

Stowmarket Striders - Ekiden Relay Senior Teams 2024				
	Leg	First Name	Last Name	Distance
SS1 - Mens Open	1	Phil	Green	7.2K
	2	Tom	Attwell	5K
	3	Ben	Morgan	10k
	4	Ben	Gladwell	5K
	5	George	Wright	10K
	6	Morgan	Moore	5k
SS2- MV40	1	Chris	Hall	7.2K
	2	Roger	Kerr	5K
	3	Richard	Hurthouse	10K
	4	Mark	Watts	5K
	5	Phillip	Tailby	10K
	6	Darin	Geary	5K
SS3 - MV60	1	Chris	Gladwell	7.2k
	2	Frank	Moggan	5K
	3	Stephen	Mead	10K
	4	Chris	Starmer	5K
	5	Andrew	Webber	10K
	6	Eddie	Douglas	5K
SS4 - MSV50	1	Paul	Heeks	7.2K
	2	Andy	Long	5K
	3	Peter	Warland	10K
	4	Richard	Attwell	5K
	5	Kevin	Coleman	10K
	6	Piers	Morgan	5K
SS5 - FV45	1	Mary	Narey	7.2K
	2	Alex	Smith	5K
	3	Juliet	Garnham	10K
	4	Hannah	Jewers	5K
	5	Karen	Offord	10K
	6	Jo	Hayward	5k
SS6 - Open	1	Richard	Smith	7.2K
	2	Leanne	Oatham	5K
	3	Harry	Bennington	10k
	4	Frank	Watson	5K
	5	Tracey	Watts	10k
	6	Ronnie	Egan	5K
SS7 - FV60	1	Denise	Wright	7.2K
	2	Debbie	McDowell	5K
	3	Dianne	Hughes	10K
	4	Juliet	Garnham	5k
	5	Charlotte	Hawes	10k
	6	Sandra	Mayhew	5K
SS8 - Open	1	Sam	Hardwick	7.2K
	2	Sharon	Warland	5K
	3	Jim	Ellis	10K
	4	Tracey	Nobbs	5K
	5	Bob	Reason	10k
	6	Agneszka	Andrezak	5k
SS9 - Ladies Open	1	Clare	Douglas	7.2K
	2	Caroline	Gladwell	5K
	3	Claire	Maskery	10K
	4	Chloe	Heeks	5k
	5	Kate	Heeks	10k
	6	Charlotte	Elkin	5k