

Stowmarket Scenic 7

Participants List

Name	Cat	Club
Scenic 7		
ALDOUS, Abigail	FV35	Unattached
ALDOUS, Steven	MS	Unattached
ALDRED, Linda	FV50	Framlingham Flyers
ALDRED, Will	MV50	Framlingham Flyers
ALLARD, Adam	MV45	Unattached
ALLEN, Howard	MV55	Unattached
ALLISON, Vicki	FV40	Framlingham Flyers
ALLPORT, Jacqueline	FV55	Felixstowe RRC
ALLPORT, Richard	MV60	Felixstowe RRC
ALLUM, Karen	FV55	Unattached
AMES, Michaela	FV35	Ipswich Jaffa RC
ANDERSON, Dave	MV45	Unattached
ANDERSON, Keith	MV55	Woodbridge Shufflers RC
ANDREWS, Mark	MV55	Unattached
ARCHIBALD, Yvonne	FV35	Unattached
ARKLE, Luke	MS	Unattached
ARNOLD, Stephen	MV45	Unattached
ASHCROFT, Mary	FV55	Unattached
ATKINS, Stephen	MV55	Saint Edmund Pacers
ATKINSON, Chloe	FS	Unattached
ATTENBORROW, Richard	MV70+	Unattached
ATTWELL, Jayne	FV45	Unattached
ATTWELL, Richard	MV50	Stowmarket Striders RC
AVERY, Mark	MV55	Ipswich Jaffa RC
AYERS, Helen	FV55	Unattached
AYKROYD, Katherine	FV40	Felixstowe RRC
AYKROYD, Tom	MV40	Felixstowe RRC
AYLING, Laura	FS	Felixstowe RRC
BACON, Mollie	FS	Unattached
BACON, Tony	MV40	Haverhill Running Club
BAIN, John	MV65	Lonely Goat RC
BAINES, Candy	FV60	Unattached
BAKER, Ruth	FV45	Ipswich Jaffa RC
BALFE, Anika	FV45	Ipswich Jaffa RC
BAMSEY, Joel	MV45	Unattached
BANHAM, Mark	MV45	Ipswich Jaffa RC
BANHAM, Sarah	FV35	Felixstowe RRC
BARBER, Helen	FV40	Framlingham Flyers
BARBER, Lee	MV40	Framlingham Flyers
BARNARD, Jake	MS	Unattached
BARNES, Steph	FV45	Unattached
BARTHOLOMEW, David	MV55	Unattached
BATTEY, Claire	FV40	Unattached
BATTEY, Mark	MV45	Unattached
BEER, Philip	MV55	Stowmarket Striders RC
BELSOM, Robin	MV60	Ipswich Jaffa RC
BENFORD, Debbie	FV45	Unattached

Stowmarket Scenic 7

Participants List

Name	Cat	Club
BENSON, Matt	MV45	Sudbury Joggers
BERGDAHL, Carl	MV50	Ipswich Jaffa RC
BERGDAHL, Molly	FS	Ipswich Jaffa RC
BERRIMAN, Carl	MV50	Rushmere Community Runners
BIDWELL, Marie	FV60	Unattached
BILOTTA, Julia	FV65	Hadleigh Hares AC
BINGHAM, Heidi	FV45	Stowmarket Striders RC
BISHOP, Kathy	FV55	Great Bentley Running Club
BLANCHARD, Melanie	FV45	Unattached
BLANCHFORD, Claire	FV40	Unattached
BLAZEY, Laura	FV35	Saint Edmund Pacers
BLOOMFIELD, Ron	MV45	Unattached
BOULTER, Daniel	MS	Unattached
BOUTTELL, Joanne	FV55	Newmarket Joggers
BOYT, Christopher	MV50	Felixstowe RRC
BRACKENBURY, Karen	FV60	Unattached
BRADLEY, Graham	MV60	Unattached
BRADLEY, Lloyd	MS	Saint Edmund Pacers
BRAIN, Catherine	FV45	Unattached
BRANCH, Julie	FV50	Unattached
BRAND-SMITH, Rachel	FV35	Unattached
BRAND-SMITH, Ray	MS	Unattached
BRAND, Paul	MV40	Unattached
BRANDY, Jason Isaac	MS	Unattached
BREWSTER, David	MV50	Unattached
BREWSTER, David	MV40	Felixstowe RRC
BREWSTER, Doranne	FV40	Felixstowe RRC
BREWSTER, Martyn	MV50	Felixstowe RRC
BRIMSON, Pete	MV55	Unattached
BRIMSON, Stephen	MV45	Unattached
BROOKE, Rachel	FV50	Ipswich Jaffa RC
BROOKE, Steve	MV55	Felixstowe RRC
BROWN, Annabel	FS	Ipswich Jaffa RC
BRUNT, Jason	MV50	Norfolk Gazelles AC
BRYANTON, Lucy	FV50	Unattached
BUCHAN, Stuart	MS	Unattached
BUCKLE, Adam	MV40	Unattached
BUCKLEY, Kerry	MV50	Felixstowe RRC
BUDD, Andrew	MV60	Capel Cheetahs
BULLEN, Mark	MV50	Unattached
BUTCHER, Claire	FV40	Felixstowe RRC
BYFIELD, Marie	FV45	Unattached
BYFIELD, Tony	MV50	Unattached
CAISEY, Benjamin	MV45	Unattached
CALTON, Michael	MS	Unattached
CALVER, Emma	FV50	Unattached
CARPENTER, Annabel	FS	Unattached
CARTER, Gem	FV35	Saint Edmund Pacers

Stowmarket Scenic 7

Participants List

Name	Cat	Club
CARTWRIGHT, Joanne	FV50	Framlingham Flyers
CASS, John	MV50	Unattached
CATLIN, Marcus	MV45	Ipswich Jaffa RC
CHALK, Kayley	FS	Unattached
CHAMBERLAIN, Duncan	MV55	Ipswich Jaffa RC
CHAMBERLAIN, Karen	FV55	Ipswich Jaffa RC
CHAVEZ, Luz	FV35	Ipswich Jaffa RC
CHERRETT, Tim	MV60	Framlingham Flyers
CHING, Debbie	FV45	Capel Cheetahs
CHORLEY, Chris	MV60	Bungay Black Dog RC
CLARK, Graham	MV65	Unattached
CLARKE, Alison	FV60	Unattached
CLARKE, Lisa	FV35	Ipswich Jaffa RC
CLARRY, Jemma	FS	Unattached
CLEMENTS, Kieran	MS	Shaftesbury Barnet Harriers
CLIFFORD, Geraldine	FV45	Unattached
COBBOLD, Jacquelyn	FV45	Unattached
COCKER, Andrew	MV60	Unattached
CODD, Gavin	MV50	Unattached
CODLING, Thomas	MS	Unattached
COLE, Adrian	MV60	Stowmarket Striders RC
COLE, Erica	FV40	Unattached
COLEMAN, Kevin	MV55	Stowmarket Striders RC
COLLINS, Jackie	FV55	Felixstowe RRC
COLLINS, Luke	MS	Unattached
COOK, Darren	MV45	Felixstowe RRC
COOKE, John	MV55	Unattached
COOPER, Donna	FV35	Stowmarket Striders RC
COOPER, Jamie	MV40	Unattached
COSTER-REEVE, Luke	MS	Unattached
COX-HARTIGAN, Freddie	MS	Bungay Black Dog RC
COX, Duncan	MV50	Unattached
COX, Joanne	FV50	Bungay Black Dog RC
CRAIG, Andrew	MV50	Unattached
CREAK, Kate	FV35	Colchester Harriers AC
CRESSWELL, Alex	FV40	Unattached
CRESSWELL, Keith	MV70+	Unattached
CRESSWELL, Steve	MV45	Unattached
CRIDLAND, Karl	MS	Unattached
CUNINGHAME, Jackie	FV65	Stowmarket Striders RC
CURRANT, Nicola	FV45	Unattached
CURTIS, Louise	FV50	Vegan Runners UK
CURTIS, Louise	FV50	Vegan Runners UK
DABROWSKA, Katarzyna	FV35	Capel Cheetahs
DALY, Derek	MV60	Felixstowe RRC
DAVIDSON, Ryan	MS	Unattached
DAVIES, Rich	MS	Stowmarket Striders RC
DAVISON, Paul	MV50	Great Bentley Running Club

Stowmarket Scenic 7

Participants List

Name	Cat	Club
DAVISON, Sarah	FV45	Great Bentley Running Club
DE BOOS, Bev	FV70+	Girls That Jeff
DEBNEY, Charlotte	FV35	Unattached
DENNIS, Neil	MV40	Stowmarket Striders RC
DENNY, Ailsa	FS	Unattached
DICKINSON, Joshua	MS	Unattached
DIGHTON, Jason	MV45	Ipswich Phoenix Running Club
DORSET, Paul	MV50	Felixstowe RRC
DOUGLAS, Clare	FS	Stowmarket Striders RC
DOUGLAS, Edward	MV65	Stowmarket Striders RC
DUGGAN, Ian	MV55	Felixstowe RRC
DUNNETT, John	MV60	Capel Cheetahs
DURRANT, Christopher	MV55	Felixstowe RRC
EAGLES, Libby	FS	Unattached
EDMONDSON, Stephen	MV55	Stowmarket Striders RC
EGLINTON, Kerry-Ann	FV45	Unattached
ELLIS, Jim	MV40	Stowmarket Striders RC
ELLIS, Olivia	FS	Ipswich Jaffa RC
ELSTONE, Daniela	FV55	Felixstowe RRC
EMMS, Samantha	FV40	Run Mummy Run CRC
FAIRWEATHER, Julie	FV40	Unattached
FARTHING, Calvin	MS	Unattached
FARTHING, Robert	MV40	Unattached
FEAGAN, Karl	MV45	Ipswich Harriers
FENTON, James	MV45	Unattached
FILA, Alexandra	FV35	Unattached
FIRTH, George	MS	Unattached
FISHER, Stuart	MV40	Unattached
FITTOCK, Jamie	MV40	Saint Edmund Pacers
FLACK, Andrew	MV50	Unattached
FLYNN, Matt	MV50	Stowmarket Striders RC
FOORT, Mark	MV50	Unattached
FORD, Andrew	MV40	Unattached
FORD, Simon	MV45	Colchester Harriers AC
FOWLER, Dale	MV40	Ipswich Jaffa RC
FOX, Chris	MV55	Woodbridge Shufflers RC
FOX, Garrick	MV70+	Bungay Black Dog RC
FREEMAN, Nicola	FV40	Unattached
FREIHERR-FENTON, Yvonne	FV45	Unattached
FROST, Edwina	FV65	Unattached
FULLER, Christopher	MS	Saxmundham Sports Running & Fitness Club
FULLINGER, Sarah	FV45	Unattached
GARNHAM, Sally	FV60	Felixstowe RRC
GARROD, Roger	MV55	Felixstowe RRC
GILBERT, Gemma	FV40	Felixstowe RRC
GILLIBRAND, Clare	FV50	Unattached
GINN, Jason	MV50	Unattached
GIRLING, Lyndsey	FV35	Diss and District AC

Stowmarket Scenic 7

Participants List

Name	Cat	Club
GITTINGS, Hayley	FV45	Unattached
GLADWELL, Ben	MS	Stowmarket Striders RC
GODBOLD, Belinda	FV60	Hadleigh Hares AC
GOLDSMITH, Simon	MV50	Unattached
GOODCHILD, Ruth	FV45	Unattached
GOURLAY, Annie	FV40	Sudbury Joggers
GOURLAY, Robert	MV50	Sudbury Joggers
GRAHAM, Alexandre	MS	Ipswich Jaffa RC
GREEN, Collette	FV40	Felixstowe RRC
GREEN, Kieran	MV40	Unattached
GREEN, Terri	FV40	Ipswich Jaffa RC
GREENER, John	MV50	Saint Edmund Pacers
GREENER, Kate	FV45	Unattached
GRIGGS, Mark	MV50	Rushmere Community Runners
GUYON, Bradley	MV50	Unattached
GUYON, Kelly	FV40	Unattached
GUYTON, Sian	FV40	Unattached
HADWEN, Christian	MV45	Felixstowe RRC
HALES, Wendie	FV55	Felixstowe RRC
HALL, Jemma	FV35	Eastern Masters AC
HALL, Laura	FV35	Unattached
HALLIWELL, Karen	FV40	Unattached
HAMMOND, Lee	MS	Unattached
HARDWICK, Joanne	FV40	Unattached
HARDWICK, Tom	MS	Unattached
HARGREAVES, Sean	MV40	Unattached
HARPER, Robin	MV45	Felixstowe RRC
HARRINGTON-CLARK, Claire	FV50	Unattached
HARRIS, Simon	MV45	Newmarket Joggers
HARRIS, Thomas	MS	Unattached
HARROW, Rob	MV45	Unattached
HART, Deb	FV50	Unattached
HASNIP, Gavin	MV40	Unattached
HAY, Natalie	FV45	Saint Edmund Pacers
HAYDEN, Mark	MV50	Framlingham Flyers
HAYFIELD, Sharon	FV50	Unattached
HAYSTEAD, Chris	MV50	Unattached
HAYWARD, Jake	MS	Stowmarket Striders RC
HAYWARD, Jo	FV50	Stowmarket Striders RC
HEMPSTEAD, Caroline	FV50	Unattached
HENNELL JAMES, Jeremy	MV60	Ipswich Harriers
HILLIER, Neil	MV50	Unattached
HILLYARD, Alan	MV60	Ipswich Triathlon Club
HOBBS, Alex	MS	Stowmarket Striders RC
HOLDEN, Jonathan	MV45	Unattached
HOLLAND, Julian	MV45	Unattached
HOLLAND, Michelle	FV35	Unattached
HOLLEY, Kevin	MV60	Unattached

Stowmarket Scenic 7

Participants List

Name	Cat	Club
HOLLINGWORTH, Ellen	FV55	Stowmarket Striders RC
HOLMES, Jan	FV60	Newmarket Joggers
HOOD, Carole	FV50	Unattached
HOOD, Derek	MV45	Ipswich Jaffa RC
HOOD, Michael	MV55	Unattached
HOOPER, Nathalie	FV55	Hadleigh Hares AC
HOPE, Tom	MS	Unattached
HORNE, Paul	MV60	Unattached
HORSFIELD, Rosie	FV40	Ipswich Jaffa RC
HOUCHELL, Adriana	FV35	Ipswich Jaffa RC
HOUGHTON, Phil	MV50	Unattached
HOWE, Portia	FV40	Unattached
HUGHES, Claire	FV40	Unattached
HUGHES, Rebecca	FV55	Unattached
HUNT, Steve	MV60	Hadleigh Hares AC
HUNT, Stuart	MS	Hadleigh Hares AC
HURSTHOUSE, Richard	MV45	Stowmarket Striders RC
HUTCHINSON, Jane	FV45	Unattached
HYMERS, Philip	MV70+	Saint Edmund Pacers
IBBOTSON, William	MV55	Unattached
JAMES, Andrew	MV65	Unattached
JARVIS, Peter	MV45	Unattached
JEGGO, Caroline	FV45	Unattached
JENNINGS, Martin	MV40	Ipswich Jaffa RC
JENNINGS, Rebecca	FV55	Unattached
JOHNS, Chris	MV65	Woodbridge Shufflers RC
JOHNS, Nigel	MV55	Capel Cheetahs
KALINSKI, Jake	MV50	Unattached
KELLETT, Wendy	FV50	Ipswich Jaffa RC
KING, Katie	FS	Saint Edmund Pacers
KING, Matt	MV50	Saint Edmund Pacers
KINGSTON, Sian	FV45	Framlingham Flyers
KIRBY, Tess	FS	Rushmere Community Runners
KNIGHTS, Alex	MV40	Kesgrave Kruisers
LANCASTER, Diane	FV65	Unattached
LAST, Lesley	FV55	Unattached
LAST, Sophie	FV35	Unattached
LAWS, Andrew	MV55	Ipswich Jaffa RC
LAYZELL, Charles	MS	Ipswich Phoenix Running Club
LEEK, Chris	MV45	Framlingham Flyers
LEWIS, Amanda	FV55	Unattached
LINASSI, Sam	FV45	Felixstowe RRC
LLOYD, Mark	MV50	Harwich Runners
LOCKWOOD, Emily	FS	Unattached
LONG, Tim	MV60	Ipswich Jaffa RC
LOOBY, Nicholas	MV55	Witham RC
MACDONALD, Garry	MV55	Felixstowe RRC
MADDEN, Amy	FV35	Unattached

Stowmarket Scenic 7

Participants List

Name	Cat	Club
MADDEN, Paul	MV45	Unattached
MAIDMENT, Sarah	FV45	Framlingham Flyers
MAKIN, Matt	MS	Felixstowe RRC
MALOY, Sandy	FV55	Halstead RRC
MANLY, Veronica	FV70+	Harleston Running Club
MANNING, Cliff	MV60	Unattached
MARRIOTT, Michael	MV65	Unattached
MARSH, Kirsty	FV40	Felixstowe RRC
MARTIN, Rebecca	FV60	Hadleigh Hares AC
MASON, David	MV50	Unattached
MASON, Tom	MV45	Unattached
MATTHEWS, Stuart	MV50	Saint Edmund Pacers
MAYCOCK, Melvyn	MV40	Ipswich Jaffa RC
MAYCOCK, Paul	MV65	Capel Cheetahs
MAYHEW, Larissa	FV55	Unattached
MCDERMOTT, Ian	MV60	Ipswich Jaffa RC
MCDOWALL, Debbie	FV60	Stowmarket Striders RC
MCINTOSH, Caroline	FV70+	Newmarket Joggers
MCKINNELL, Michael	MV70+	Unattached
MCLEAN, Stewart	MV55	Unattached
MCNEILL, Ryan	MS	Hadleigh Hares AC
MEAD, Daniel	MV50	Saint Edmund Pacers
MENDEZ ACOSTA, Jose	MS	Unattached
METCALFE, Jane	FV50	Unattached
MICHAEL, Natasha	FS	Saint Edmund Pacers
MILLS, Greg	MV65	Unattached
MONK, Sarah	FV35	Unattached
MOODIE, Clare	FV45	Framlingham Flyers
MOON, Jane	FV60	Felixstowe RRC
MORGAN, Pam	FV70+	Ipswich Triathlon Club
MORGAN, Pat	MV70+	Ipswich Triathlon Club
MORGAN, Piers	MV55	Stowmarket Striders RC
MORTIMER, Amanda	FV40	Ipswich Jaffa RC
MOSELEY, Alistair	MV55	Unattached
MOSS, Gemma	FV50	Ipswich Jaffa RC
MOTHERSOLE, George	MS	Unattached
MOYES, Emily	FS	Stowmarket Striders RC
MURES, Glen	MV50	Felixstowe RRC
MURRAY, Crystal	FV35	Hadleigh Hares AC
NAREY, Mary	FV55	Stowmarket Striders RC
NAYLOR, Rosemary	FV50	TRISudbury
NEWELL, Carl	MV45	Unattached
NEWMAN, Gary	MV40	Unattached
NEWMAN, Kellie	FV40	Unattached
NOBBS, Tracey	FV55	Sudbury Court Running Club
O'BRIEN, James Aaron	MV45	Unattached
OFFORD, Karen	FV45	Stowmarket Striders RC
OLD, Ian	MV40	Ipswich Jaffa RC

Stowmarket Scenic 7

Participants List

Name	Cat	Club
OSBORNE, Darin	MV55	Unattached
OSTLER, Anneli	FV40	Felixstowe RRC
OSTLER, Justin	MV50	Felixstowe RRC
PAGE, Glen	MV45	Rushmere Community Runners
PAGE, Rachael	FV45	Ipswich Jaffa RC
PAGE, Sandy	FV45	Kesgrave Kruisers
PARKER, Gary	MV40	Unattached
PARTON, Andy	MV50	Capel Cheetahs
PARTON, Diane	FV55	Capel Cheetahs
PAVELEY, Marie	FV45	Capel Cheetahs
PEAKE, Katie	FS	Ipswich Jaffa RC
PEARSON, Carl	MV40	Unattached
PEARSON, Martin	MV55	Unattached
PEDDER-SMITH, Joe	MV45	Unattached
PELLING, Daniel	MV50	Haverhill Running Club
PENNOCK, Sarah	FV40	Sudbury Joggers
PETERS, Hayley	FV35	Unattached
PICKARD, Claire	FV45	Woodbridge Shufflers RC
PLATT, James	MS	Vegan Runners UK
POOLEY, Hollyanne	FV35	Unattached
POWER, Emma	FV55	Unattached
POWER, Nick	MV55	Unattached
POWLETT, Abby	FV45	Ipswich Jaffa RC
PRETTY, Christina	FV60	Harwich Runners
PRETTY, Kim	MV65	Harwich Runners
PRICE, Sandra	FV45	Lonely Goat RC
PRIEST, Debbie	FV60	Diss and District AC
PRIOR, Amanda	FV55	Capel Cheetahs
PRITCHARD, Chris	MV40	Unattached
PRNTONY, Ian	MV55	Unattached
PRYKE, Stuart	MS	Unattached
PURNELL, Claire	FV50	Unattached
PYKE, Ray	MV60	Unattached
QUARTON, Neil	MV55	Unattached
RADFORD, Olivia	FS	Ipswich Jaffa RC
RAMSAY, Louise	FV50	Ipswich Jaffa RC
RANDEL, Steven	MS	Unattached
RANSON, Tim	MV60	Unattached
RATCLIFFE, Tracy	FV50	Rushmere Community Runners
RAYMENT-POOLE, Natasha	FV40	Unattached
READ, Alastair	MV45	Felixstowe RRC
REID, Gemma	FV50	Unattached
REYNOLDS, Steven	MV65	Unattached
RICHARDSON, Charlotte	FV40	Unattached
RICHBELL, Emma	FV50	Unattached
RIPMAN, Laura	FV40	Unattached
RIPMAN, Nicki	FV40	Ipswich Jaffa RC
RISEBROW, Stuart	MV50	Ipswich Phoenix Running Club

Stowmarket Scenic 7

Participants List

Name	Cat	Club
ROBERTS, Sandra	FV60	Ipswich Jaffa RC
ROBERTSON, Ollie	MS	Unattached
ROBINSON, Denise	FV65	Stowmarket Striders RC
ROE, Emily	FS	Unattached
ROPER, Nicky	FV50	Framlingham Flyers
ROSE, Mark	MV45	Ipswich Jaffa RC
ROSENWOLD, Joanne	FV50	Haverhill Running Club
ROSS, Martine	FV40	Unattached
ROWLANDS, Ashleigh	FS	Unattached
RUSHTON, Michael	MV45	Saint Edmund Pacers
RUSSELL, Peter	MV70+	Framlingham Flyers
SADLER, George	MV50	Unattached
SADLER, Joe	MS	Unattached
SADLER, Nicola	FV50	Unattached
SANDERSON, Nicola	FV50	Unattached
SANDFORD, Sally	FV45	Unattached
SARGINSON, Bron	FV45	Ipswich Phoenix Running Club
SAUERZAPF, Bobbie	FV60	Bungay Black Dog RC
SCHWER, Paul	MV60	Felixstowe RRC
SCOTT, Mark	MV45	Ipswich Jaffa RC
SCULLY, Angelique	FV50	Unattached
SCULLY, John	MV50	Unattached
SCUTCHER, Leah	FV40	Unattached
SCUTCHER, Matthew	MV45	Unattached
SECKER, Jimmy	MV45	Saint Edmund Pacers
SELFE, Angela	FV45	Stowmarket Striders RC
SEVERY, Alison	FV35	Unattached
SEVERY, Liz	FV60	Unattached
SEWARD, Sophie	FV35	Unattached
SEYMOUR, David	MV60	Felixstowe RRC
SHAVE, Rosie	FV35	Unattached
SILLETT, Ian	MV65	Felixstowe RRC
SKENE, Karen	FV55	Capel Cheetahs
SKENE, Matt	MS	Capel Cheetahs
SKEVINGTON, David	MV50	Unattached
SMART, Tony	MS	Unattached
SMITH, Barry	MV55	Unattached
SMITH, Heather	FV50	Unattached
SMITH, Janette	FV50	Unattached
SMITH, Jem	MV50	Sudbury Joggers
SMITH, Kim	FV35	Diss and District AC
SMITH, Mark	MV45	Unattached
SMITH, Misty	FV35	Ipswich Jaffa RC
SMITH, Natasha	FS	Ipswich Jaffa RC
SMITH, Ray	MV65	Unattached
SMITH, Richard	MV45	Unattached
SMITH, Richard	MS	Stowmarket Striders RC
SMITH, Viki	FV40	Unattached

Stowmarket Scenic 7

Participants List

Name	Cat	Club
SOLOMON, Dave	MV55	Felixstowe RRC
SOUTHGATE, Rachel	FV40	Felixstowe RRC
SPURGEON, Terry	MV55	Ipswich Jaffa RC
SQUIRRELL, Lauren	FS	Ipswich Harriers
SQUIRRELL, Lisa	FV45	Woodbridge Shufflers RC
SQUIRRELL, Rob	MV50	Woodbridge Shufflers RC
STANNARD, Carl	MS	Unattached
STEPHENSON, Lee	MV50	Rushmere Community Runners
STEVENSON, Nicola	FV60	Felixstowe RRC
STEWART, Alex	MS	Ipswich Jaffa RC
STOREY, Darren	MV55	Felixstowe RRC
STRATTON, Mark	MV50	Saint Edmund Pacers
SUCKLING, Geraldine	FV40	Hadleigh Hares AC
SUDELL, Kate	FV35	Felixstowe RRC
SUMMERS, Jonathan	MS	Ipswich Jaffa RC
SUMMERSGILL, Daniel	MS	Ipswich Jaffa RC
SUTHERLAND, Lisa	FV50	TRISudbury
SYCAMORE, Maryann	FV45	Halstead RRC
TALBOT, Donna	FV40	Saint Edmund Pacers
TAYLOR, Jason	MV50	Unattached
TAYLOR, Jason	MV50	Felixstowe RRC
TERRY, Rachel	FV50	Stowmarket Striders RC
THOROGOOD, Sandy	FV55	Sudbury Joggers
THORPE, Jessica	FV35	Unattached
TIMMS, Trudie	FV50	Framlingham Flyers
TURNER, Freddie	MS	Framlingham Flyers
TYLDESLEY, Frank	MV60	Saint Edmund Pacers
TYNAN, Carolyn	FV45	Capel Cheetahs
VAN EIJL, Cleola	FV55	Rushmere Community Runners
VINCE, Nikki	FV50	Hadleigh Hares AC
WALKER, Clare	FV40	Unattached
WALKER, Stephanie	FV35	Unattached
WALTER, Andy	MV55	Norfolk Gazelles AC
WARD, Emma	FV35	Diss and District AC
WARD, Stuart	MS	Felixstowe RRC
WARLAND, Peter	MV55	Stowmarket Striders RC
WATSON, Frank	MV65	Stowmarket Striders RC
WATTS, Mark	MV40	Stowmarket Striders RC
WATTS, Tracy	FV40	Newmarket Joggers
WEBB, Sandra	FV50	Saint Edmund Pacers
WEBB, Vince	MV50	Saint Edmund Pacers
WEBBER, Lorna	FV35	Capel Cheetahs
WEBBER, Steven	MV50	Capel Cheetahs
WEIR, Ian	MV45	Unattached
WELFORD, Claire	FV45	Unattached
WHELAN, Jo	FV60	Felixstowe RRC
WHELAN, Kevin	MV55	Felixstowe RRC
WHITE, Geraint	MS	Felixstowe RRC

Stowmarket Scenic 7

Participants List

Name	Cat	Club
WIGLEY, Graham	MV65	Framlingham Flyers
WILKINS, Louise	FV35	Stowmarket Striders RC
WILKINS, Nichola	FV40	Girls That Jeff
WILLIS, Nigel	MV50	Unattached
WILLOUGHBY, Donna	FV35	Unattached
WILLOUGHBY, Tracey	FV35	Unattached
WILSON, Samantha	FV40	Unattached
WOLD, Richard	MV60	Felixstowe RRC
WOODS, Peter	MV40	Felixstowe RRC
WOOLENER, Chris	MS	Stowmarket Striders RC
WRAIGHT, Garry	MV40	Unattached
WRIGHT, Charlotte	FV40	Unattached
WRIGHT, Danielle	FS	Felixstowe RRC
WRIGHT, George	MS	Stowmarket Striders RC
WRIGHT, Jennifer	FV40	Ipswich Jaffa RC
WRIGHT, Stuart	MV45	Felixstowe RRC
YELLOP, Glenn	MV50	Capel Cheetahs
YELLOP, Helen	FV55	Capel Cheetahs
YORKE, Andrew	MV50	Felixstowe RRC
YOUNG, David	MS	Unattached
YOUNGS, James	MV50	Stowmarket Striders RC