

	Stowmarket Striders Grand Prix 2024/25	TOTAL	Races	Best 10	Rank	HAVERH ILL XC	BURY XC	BUNGAY XC	TARPLE Y 10	TARPLE Y 20	STEPHE N WILLIAM S 10K	KIRTON FRI 5	TRACK LEG 1	SUDBUR Y FRI 5	EKIDEN 5K	EKIDEN 7.5K	EKIDEN 10K	TWILIGH T 10K	TRACK LEG 2	IPSWICH HALF MARATH ON	CAPEL 5	HEREW ARD RELAY
F U21																						
	Chloe Heeks	999	10	999	1		100	100	100		100	100	100	100				100	100	99		
	Chloe Bennington	100	1	100	2										100							
	Aimee Heeks	100	1	100	2															100		
FS																						
	Kate Heeks	900	9	900	1		100	100	100		100	100	100	100				100	100			
	Olivia Beer	597	6	597	2	100	99						99		100				99			100
	Jodie Sharp	496	5	496	3				98			99		99						100	100	
	Charlotte Elkin	100	1	100	4					100							100					
	Hannah Ohsten	100	1	100	4																	
	Clare Douglas	99	1	99	6				99													
FV35																						
	Lyssa Jenkins	597	6	597	1		100						99	100			99	100				99
	Emma Attwood	200	2	200	2					100			100									100
	Caroline Gladwell	200	2	200	2												100					
FV40																						
	Amy Kading	796	8	796	1		100				100	99	99	100	99			99			100	
	Pippa Sargent	691	7	691	2						99	98	98	99	98				99			100
	Claire Maskery	599	6	599	3				99			100	100			100			100			100
	Laura Brown	199	2	199	4					99								100				
	Samantha Wilkinson	198	2	198	5										100			98				
	Donna Cooper	100	1	100	6				100													
	Louise Wilkins	100	1	100	6												100					
	Tracey Watts	100	1	100	6															100		
	Charlotte Durrant	100	1	100	6					100												
	Liza Putwain	98	1	98	10				98													
	Rebecca Blagg	97	1	97	11														97			
FV45																						
	Angela Seife	498	5	498	1						99	100		100				99			100	
	Jo Beale	400	4	400	2		100				100							100				100
	Agnieszka Andrzejak	398	4	398	3							99		99	100							100
	Hannah Jewers	300	3	300	4				100				100						100			
FV50																						
	Karen Offord	1196	12	998	1	100	99	100		99	100		99	99			100	100	100	100	100	100
	Alex Smith	987	10	987	2	99	98	98					98	98	100			99	98		99	100
	Juliet Garnham	898	9	898	3		100	99		100		100	100	100		100			99			100
	Rachel Terry	397	4	397	4				100			99	99					99				
	Ronnie Egan	295	3	295	5							98		97								100
	Julia Moss-Eccardt	292	3	292	6																	
	Jayne Attwell	195	2	195	7						98	97		97				98	97			
	Karen Hamilton	98	1	98	8					98												
FV55																						
	Mary Narey	900	9	900	1	100	100		100		100		100	100	100				100	100		
	Tracey Nobbs	497	5	497	2		99	100			99				99							100
FV60																						
	Karen Shelley	399	4	399	1								99	100							100	100
	Dianne Hughes	200	2	200	2								100						100			
	Sandra Mayhew	100	1	100	3										100							
	Emily Cooper-Reade	100	1	100	3													100				
	Charlotte Hawes	99	1	99	5										99							
FV65																						
FV70+																						
	Jackie Cuninghame	100	1	100	1				100													
M U21																						
	Tom Attwell	700	7	700	1						100	100	100	100	100				100		100	
	Luca Kading	495	5	495	2							99	99	99					99		99	
MS																						
	Duncan Ng	997	10	997	1	99		100	100		100	100		100			99		100	99		100
	Harry Bennington	691	7	691	2			99			99			99			99			98		99
	Charles Ohsten	397	4	397	3				99				100			99			99			
	Stuart Buchan	300	3	300	4										100					100		
	Lewis Halliday	296	3	296	5								99				100			97		
	Morgan Moore	200	2	200	6	100											100					
	Zachary Squirrell	198	2	198	7														98			100
	Chris Gwatkin	99	1	99	8																	99
	George Wright	99	1	99	8														99			
	Kimberley Drain	97	1	97	10														97			
	Nathan Morley	97	1	97	10																	
MV35																				97		
	Peter Cleaves	1190	12	994	1	99	100	100		99	99		99	100			99	99	98	98		100
	Ben Gladwell	899	9	899	2	100					100	100	100				100	100	99	100		100
	Michael Moore	200	2	200	3					100												100
	Sam Hardwick	197	2	197	4							99							98			
	Colin Everitt-Barden	197	2	197	4																97	100
	Ian Conway	100	1	100	6														100			
	Alexander Hobbs	99	1	99	7															99		
MV40																						
	Neil Dennis	298	3	298	1					99		99										100
	Chris Hall	200	2	200	2							100					100					
	Mark Watts	100	1	100	3					100												
	Robert Grainger	100	1	100	3															100		
MV45																						
	Roger Kerr	1195	12	999	1	100	100	100				100	100	99		100		98	98	100	100	100
	Richard Hursthouse	1084	11	988	2	98	98	99	99		99	98					100		96	99	98	100
	Daniel Seife	593	6	593	3				100		100	99		98					97		99	
	Jamie Hall	299	3	299	4									100					100	99		
	Phillip Tailby	298	3	298	5	99	99			100												
	Alan Hart	199	2	199	6														99	100		
	Tim Sparkes	95	1	95	7														95			
MV50																						
	Richard Attwell	994	10	994	1	100	100	100			99	100	100	97	100				98			100
	Steven Offord	500	5	500	2									100				100	100		100	
	Jan Kading	495	5	495	3						100			98					99	99		99
	Darin Geary	300	3	300	4				100								100				100	
	Nick Walker	298	3	298	5		99								99							100
	Stephen Brook	99	1	99	6																	
	Jason Ablett	99	1	99	6							99										
	Dan Belcher-Hackett	98	1	98	8																	
MV55																						
	Piers Morgan	1096	11	997	1	99		100	99		100	100										