MV60	Unattached	0:39:14	69.2%
192.	412	6		Helen BARBER	FV35	Framlingham Flyers	0:39:16	62.2%
193.	255	5		Paul MAYCOCK	MV60	Capel Cheetahs RC	0:39:19	66.6%
194.	243	42		Keelan SMITH	MS	Saxmundham Sports Running &	0:39:30	54.4%
195.	108	43		Christopher	MS	Saint Edmund Pacers	0:39:32	53.9%
196.	155	7		Hien HOANG	FV35	Great Bentley Running Club	0:39:34	61.9%
197.	368	6		David MARTIN	MV60	Unattached	0:39:40	67.8%
198.	494	8		Victoria Alice	FV35	Saint Edmund Pacers	0:39:49	61.6%
199.	53	3		Charles SHOOLBRED	MV65	Ipswich Jaffa RC	0:39:51	71.4%

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200.	413	5		Belinda GODBOLD	FV55	Ipswich Jaffa RC	0:39:55	76.2%
201.	263	9		Jemma MADDAMS	FV35	Unattached	0:39:59	61.6%
202.	278	4		John NEVIN	MV65	Haverhill Running Club	0:40:06	69.6%
203.	202	7		Keith BORRETT	MV60	Unattached	0:40:11	67.5%
204.	258	8		Mon LEE	MV60	Ipswich Jaffa RC	0:40:14	65.1%
205.	380	4		Clare MOODIE	FV40	Framlingham Flyers	0:40:23	62.4%
206.	366	9		Eddie DOUGLAS	MV60	Stowmarket Striders Running Club	0:40:28	66.5%
207.	415	18		David SEYMOUR	MV55	Felixstowe RRC	0:40:34	63.4%
208.	414	10		Frank GARDINER	MV60	Great Bentley Running Club	0:40:42	66.1%
209.	226	33		David DAMANT	MV45	Stowmarket Striders Running Club	0:40:48	57.1%
210.	377	19		Mark WEBSTER	MV55	Unattached	0:40:51	63.0%
211.	193	5		Ruth BAKER	FV40	Ipswich Jaffa RC	0:40:58	62.0%
212.	187	34		Steve MCNAMARA	MV45	Stowmarket Striders Running Club	0:40:59	57.2%
213.	229	35		Robert GOODCHILD	MV45	Unattached	0:41:05	57.6%
214.	178	6		Ruth GOODCHILD	FV40	Unattached	0:41:06	61.3%
215.	498	5		Rachel TERRY	FV45	Stowmarket Striders Running Club	0:41:13	63.9%
216.	472	44		Rhodri DURIE	MS	Unattached	0:41:18	51.6%
217.	466	45		RYAN BRUTY	MS	Unattached	0:41:19	51.7%
218.	174	5		Sharon WARLAND	FV50	Stowmarket Striders Running Club	0:41:27	67.3%
219.	284	5		Robin ASHE	MV65	Bungay Black Dog RC	0:41:30	67.3%
220.	279	36		Stephen WINSER	MV45	Unattached	0:41:34	56.9%
221.	273	10		Karen DEASY	FV35	Unattached	0:41:35	59.5%
222.	399	11		Mark ALLEN	MV60	Woodbridge Shufflers Running Club	0:41:40	62.8%
223.	357	1		Christine MARSH	FV60	Unattached	0:41:45	75.7%
224.	100	19		Paul MCALLISTER	MV50	Hadleigh Hares AC	0:41:49	58.4%
225.	78	29		Simon GOLDSMITH	MV40	Ipswich Jaffa RC	0:41:50	54.8%
226.	334	14		Jack COTTEE	MU20	Unattached	0:41:51	52.7%
227.	460	6		Christine GOODWIN	FV50	Unattached	0:41:53	66.6%
228.	341	7		Trish JARVIS	FV50	Unattached	0:41:55	66.5%
229.	379	7		Leah KNEE	FV40	Unattached	0:41:57	59.7%
230.	353	6		Ruth ACWORTH	FV55	Unattached	0:41:58	71.5%
231.	73	7		Bobbie SAUERZAPF	FV55	Bungay Black Dog RC	0:41:59	72.4%
232.	114	6		David TAYLOR	MV65	Framlingham Flyers	0:41:59	67.8%
233.	391	46		Ben RIDGEON	MS	Unattached	0:42:03	51.5%
234.	168	20		Phil DAVIES	MV50	Ipswich Jaffa RC	0:42:05	58.1%
235.	242	12		Jim WITHERS	MV60	Newmarket Joggers	0:42:09	63.8%
236.	495	14		Rebecca RICHARDS	FS	Saint Edmund Pacers	0:42:17	57.3%
237.	129	8		Ruth COWLIN	FV50	Sudbury Joggers	0:42:19	66.7%
238.	171	21		Robert DUNCOMBE	MV50	Unattached	0:42:25	58.6%
239.	305	8		Lorraine REEVES	FV40	Unattached	0:42:25	60.3%
240.	390	47		Will BARROW	MS	Unattached	0:42:30	50.1%
241.	118	22		Gi Kwong CHEUNG	MV50	Ipswich Jaffa RC	0:42:31	56.6%
242.	257	37		Steve BRODIE	MV45	Brandon Fern Hoppers	0:42:31	55.6%
243.	408	23		Carl ROBINSON	MV50	Unattached	0:42:33	56.5%
244.	463	38		David CHURCH	MV45	Felixstowe RRC	0:42:36	55.1%
245.	395	39		Grant USHER	MV45	Ipswich Jaffa RC	0:42:36	56.0%
246.	340	48		Joe ROBERTS	MS	Unattached	0:42:37	50.4%
247.	433	11		Claire BLANCHFORD	FV35	Unattached	0:42:40	57.4%
248.	215	12		Kate HUTSON	FV35	Ipswich Jaffa RC	0:42:44	57.6%
249.	102	13		Pam MORGAN	FV35	Framlingham Flyers	0:42:46	57.1%

Stowmarket Striders 5 Miles 2018

Finisher List

Place	Bib	Cat Pos	Name	Cat	Club	GunTime	AG%
250.	6	6	Goldie YULE	FV45	Unattached	0:42:47	60.4%
251.	336	15	Sophie COLEMAN	FS	Ipswich Jaffa RC	0:42:50	56.4%
252.	93	49	John CHELL	MS	Ipswich Jaffa RC	0:42:54	51.1%
253.	333	14	Laura BROWN	FV35	Stowmarket Striders Running Club	0:42:57	56.7%
254.	388	16	Natalie BLAND	FS	Unattached	0:42:58	56.3%
255.	286	50	Matt REASON	MS	Stowmarket Striders Running Club	0:42:59	49.5%
256.	153	13	Tony ADOLPHUS	MV60	Ipswich Jaffa RC	0:43:00	60.9%
257.	250	9	Ruth KIEREN	FV40	Saint Edmund Pacers	0:43:08	58.0%
258.	85	8	Karen HATTON	FV55	Saint Edmund Pacers	0:43:08	70.5%
259.	14	40	Kieran HARTIGAN	MV45	Stowmarket Striders Running Club	0:43:11	54.3%
260.	326	17	Jessica BUCKLES	FS	Unattached	0:43:12	56.0%
261.	30	10	Claire PIZZEY	FV40	Unattached	0:43:12	59.2%
262.	417	15	Marion BENNETT	FV35	Ipswich Jaffa RC	0:43:14	56.7%
263.	348	20	Simon HAFFENDEN	MV55	Saint Edmund Pacers	0:43:23	59.3%
264.	485	41	Richard CHECKETTS	MV45	Framlingham Flyers	0:43:40	52.9%
265.	464	24	Jonathan NEWELL	MV50	Saint Edmund Pacers	0:43:46	55.8%
266.	49	30	Gregory STOWE	MV40	Stowmarket Striders Running Club	0:43:48	50.7%
267.	425	9	Kate WOOD	FV50	Woodbridge Shufflers Running Club	0:43:52	65.1%
268.	185	42	Neil STALLARD	MV45	Unattached	0:43:52	54.4%
269.	497	43	Andrew TERRY	MV45	Stowmarket Striders Running Club	0:43:59	54.2%
270.	238	25	Duncan CHAMBERLAIN	MV50	Ipswich Jaffa RC	0:44:00	56.0%
271.	394	18	Laura BEALE	FS	Unattached	0:44:06	54.8%
272.	189	19	Lorna MAYCOCK	FS	Capel Cheetahs RC	0:44:09	54.9%
273.	134	21	Steve BRIGHT	MV55	Unattached	0:44:10	56.7%
274.	188	20	Bianca BURMAN	FS	Sudbury Joggers	0:44:12	54.8%
275.	167	51	Gavin BOAG	MS	Stowmarket Striders Running Club	0:44:14	48.4%
276.	432	11	Hannah JEWERS	FV40	Unattached	0:44:22	56.1%
277.	158	26	Paul HALES	MV50	Capel Cheetahs RC	0:44:23	56.0%
278.	402	3	Niamh NORRIS	FU20	Unattached	0:44:24	55.8%
279.	89	22	Joe NAUGHTON	MV55	Stowmarket Striders Running Club	0:44:25	56.9%
280.	480	21	Ellen TURNER	FS	Unattached	0:44:32	54.3%
281.	401	27	Phil NORRIS	MV50	Unattached	0:44:33	54.9%
282.	499	16	SVITLANA ZINCHENKO	FV35	Newmarket Joggers	0:44:36	55.5%
283.	393	12	Emma CUMMINGS	FV40	Unattached	0:44:39	56.9%
284.	109	17	Jenny MERRY	FV35	Sudbury Joggers	0:44:41	55.4%
285.	101	10	Amanda PRIOR	FV50	Capel Cheetahs RC	0:44:51	61.4%
286.	96	13	Helen SKINNER	FV40	Unattached	0:44:53	57.0%
287.	440	44	Richard SORE	MV45	Ipswich Jaffa RC	0:44:55	52.7%
288.	41	7	Joanne BROOKE	FV45	Felixstowe RRC	0:45:02	59.1%
289.	443	22	Victoria SIMONDS	FS	Stowmarket Striders Running Club	0:45:04	53.7%
290.	161	14	Stephen WILLIAMS	MV60	Saint Edmund Pacers	0:45:04	60.2%
291.	115	15	Iain HUNTER	MV60	Stowmarket Striders Running Club	0:45:12	57.9%
292.	13	11	Carole CHALLIS	FV50	Ipswich Jaffa RC	0:45:15	60.2%
293.	111	12	Jackie COLLINS	FV50	Felixstowe RRC	0:45:39	61.8%
294.	68	23	Adrian COLE	MV55	Stowmarket Striders Running Club	0:45:40	55.3%
295.	355	7	Richard FELLINGHAM	MV65	Stowmarket Striders Running Club	0:45:42	62.3%
296.	244	45	David TILLET	MV45	Felixstowe RRC	0:45:50	52.0%
297.	474	13	Ruth GREGGOR	FV50	Unattached	0:45:52	62.3%
298.	475	24	Richard JAQUES	MV55	Unattached	0:45:52	55.6%
299.	356	52	Tom AYKROYD	MS	Unattached	0:45:57	48.0%

Stowmarket Striders 5 Miles 2018

Finisher List

Place	Bib	Cat Pos	Name	Cat	Club	GunTime	AG%
300.	83	53	Andy HAYWARD	MS	Stowmarket Striders Running Club	0:45:58	46.7%
301.	29	14	Alison GROGAN	FV40	Unattached	0:46:00	55.2%
302.	130	8	Chris AYLNER	MV65	Newmarket Joggers	0:46:01	60.7%
303.	448	8	Tracie EMERSON	FV45	Stowmarket Striders Running Club	0:46:04	57.2%
304.	60	18	Claire TROTT	FV35	Unattached	0:46:10	53.6%
305.	381	14	Karen SHELLEY	FV50	Capel Cheetahs RC	0:46:13	61.0%
306.	239	15	Karen CHAMBERLAIN	FV50	Ipswich Jaffa RC	0:46:15	58.9%
307.	149	25	Steven REYNOLDS	MV55	Unattached	0:46:24	55.9%
308.	285	9	Christine ASHE	FV55	Bungay Black Dog RC	0:46:28	63.0%
309.	154	10	Judith ADOLPHUS	FV55	Ipswich Jaffa RC	0:46:32	63.7%
310.	66	16	Mandy GODBOLD	FV50	Ipswich Harriers	0:46:36	58.5%
311.	170	46	Jason DEAR	MV45	Unattached	0:46:37	49.5%
312.	438	16	Paul BELAND	MV60	Unattached	0:46:37	56.2%
313.	113	1	Vivienne TAYLOR	FV65+	Framlingham Flyers	0:46:39	70.6%
314.	192	17	Samantha	FV50	Bungay Black Dog RC	0:46:39	59.8%
315.	112	28	Ant WHITAKER	MV50	Unattached	0:46:41	52.8%
316.	88	2	John CULLUM	MV70+	Saint Edmund Pacers	0:46:45	61.6%
317.	176	2	Pam MORGAN	FV65+	Suffolk Trail Runners	0:46:46	73.5%
318.	441	29	Jez SORE	MV50	Unattached	0:46:51	52.6%
319.	287	18	Karen GEDGE	FV50	Bungay Black Dog RC	0:46:53	60.2%
320.	313	23	Rachael HATTEN	FS	Saint Edmund Pacers	0:46:57	51.5%
321.	479	19	Dawn GILLETT	FV50	Unattached	0:47:00	60.8%
322.	465	19	Rachel SOUTHGATE	FV35	Unattached	0:47:00	52.0%
323.	436	24	Sian Louise BARTLETT	FS	Unattached	0:47:10	51.2%
324.	182	25	Ruth GRAY	FS	Ipswich Jaffa RC	0:47:11	51.5%
325.	63	20	Liza PUTWAIN	FV35	Stowmarket Striders Running Club	0:47:15	52.1%
326.	166	3	Mike ROSBROOK	MV70+	Hadleigh Hares AC	0:47:16	72.3%
327.	476	26	Hannah BERE	FS	Unattached	0:47:16	51.1%
328.	172	27	Jessica THORPE	FS	Stowmarket Striders Running Club	0:47:16	51.2%
329.	372	11	Heather RUFF	FV55	Capel Cheetahs RC	0:47:25	61.0%
330.	308	28	Vicki HOBBS	FS	Stowmarket Striders Running Club	0:47:26	51.0%
331.	152	15	Stephen NEWHALL	FV40	Unattached	0:47:34	53.4%
332.	261	26	GUY WHITING	MV55	Unattached	0:47:36	52.6%
333.	431	54	Stuart MATHIESON	MS	Sudbury Joggers	0:47:38	44.7%
334.	490	9	Samantha STARLING	FV45	Saint Edmund Pacers	0:47:39	55.3%
335.	398	4	Scarlett ANGOVE	FU20	Stowmarket Striders Running Club	0:47:43	52.8%
336.	69	12	Angela WHITING	FV55	Stowmarket Striders Running Club	0:47:44	60.6%
337.	151	10	Amanda CHILDS	FV45	Ipswich Jaffa RC	0:47:50	55.0%
338.	52	29	Adriana HOUCHELL	FS	Ipswich Jaffa RC	0:47:51	50.5%
339.	374	30	Andrew CLIFTON	MV50	Felixstowe RRC	0:47:55	50.6%
340.	71	20	Jenny LYNCH	FV50	Felixstowe RRC	0:47:58	59.5%
341.	290	9	Paul WINTER	MV65	Stowmarket Striders Running Club	0:48:04	58.1%
342.	439	21	Rebecca JENNINGS	FV50	Unattached	0:48:07	57.9%
343.	98	31	Robert Tillyard	MV50	Saint Edmund Pacers	0:48:09	51.6%
344.	65	47	Christopher HOWARD	MV45	Sudbury Joggers	0:48:12	49.1%
345.	462	13	Jenny CHURCH	FV55	Felixstowe RRC	0:48:17	60.6%
346.	289	16	Chris ALDERTON	FV40	Stowmarket Striders Running Club	0:48:22	52.5%
347.	347	3	Julie HASELWOOD	FV65+	Ipswich Jaffa RC	0:48:30	67.9%
348.	345	11	Tracey TAYLOR	FV45	Unattached	0:48:40	54.1%
349.	211	30	Amy SAUNDERS	FS	Stowmarket Striders Running Club	0:48:45	49.6%

Stowmarket Striders 5 Miles 2018

Finisher List

Place	Bib	Cat	Pos	Name	Cat	Club	GunTime	AG%
350.	407	31		Kieron PERRY	MV40	Unattached	0:48:47	47.0%
351.	346	12		Sarah COX	FV45	Unattached	0:48:50	55.1%
352.	253	31		Lucy DRIVER	FS	Felixstowe RRC	0:48:54	49.7%
353.	362	14		Maria REED	FV55	Haverhill Running Club	0:48:55	59.8%
354.	214	2		Gillian CHARLTON	FV60	Stowmarket Striders Running Club	0:49:14	62.5%
355.	449	32		Hannah TRICKER	FS	Unattached	0:49:47	48.6%
356.	496	33		Rachal BRETT	FS	Unattached	0:49:48	48.7%
357.	209	15		Tracy HUMPHREYS	FV55	Stowmarket Striders Running Club	0:49:51	58.0%
358.	382	13		Julia MOSS-ECCAARDT	FV45	Stowmarket Striders Running Club	0:49:52	52.8%
359.	191	27		Malcolm	MV55	Bungay Black Dog RC	0:49:54	50.2%
360.	95	16		Jane MOON	FV55	Felixstowe RRC	0:49:56	59.3%
361.	430	17		Claire ROOKE	FV40	Sudbury Joggers	0:49:58	51.2%
362.	58	55		Calum DYES	MS	Unattached	0:50:02	42.6%
363.	12	18		Amanda BREWSTER	FV40	Stowmarket Striders Running Club	0:50:03	51.1%
364.	201	22		Louise JUDGE	FV50	Unattached	0:50:05	55.0%
365.	293	48		Mark WOODS	MV45	Unattached	0:50:08	47.2%
366.	248	56		Robert KEMP	MS	Felixstowe RRC	0:50:08	42.7%
367.	500	34		Hedydd DAVIS	FS	Unattached	0:50:13	48.2%
368.	195	3		Jackie CUNINGHAME	FV60	Stowmarket Striders Running Club	0:50:14	63.8%
369.	18	57		Josh IRON	MS	Haverhill Running Club	0:50:15	42.4%
370.	361	21		Samantha EMMS	FV35	Unattached	0:50:17	48.7%
371.	337	14		Lois MICKLEBURGH	FV45	Unattached	0:50:17	51.3%
372.	260	23		SUSAN WHITING	FV50	Ipswich Jaffa RC	0:50:23	54.7%
373.	39	32		John BUSH	MV50	Great Bentley Running Club	0:51:04	48.7%
374.	316	33		Nigel JOHNS	MV50	Capel Cheetahs RC	0:51:15	48.1%
375.	338	49		Tony HOLLAND	MV45	Ipswich Jaffa RC	0:51:19	46.1%
376.	451	58		Rob COOK	MS	Unattached	0:51:32	41.5%
377.	314	4		Jane BAILEY	FV60	Felixstowe RRC	0:51:38	61.2%
378.	107	35		Angela BRENNAN	FS	Unattached	0:51:44	46.7%
379.	327	15		Tina CHURCH	FV45	Saxmundham Sports Running &	0:52:14	49.9%
380.	364	22		Karina HUNT	FV35	Haverhill Running Club	0:52:18	47.1%
381.	233	16		Tracey PENNOCK	FV45	Unattached	0:52:23	50.8%
382.	207	23		Jenny WHITAKER	FV35	Unattached	0:52:39	47.0%
383.	254	24		Liz ATKINS	FV35	Unattached	0:52:47	46.3%
384.	142	17		Heidi KNIGHT	FV45	Capel Cheetahs RC	0:53:00	48.7%
385.	458	24		Ann ALEXANDER	FV50	Sudbury Joggers	0:53:37	52.0%
386.	403	17		Sally-Ann HAMMOND	FV55	Unattached	0:53:41	55.2%
387.	409	25		Anneli OSTLER	FV35	Felixstowe RRC	0:53:56	45.3%
388.	38	5		Anne OLIVER	FV60	Felixstowe RRC	0:54:23	58.9%
389.	47	18		Jo DICKINSON	FV45	Felixstowe RRC	0:54:23	48.9%
390.	91	59		Steve ROBERTS	MS	Sudbury Joggers	0:54:39	39.8%
391.	373	26		Claire BUTCHER	FV35	Felixstowe RRC	0:55:08	44.3%
392.	493	18		Jayne WOODGATE	FV55	Unattached	0:56:50	52.1%
393.	492	36		Sarah MONK	FS	Unattached	0:56:50	42.7%
394.	221	27		Alison RENSHAW	FV35	Ipswich Jaffa RC	0:58:02	42.6%
395.	371	37		Lucy AINSLEY	FS	Unattached	0:58:18	41.6%
396.	204	19		Sue HUNTER	FV55	Stowmarket Striders Running Club	0:58:45	51.7%
397.	370	28		Doranne BREWSTER	FV35	Unattached	0:58:57	41.6%
398.	240	25		Claire JAY	FV50	Stowmarket Striders Running Club	0:59:53	47.7%
399.	9	4		Trish HOPKINS	FV65+	Felixstowe RRC	1:00:10	55.5%

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Finisher List

Place	Bib	Cat Pos	Name	Cat	Club	GunTime	AG%
400.	385	20	Sue CRAWTE	FV55	Unattached	1:00:15	49.2%
401.	210	5	Chris GAY	FV65+	Stowmarket Striders Running Club	1:03:28	54.2%
402.	288	6	Mary HOPE	FV60	Unattached	1:05:15	48.4%
403.	200	4	Martin TILLEY	MV70+	Saint Edmund Pacers	1:05:33	50.9%
404.	54	6	Corinne SHOOLBRED	FV65+	Unattached	1:10:58	47.7%

Number of records: 404